



My Future Options

In this activity, we encourage you to look at potential options for your next career move – both the obvious and the unexplored. Consider how you feel about the options you are thinking about e.g. does it make you curious to find out more? Does it make you energised or excited? etc

	What it involves	How I feel about it...
My current role		
The obvious path What is the obvious “next step” for you in your current role / team / profession.		
The other options What are the other options that are out there perhaps beyond your current team?		
The unexpected option What else is out there at the College or beyond that might be interesting to you?		

Reflection

Once you've completed the exercise, ask yourself what does this tell me about myself and my career?

1 What did you notice about what energised you?

2 Were there any surprises or something you hadn't considered yet?

3 Which of the options you looked at made you excited to learn more?

4 What will you do next to find out more?