



Goal Planning

To achieve a goal or vision you must have a plan about how to make it happen. A goal without a plan will remain just a goal or a vision – you need a plan to make it a reality.

Goal planning template

1. Write down your aim or vision. Describe it. Define it clearly so a stranger could understand it and know what it means.
2. Attach some measures or parameters so you can prove that you have achieved it.
3. Commit to a timescale.
4. Identify what **factors** would directly cause the aim to be achieved.

My aim/vision/goal	Measures	Timescale

In order to achieve your goal it is important you consider the factors which will influence this. These could be either **enabling** or **de-railing** factors. These could include things such as:

<i>Resources</i>	<i>Commitments</i>	<i>Contacts</i>	<i>Tools</i>
<i>Mistakes</i>	<i>Re-direction</i>	<i>Style</i>	<i>Knowledge</i>
<i>Enthusiasm</i>	<i>Attitude</i>	<i>Skills</i>	<i>Experience</i>
<i>Time & space</i>	<i>Support</i>	<i>Decisions</i>	<i>Reputation</i>

Ask yourself:

- *What factors could either enable or de-rail my goal?*
- *How can I optimise the enabling factors?*
- *How can I avoid the de-railing factors?*

Do thorough research and brainstorm with peers or colleagues to help identify and define these factors. Then you can set small tasks to help you achieve these enabling factors and in turn your goal.

