



## Short courses in Allergy – Imperial College London

Imperial College London offers a range of two-day face-to-face short courses in Allergy, which are available both to students who are enrolled on the MSc in Allergy programme, and as stand-alone CPD programmes for GPs, specialist trainees and consultants, nurses, dietitians and other healthcare professionals wishing to improve their ability to manage allergic patients in daily practice.

Teaching is delivered by leading experts in the field and it consists of lectures and interactive sessions with question & answer elements, quizzes, workshops and case-based discussions. This is further supported by extensive interactive online resources to enable flexible learning for busy professionals.

The courses provide an in depth up-to-date overview of the mechanisms, diagnostic and management strategies of the specific allergic conditions, including complex areas and latest research with implications for clinical practice.

### Food Allergy 11-12 November 2019

This course will cover the mechanisms, clinical presentation as well as advanced diagnostic and management strategies for the wide range of allergic reactions to foods. Innovative preventive and therapeutic approaches for food allergy will be discussed. Complex areas such as highly restrictive diets, feeding difficulties, molecular tests and high-risk food challenges will be covered.

### Allergic Gastrointestinal Disease 13-14 November 2019

This course will cover the pathophysiology, clinical presentation, advanced diagnostic work-up (including differential diagnoses) and therapeutic approach for allergic gastrointestinal diseases, such as eosinophilic gastrointestinal disorders. Difficult practical scenarios such as multiple dietary exclusions, functional and protracted symptoms (such as reflux, pain or diarrhoea) will be addressed.

### Rhinitis and Hayfever 9 - 10 March 2020

This course will cover the mechanisms, clinical presentation and advanced diagnostic and management strategies for allergic rhinitis. Diagnostic procedures such as rhinoscopy, nasendoscopy and nasal challenges will be demonstrated and differential diagnosis using imaging techniques will be discussed. Allergen immunotherapy, including case-based discussions and key aspects such as efficacy biomarkers and risks/benefits will be covered.

### Allergic Airways Disease 11 - 12 March 2020

This course will review recent advances on the mechanisms underlying allergic airways diseases, including the role of genetic and environmental factors, and how this may impact future practice. A rational evidence-based approach to the differential diagnosis, diagnostic work-up and management will be discussed. Challenging areas such as difficult asthma, adolescence and poor concordance will be addressed.

### Allergic Skin Disease 1 - 2 June 2020

This course will cover a wide range of allergic skin diseases, including atopic eczema, contact dermatitis, urticarias, hereditary and acquired angioedemas, photodermatoses and drug allergies. The underlying mechanisms, diagnostic work-up and advanced management will be discussed. Challenging topics such as the role of food allergy in eczema, refractory urticaria and mastocytosis will be addressed.

### Paediatric Allergy 3 - 4 June 2020

This course will cover advanced aspects of allergic diseases in childhood, from the mechanisms underlying the 'atopic march' to difficult clinical scenarios such as multisystem allergic disease, immunodeficiency, adolescent transition and psychological or safeguarding issues. Practical workshops on infant weaning, food challenges and immunotherapy will be available.

**Fees:** £395 per module

**For information contact Eva Moreno, CPD:** [cpd@imperial.ac.uk](mailto:cpd@imperial.ac.uk) or +44 (0)20 7594 6885



**Or visit:** [www.imperial.ac.uk/cpd/courses/subject/medical/allergy](http://www.imperial.ac.uk/cpd/courses/subject/medical/allergy)