

PFDC Welcome video transcript

Slide 1 - Intro to the video

This video is an introduction to how the Postdoc and Fellows Development Centre, known as the PFDC, can support you during your time at Imperial.

Slide 2

The PFDC provides a bespoke programme of support and development opportunities for postdocs, fellows and clinicians.

CLICK

We support you to plan to succeed and be proactive in your career development, whether you're working towards an academic career, considering careers outside of the academic path, or if you're undecided. C

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As a postdoc you have 10 development days written into your contract for personal and professional development. Investing in this will enable you to enhance your current skills and experience as well as develop new skills.

In this video we will briefly detail some of the main support the PFDC provides.

Training via Courses and Workshops

<https://www.imperial.ac.uk/postdoc-fellows-development-centre/courses-and-pop-ups/>

We provide training via courses, pop up workshops and funder showcases. These range from 1-hour sessions to three-day residential courses.

Our training provisions covers – for example –

- CV development
- Building your communication skills
- Hearing about funding opportunities from the funders
- Preparing for the next academic step
- Learning about careers outside of academia

Information about all our training provisions and the topics covered can be found on these webpages and via the newsletter

Individual support

<https://www.imperial.ac.uk/postdoc-fellows-development-centre/individual-support/>

The PFDC provides individual support to postdocs, fellows and clinicians on a broad range of topics such as: CVs, job or fellowship applications, interview techniques, conversations about development opportunities and your career.

We provide individual **one to one sessions**. These are informal conversations that can be used to discuss your CV, job searching, fellowship applications and lectureship positions, changing career path, your career development or anything else you want to discuss.

We also provide you with a **mock interview** if you've been shortlisted for a new role – this could be for a fellowship, lectureship or for a role in industry for example.

We tailor your mock interview to the role you've been shortlisted for. As the candidate, you will get the opportunity to:

- Deliver your interview presentation
- Answer typical interview questions
- And hear tips to overcome common interview mistakes.

At the mock interview we simulate the interview scenario. The interview will be chaired by a PFDC team member and the panel will be composed of volunteer postdocs, fellows and clinicians. You can contact the PFDC if you would like to become a panel member.

Networks

<http://www.imperial.ac.uk/postdoc-fellows-development-centre/networks-/>

One way to become involved with the postdocs, fellows and clinician's community at Imperial is through the networks available to you as a staff member.

These networks include:

The Imperial Postdoc and Fellows Enterprise Network: This network aims to support you whether you're a researcher ready to explore the commercial potential of your ideas or if you want to learn more about enterprise such as spin outs, start-ups, Intellectual Property, business ventures or consulting.

PFDC Parents Network: This network aims to connect postdocs, fellows and clinicians whether at the start of their parenting journey or those getting to grips with a teenager at home.

Postdoc Reps Network: There are postdoc representatives in each department, their role is to promote activities at the departmental level and to be a bridge between the PFDC, departments and the postdoc community. See the webpages for details of your departmental reps and their activities.

As a staff member there are a range of other networks available to you from teaching focused networks to equality, diversity and inclusion networks.

Online Resources

<https://www.imperial.ac.uk/postdoc-fellows-development-centre/online-resources/>

The PFDC offers a wide range of online resources via the PFDC website.

These include:

Tip sheets which provide support for personal and professional development, job searches and fellowship applications.

Publications such as the booklet 'Preparing for your fellowship interview'.

Recordings and videos, including PFDC developed online modules

A list of relevant links with useful information.

Close - <https://www.imperial.ac.uk/postdoc-fellows-development-centre/about/>

Remember, the PFDC are here to support you to plan to succeed and be proactive in your career development.

Newsletter – <https://www.imperial.ac.uk/postdoc-fellows-development-centre/about/newsletter/>

Please check our webpages or get in touch with us at PFDC-support@imperial.ac.uk for further information and please sign up to the PFDC monthly newsletter to hear about upcoming events and opportunities that you may be interested in.

Thank you