Trans Health – Current Awareness

With Pride events having taken place all summer, the NHS support team at Imperial College Library wanted to bring the season to a close by highlighting some key resources, recent publications, books, and e-learning on trans and non-binary healthcare. We know there are lots of teams across our partnered trusts working hard to provide excellent care for diverse patient groups, so it's always worthwhile to consider how best to approach our varied population.

We hope this short bulletin will prove useful to you, as well as serving as a reminder of the many sources of information available to you for clinical queries, research, service development, and CPD. As always, your librarians are here to help and will be happy to offer you the skills and evidence you need if you get in touch or visit us.

Important Update

While we'll continue to produce occasional content, this will be our last regular topic-focused current awareness bulletin - because we're now offering something better. Knowledge Share, a custom current awareness service sent to your inbox at intervals chosen by you - focusing only on clinical and professional areas of personal interest - is launching this month. It will also allow you to book training and request evidence searches directly from librarians. We believe it will save people time and connect them to emerging evidence quicker, and we hope you'll try it out. [You can register now at this link to receive bulletins.]
Guidelines

**Trans healthcare**
General Medical Council, 2019

**Transgender people** [focus on HIV/AIDS screening and care]
World Health Organisation, 2019

**Fair Care for Trans Patients**
Royal College of Nursing, 2017

**Standards of Care Version 7**
World Professional Association for Transgender Health, 2012

**Supporting transgender and gender-diverse people**
Royal College of Psychiatrists, 2018

**Transgender prisoners** [includes information regarding mental healthcare of transgender people living in prisons as well as insight into their experiences and difficulties]
Prisons & Probation Ombudsman, 2017

Information for the Public

**Mental health issues if you’re gay, lesbian, bisexual or trans**
NHS, 2017

**Gender dysphoria**
NHS, 2016

**Transgender issues and later life**
Age UK, 2019

**Trans people and HIV testing**
Public Health England, 2017

**Gender construction kit**
[Open source project created by volunteers as a “UK guide to changing things linked to gender”, with information for patients and professionals relating to a variety of topics on transition and gender identity, including appearance, health, the law, language, etc.]
Evidence Reviews & Summaries

Transforming outcomes: a review of the needs and assets of the trans community
Lesbian & Gay Foundation, 2017

Contraceptive choices and sexual health for transgender and non-binary people
FRSH Clinical Effectiveness Unit, 2017

Gender dysphoria in adults
BMJ Best Practice, 2019

Management of transgender and gender-diverse children and adolescents
UpToDate, 2019

Primary care of transgender individuals
UpToDate, 2019

Transgender surgery: female to male
UpToDate, 2019

Transgender surgery: male to female
UpToDate, 2019

E-Learning & CPD

World Professional Association for Transgender Health Global Education Initiative
World Professional Association for Transgender Health, 2019

Caring for Gender Non-conforming Young People
Gender Identity Research and Education Society, 2019

LGBT+ Healthcare 101
Open Educational Resources, University of Edinburgh, 2019

Resources for professionals [Mermaids also provides trans-inclusive diversity training for professionals]
Mermaids, 2019

Gender dysphoria services: a guide for general practitioners and other healthcare staff
Mermaids, 2013

Books


Recent Journal Articles

Newsome, C et al. (2017) Incorporating a pharmacist into an interprofessional team providing transgender care under a medical home model. Am J Health Syst Pharm 74(3), 135-139.


Lewis Emma-Ben, Vincent Ben, Brett Alex, GibsonSarah, Walsh Reubs J. I am your trans patient. BMJ 2017; 357:j2963

Transgender health series [series of articles provided as “an effort to understand, and provide a framework to improve, the health and lives of transgender people globally”]
The Lancet, 2016


For more information...
If you have any trouble accessing the material above, or want to learn more about what support, resources and training are available to you please contact your librarian. We’re here to help!

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