

Ear, Nose and Throat – Current Awareness

It's summer - traditionally a time for streaming eyes, runny and/or blocked noses and scratchy throats, whether it be from hay fever or summer colds. So, the library is offering you two things; air conditioning, if you want to visit us, and a brand new current awareness bulletin on ENT topics, if you don't. As always, we've tried to keep things varied and relevant for people across specialties.



Our selection of the latest evidence including guidance, research, e-learning, patient information & more. As always, remember to get in touch if you need help finding specific clinical information no matter the topic - and if there's a current awareness bulletin you'd love to see, we'd love to hear about it!

Guidelines, Guidance and Toolkits

[Hearing loss in adults: assessment and management](#)
NICE, June 2018

[BSACI guideline for the diagnosis and management of allergic and non-allergic rhinitis \(Revised Edition\)](#)
British Society of Allergy and Clinical Immunology, 2017

[The National Childhood Flu Immunisation Programme 2017/18: Information for healthcare practitioners](#)
Public Health England, 2017/18

[How to sleep better](#)
Mental Health Foundation, 2018

[RCN competences: an education and training framework for ear nose and throat nursing Update 2018](#)

RCN, 2018

[RCN competences: an education and training framework for aural care nursing and treatment provision](#)

RCN, 2018

[Sore throat \(acute\): antimicrobial prescribing](#)

NICE, 2018

[Endoscopic carbon dioxide laser cricopharyngeal myotomy for relief of oropharyngeal dysphagia](#)

NICE, 2016

[Flexible endoscopic treatment of a pharyngeal pouch](#)

NICE, 2015

[Transcutaneous neuromuscular electrical stimulation for oropharyngeal dysphagia](#)

NICE In Progress

[Guidelines \[gateway to guidelines for ENT conditions and interventions\]](#)

Great Ormond Street Hospital for Children

[Montgomery T-tube care and management](#)

Great Ormond Street Hospital for Children, 2015

[Hypoglossal nerve stimulation for moderate to severe obstructive sleep apnoea](#)

NICE, 2017

[Air pollution: outdoor air quality and health](#)

NICE, 2017

[Cabozantinib for treating medullary thyroid cancer - guidance \(TA516\)](#)

NICE 2018

[Upper airway obstruction](#)

Children's Acute Transport Service, 2018

[The UK NSC recommendation on Thyroid disease screening in adults](#)

UK National Screening Committee, 2018

[Lacrimal Scintigraphy](#)

British Nuclear Medicine Society, 2018

[Preventing Hearing Loss Caused by Chemical \(Ototoxicity\) and Noise Exposure](#)

Occupational Safety and Health Administration, 2018

[Oesophago-gastric cancer: assessment and management in adults : guidance \(NG83\)](#)

NICE, 2018

[Supporting older people with hearing loss in care settings: a guide for managers and staff](#)

Social Care Institute for Excellence, 2018

[Hearing loss in adults: assessment and management - NICE guideline](#)

Royal College of Physicians, 2018

[Otitis media \(acute\): antimicrobial prescribing : guidance \(NG91\)](#)

NICE, 2018

Evidence Summaries & Reviews

[Foam-based or inflation devices for the management of anterior epistaxis - haemostasis and patient comfort](#)

Ghori U., 2018

[Tranexamic acid in epistaxis - who bloody nose?](#)

Penrose N., 2017

[Pilocarpine improves dry mouth caused by radiotherapy](#)

NIHR, 2017

[Steroid injections into the inner ear may be safe for treating Meniere's disease](#)

NIHR, 2017

[Saline irrigation for allergic rhinitis](#)

Head K. et al., Cochrane Database of Systematic Reviews, 2018

[Meniere's disease](#)

Clinical Knowledge Summaries, 2017

[Sore throat: corticosteroids as an add on treatment](#)

NICE Medicines Evidence Commentary, 2018

[Point-of-care diagnostic testing in primary care for strep A infection in sore throat](#)

Medtech innovation briefing, 2018

[Sinusitis](#)

Clinical Knowledge Summaries, 2017

[Vestibular neuronitis](#)

Clinical Knowledge Summaries, 2017

[Vertigo](#)

Clinical Knowledge Summaries, 2017

[Evaluation and treatment of taste and smell disorders](#)

UpToDate, 2018

[Approach to the adult with epistaxis](#)

UpToDate, 2018

[Overview of obstructive sleep apnea in adults](#)

UpToDate, 2018

[Tonsillectomy in adults](#)

UpToDate, 2018

CPD and training

[CPD courses \[listings for accredited CPD courses\]](#)

UCL Ear Institute, 2018

[Events \[listings for upcoming events and training across the UK\]](#)

ENT UK, 2018

[Tracheotomy safety \(NTSP\) \[e-learning module – others available across specialties with free OpenAthens access\]](#)

E-Learning for Healthcare, 2018

[Ear, nose & throat, head and neck core skills \[nursing studies top-up degree module also available as a CPPD module\]](#)

City University, 2018

Information for Patients

[Mucous membrane pemphigoid](#)

British Association of Dermatologists & The British Society for Oral Medicine, 2015

[Rhinophyma](#)

British Association of Dermatologists, 2018

[Support for breathing problems](#)

Motor Neurone Disease Association, 2018

[Pollen food syndrome](#)

Anaphylaxis Campaign, 2017

[Troubleshooting for non-invasive ventilation \(NIV\)](#)

Motor Neurone Disease Association, 2018

[Hearing loss and tinnitus after meningitis](#)

Meningitis Research Foundation, 2017

[Pemphigus vulgaris](#)

British Association of Dermatologists, 2017

[Sinusitis \(acute\): antimicrobial prescribing : information for the public](#)

NICE, 2017

[Intranasal phototherapy for allergic rhinitis : information for the public](#)

NICE, 2018

[Ear Infections](#)

NHS Choices, 2018

[Earwax Build-up](#)

NHS Choices, 2017

[Cholesteatoma](#)

NHS Choices, 2017

[Hearing loss](#)

NHS Choices, 2017

[Meniere's disease](#)

NHS Choices, 2017

[Tinnitus](#)

NHS Choices, 2018

[Epiglottitis](#)

NHS Choices, 2018

[Nasal polyps](#)

NHS Choices, 2017

[Sinusitis \(sinus infection\)](#)

NHS Choices, 2017

[Smelling things that aren't there \(phantosmia\)](#)

NHS Choices, 2017

[Obstructive sleep apnoea](#)

NHS Choices, 2016

[Laryngitis](#)

NHS Choices, 2017

[Tonsillitis](#)

NHS Choices, 2017

[Dysphagia \(swallowing problems\)](#)

NHS Choices, 2018

[Chondrodermatitis nodularis](#)

British Association of Dermatologists, 2016

[Ears and flying](#)

Knott L., 2017

[Barotrauma of the ear](#)

Harding M., 2016

[Glue ear](#)

Harding M., 2018

Drugs, prescribing and technical information

[Systematic review of intratympanic gentamicin in Meniere's disease](#)

Diamond C. et al., 2008

[The Effect of Zinc Lozenge on Postoperative Sore Throat: a Prospective Randomized, Double-Blinded, Placebo-Controlled Study](#)

Farhang B. & Grondin L., 2018

[Dupilumab for bilateral nasal polyposis and chronic sinusitis – second line](#)

National Institute for Health Research, 2017

[Boots hayfever relief for adults 0.05% nasal spray](#)

Medicines and Healthcare products Regulatory Agency

[Magnetic resonance imaging reveals the complementary effects of decongestant and Breathe Right Nasal Strips on internal nasal anatomy](#)

Bishop C. A. et al., 2017

[Safety in Lactation: Drugs used in nausea and vertigo](#)

Specialist Pharmacy Service, 2016 revision

[Betahistine in the treatment of vertiginous syndromes: a meta-analysis](#)

Della Pepa C. et al., 2013

[TYM smartphone otoscope for imaging and videoing the external ear canal and eardrum](#)

NICE, 2018

Recent Journal Articles

Many articles are available with your [NICE OpenAthens account](#) - sign in when prompted. Some articles may only be accessible on library computers, as individually specified - and we'll be happy to help you out when you visit! If in doubt, please [contact your librarian](#).

Available through OpenAthens:

Leonard, A et al. [Is it safe to go back into the water? A systematic review and meta-analysis of the risk of acquiring infections from recreational exposure to seawater.](#) International Journal of Epidemiology. 47(2), 2018

Osborne, M et al. [A helpful technique for water precautions following ear surgery: Utilising the anaesthetic air cushion mask.](#) Clinical otolaryngology. 43(2), 2018

Lodder, W et al. [What are the clinically important outcome measures in the surgical management of nasal obstruction?](#) Clinical otolaryngology. 43(2), 2018

Swarup, A et al. [The Current Limitations and Future Direction of Instrument Design for Totally Endoscopic Ear Surgery: a Needs Analysis Survey.](#) Otology & neurotology. 39(6), 2018

Kuriyama, A et al. [Topical benzydamine hydrochloride for prevention of postoperative sore throat in adults undergoing tracheal intubation for elective surgery: a systematic review and meta-analysis.](#) Anaesthesia. 73(7), 2018

Bayram, Y et al. [Late Correction of Traumatic Nasal Deformities: A Surgical Algorithm and Experience in 120 Patients.](#) Aesthetic Surgery Journal. 2018

- Nilsen, A et al. [Improvement in minimal cross-sectional area and nasal-cavity volume occurs in different areas after septoplasty and radiofrequency therapy of inferior turbinates](#). European archives of oto-rhino-laryngology. 2018
- Choi, N et al. [Taste Changes in Patients With Middle Ear Surgery by Intraoperative Manipulation of Chorda Tympani Nerve](#). Otology & neurotology. 39(5), 2018
- Erlem, M et al. [Intracranial suppurative complications of ear, nose and throat infections: A single-centre cohort study of 65 patients](#). Clinical otolaryngology. 48(6), 2018
- Ma, M et al. [Alternaria alternata challenge at the nasal mucosa results in eosinophilic inflammation and increased susceptibility to influenza virus infection](#). Clinical and experimental allergy. 48(6), 2018
- Elhassan, H et al. [Lone Star retractor for endoscopic ear surgery](#). Clinical otolaryngology. 2018
- McCallum, R et al. [The effect of light intensity on image quality in endoscopic ear surgery](#). Clinical otolaryngology. 2018
- Alfiky, M et al. [Nasopharyngeal versus hypopharyngeal packing during sino-nasal surgeries: Randomised controlled trial](#). Clinical otolaryngology. 2018
- Johansson, M et al. [Physical outcome measures for conductive and mixed hearing loss treatment: A systematic review](#). Clinical otolaryngology. 2018
- Gómez, O et al. [Neurofibroma of the Nasal Ala: Pediatric Nasal Reconstruction](#). Journal of Craiofacial Surgery. 29(3), 2018
- Bachert, C et al. [Endotype-driven care pathways in patients with chronic rhinosinusitis](#). Journal of allergy and clinical immunology. 141(5), 2018
- Echevarría, G et al. [Intra-operative lidocaine in the prevention of vomiting after elective tonsillectomy in children: A randomised controlled trial](#). European journal of anaesthesiology. 35(5), 2018
- Wong, B et al. [Airwayplasty: long-term outcome of nasal wall lateralisation](#). European archives of oto-rhino-laryngology. 275(5), 2018
- Athanassoglou, V et al. [Systematic review of benefits or harms of routine anaesthetist-inserted throat packs in adults: practice recommendations for inserting and counting throat packs: An evidence-based consensus statement by the Difficult Airway Society \(DAS\), the British Association of Oral and Maxillofacial Surgery \(BAOMS\) and the British Association of Otorhinolaryngology, Head and Neck Surgery \(ENT-UK\)](#). Anaesthesia. 73(5), 2018
- Brescia, G et al. [Cortactin expression in nasal polyps of Aspirin-Exacerbated Respiratory Disease \(AERD\) patients](#). American journal of otolaryngology. 39(3), 2018
- Cohen, M et al. [Development and validation of an endoscopic ear surgery classification system](#). Laryngoscope. 128(4), 2018
- Akyıldız, M et al. [Should Nasal Function be Considered Prior to Tympanoplasty?](#) The journal of international advanced otology. 14(1), 2018

Freely available through Open Access:

- Moxness, H et al. [Simulation of the upper airways in patients with obstructive sleep apnea and nasal obstruction: A novel finite element method](#). Laryngoscope Investigative Otolaryngology. 3(2), 2018

Xu, J et al. [Desmoplastic small round cell tumor of the middle ear: A case report](#). Medicine. 97(17), 2018

Hsu, Y-C et al. [A retrospective comparative study of endoscopic and microscopic Tympanoplasty](#). Journal of otolaryngology - head & neck surgery. 47(1), 2018

Lee, D-H et al. [Nonshaved Ear Surgery: Effect of Hair on Surgical Site Infection of the Middle Ear/Mastoid Surgery and Patients' Preference for the Hair Removal](#). Journal of Audiology & Otology. 22(3), 2018

Park, J et al. [Transcanal Endoscopic Ear Surgery for Congenital Cholesteatoma](#). Clinical and experimental otorhinolaryngology. 2018

Zhu, J et al. [Comparison of Efficacy Outcomes of Lidocaine Spray, Topical Lidocaine Injection, and Lidocaine General Anesthesia in Nasal Bone Fractures Surgeries: A Randomized, Controlled Trial](#). Medical science monitor : international medical journal of experimental and clinical research. 24, 2018

Wang, K et al. [Early use of Antibiotics for at Risk CHildren with Influenza \(ARCHIE\): protocol for a double-blind, randomised, placebo-controlled trial](#). BMJ Open. 8(5), 2018

Venekamp, R et al. [Grommets \(ventilation tubes\) for recurrent acute otitis media in children](#). Cochrane Database of Systematic Reviews. 5, 2018

Min, M et al. [Recurrent lupus profundus-like panniculitis associated with streptococcal throat infections in an immunocompetent child](#). JAAD case reports. 4(4), 2018

Available in Library only:

Ologunde, R et al. [Use of patient-reported outcome measures in oral and maxillofacial trauma surgery: a review](#). The British journal of oral & maxillofacial surgery. 56(5), 2018

Morris, S et al. [Will children ever learn? Removal of nasal and aural foreign bodies: a study of hospital episode statistics](#). Annals of the Royal College of Surgeons of England. 2018

Selected Library Books and Chapters

For location and availability please check [Library Search](#), the Imperial College Library catalogue.

Probst, R. et al (2018) **Basic Otorhinolaryngology: a step-by-step learning guide**, 2nd ed.

Fletcher, A. (2014) **Comprehensive otolaryngology review : a case-based approach**

Scholes, M (2016) **ENT secrets**, 4th ed.

Sami, A (2017) **E.N.T. made easy**

Manjaly, J. et al. (2017) **ENT OSCEs : a guide to passing the DO-HNS and MRCS (ENT) OSCE**, 2nd ed.

Chary, G. (2015) **Clinical Cases in ENT**

Celesia, G (2015) **The human auditory system: fundamental organization and clinical disorders**

Costello, D (2013) **Viva Training in ENT: Preparation for the FRCS (ORL-HNS)** [e-book also available]

Costello, D (2016) **Practical Laryngology**

Fried, M (2015) **Clinical Laryngology**

[Oxford Medicine Online](#)

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