

## Trans Health – Current Awareness

With Pride events having taken place all summer, the NHS support team at [Imperial College Library](#) wanted to bring the season to a close by highlighting some key resources, recent publications, books, and e-learning on trans and non-binary healthcare. We know there are lots of teams across our partnered trusts working hard to provide excellent care for diverse patient groups, so it's always worthwhile to consider how best to approach our varied population.



We hope this short bulletin will prove useful to you, as well as serving as a reminder of the many sources of information available to you for clinical queries, research, service development, and CPD. As always, your librarians are here to help and will be happy to offer you the skills and evidence you need if you get in touch or visit us.

### Important Update

While we'll continue to produce occasional content, this will be our last regular topic-focused current awareness bulletin - because we're now offering something better. Knowledge Share, a custom current awareness service sent to your inbox at intervals chosen by you - focusing only on clinical and professional areas of personal interest - is launching this month. It will also allow you to book training and request evidence searches directly from librarians.

We believe it will save people time and connect them to emerging evidence quicker, and we hope you'll try it out. [You can register now at this link to receive bulletins.](#)

## Guidelines

### [Trans healthcare](#)

General Medical Council, 2019

### [Transgender people](#) [focus on HIV/AIDS screening and care]

World Health Organisation, 2019

### [Fair Care for Trans Patients](#)

Royal College of Nursing, 2017

### [Standards of Care Version 7](#)

World Professional Association for Transgender Health, 2012

### [Supporting transgender and gender-diverse people](#)

Royal College of Psychiatrists, 2018

### [Transgender prisoners](#) [includes information regarding mental healthcare of transgender people living in prisons as well as insight into their experiences and difficulties]

Prisons & Probation Ombudsman, 2017

## Information for the Public

### [Mental health issues if you're gay, lesbian, bisexual or trans](#)

NHS, 2017

### [Gender dysphoria](#)

NHS, 2016

### [Transgender issues and later life](#)

Age UK, 2019

### [Trans people and HIV testing](#)

Public Health England, 2017

### [Gender construction kit](#)

[Open source project created by volunteers as a “UK guide to changing things linked to gender”, with information for patients and professionals relating to a variety of topics on transition and gender identity, including appearance, health, the law, language, etc.]

## Evidence Reviews & Summaries

[Transforming outcomes : a review of the needs and assets of the trans community](#)

Lesbian & Gay Foundation, 2017

[Contraceptive choices and sexual health for transgender and non-binary people](#)

FRSH Clinical Effectiveness Unit, 2017

[Gender dysphoria in adults](#)

BMJ Best Practice, 2019

[Management of transgender and gender-diverse children and adolescents](#)

UpToDate, 2019

[Primary care of transgender individuals](#)

UpToDate, 2019

[Transgender surgery: female to male](#)

UpToDate, 2019

[Transgender surgery: male to female](#)

UpToDate, 2019

## E-Learning & CPD

[World Professional Association for Transgender Health Global Education Initiative](#)

World Professional Association for Transgender Health, 2019

[Caring for Gender Non-conforming Young People](#)

Gender Identity Research and Education Society, 2019

[LGBT+ Healthcare 101](#)

Open Educational Resources, University of Edinburgh, 2019

[Resources for professionals](#) [Mermaids also provides trans-inclusive diversity training for professionals]

Mermaids, 2019

[Gender dysphoria services: a guide for general practitioners and other healthcare staff](#)

Mermaids, 2013

## Books

Holleb, Morgan. (2019) The A-Z of Gender and Sexuality: From Ace to Ze.

Vincent, Ben. (2018) Transgender Health : A Practitioner's Guide to Binary and Non-binary Trans Patient Care.

Pearce, Ruth. (2018) Understanding Trans Health.

Ettner, Randi. (2016) Principles of Transgender Medicine and Surgery.

Chang, Sand. (2018) A clinician's guide to gender-affirming care : working with transgender & gender-nonconforming clients.

### Recent Journal Articles

De Blok, C et al. (2019) [Breast cancer risk in transgender people receiving hormone treatment: nationwide cohort study in the Netherlands](#). BMJ 2019;365:l1652.

Newsome, C et al. (2017) [Incorporating a pharmacist into an interprofessional team providing transgender care under a medical home model](#). Am J Health Syst Pharm 74(3), 135-139.

Rooker, SA. (2019) [The Rise of the Neophallus: A Systematic Review of Penile Prosthetic Outcomes and Complications in Gender-Affirming Surgery](#). J Sex Med 16(5), 661-672.

Singh-Ospina et al. (2017) [Effect of Sex Steroids on the Bone Health of Transgender Individuals: A Systematic Review and Meta-Analysis](#). J Clin End Metab 102(11) pp 3904-3913.

Nobili, A et al. (2017) [Quality of life of treatment-seeking transgender adults: A systematic review and meta-analysis](#). Rev Endocr Metab Disord 19(3) pp199-220.

Hoffkling, A., Obedin-Maliver, J. and Sevelius, J. (2017) [From erasure to opportunity: a qualitative study of the experiences of transgender men around pregnancy and recommendations for providers](#). BMC Pregnancy & Childbirth 17(Suppl2).

Chang, SC, & Singh, AA. (2016) [Affirming psychological practice with transgender and gender nonconforming people of color](#). Psychology of Sexual Orientation and Gender Diversity, 3(2), 140-147.

Lewis Emma-Ben, Vincent Ben, Brett Alex, GibsonSarah, Walsh Reubs J. [I am your trans patient](#). BMJ 2017; 357:j2963

[Transgender health series](#) [series of articles provided as “an effort to understand, and provide a framework to improve, the health and lives of transgender people globally”]  
The Lancet, 2016

Tobin, V & Delaney, KR. (2019) [Child abuse victimization among transgender and gender nonconforming people: a systematic review](#). Perspectives in Psychiatric Care, 2019, pp1-8.



### For more information...

If you have any trouble accessing the material above, or want to learn more about what support, resources and training are available to you please contact [your librarian](#). We're here to help!

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