Postgraduate Student Support – MSc & MRes

Department

<table>
<thead>
<tr>
<th>Programme directors</th>
<th><a href="https://www.imperial.ac.uk/physics/students/current-students/taught-postgraduates/course-directors/">https://www.imperial.ac.uk/physics/students/current-students/taught-postgraduates/course-directors/</a></th>
<th>Safety, academic and personal issues</th>
</tr>
</thead>
</table>

PGT Senior Tutor

Bob Forsyth
ph.pg-tutor@imperial.ac.uk
Huxley 6M64
020 75947761
Pastoral care of students, personal issues, mental health issues

Director of Masters Teaching

Toby Wiseman
t.wiseman@imperial.ac.uk
Huxley 507
Oversight of all Physics MSc and MRes programmes, and those issues related to the wider college.

Disabilities Officer

Mery Fajardo
ph.disabilityliaison@imperial.ac.uk
Blackett 306
Disabilities, Special exam arrangements, Mitigating Circumstances

PG Administrator

Loli Sanchez Rey
l.sanchez@imperial.ac.uk
Blackett 316
Postgraduate liaison; progression, deadlines, Lab demonstrators; ID cards, IT access, etc.

Physics PGT Helpdesk

First Wednesday of each month (12-1pm, advertised by email regularly)

Students

<table>
<thead>
<tr>
<th>Postgraduate Student committee chair</th>
<th><a href="mailto:physics-pg-student-representative@imperial.ac.uk">physics-pg-student-representative@imperial.ac.uk</a></th>
</tr>
</thead>
<tbody>
<tr>
<td>Women in Physics lunches &amp; other activities</td>
<td><a href="https://www.imperial.ac.uk/physics/about-us/women-in-physics/wnbipsociety/">https://www.imperial.ac.uk/physics/about-us/women-in-physics/wnbipsociety/</a></td>
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</tbody>
</table>

College

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<thead>
<tr>
<th>Counselling: note in particular regular “Workshop &amp; Events” and the new webpage based support “Silvercloud”</th>
<th><a href="https://www.imperial.ac.uk/counselling/">https://www.imperial.ac.uk/counselling/</a></th>
</tr>
</thead>
<tbody>
<tr>
<td>Student Well Being Advice Team</td>
<td><a href="https://www.imperial.ac.uk/natural-sciences/education-and-teaching/wellbeing-support/resources-for-students/advice-team/">https://www.imperial.ac.uk/natural-sciences/education-and-teaching/wellbeing-support/resources-for-students/advice-team/</a></td>
</tr>
<tr>
<td>Student Mental Health Intervention officers</td>
<td><a href="https://www.imperial.ac.uk/medical-care/wellbeing/">https://www.imperial.ac.uk/medical-care/wellbeing/</a></td>
</tr>
<tr>
<td>Chaplaincy</td>
<td><a href="https://www.imperial.ac.uk/chaplaincy/">https://www.imperial.ac.uk/chaplaincy/</a></td>
</tr>
<tr>
<td>Union Advice centre</td>
<td><a href="https://www.imperialcollegeunion.org/advice">https://www.imperialcollegeunion.org/advice</a></td>
</tr>
<tr>
<td>International Student Support</td>
<td><a href="https://www.imperial.ac.uk/students/international-students/">https://www.imperial.ac.uk/students/international-students/</a></td>
</tr>
<tr>
<td>Student Hub (Registry)</td>
<td><a href="https://www.imperial.ac.uk/student-hub/">https://www.imperial.ac.uk/student-hub/</a></td>
</tr>
<tr>
<td>Careers service</td>
<td><a href="https://www.imperial.ac.uk/careers/">https://www.imperial.ac.uk/careers/</a></td>
</tr>
<tr>
<td>Finance (“Blackbullion” app)</td>
<td><a href="https://www.imperial.ac.uk/students/fees-and-funding/">https://www.imperial.ac.uk/students/fees-and-funding/</a></td>
</tr>
</tbody>
</table>
Emergency

-Emergency Triage Clinic from the Imperial College Health Centre (Mon-Fri, 8.30-10am)
-Emergency GP appointment with your GP surgery
-Urgent medical advice: NHS 111 at 08454 242424
-Imperial Security: 4444 (extension) or 020 7589 1000 (mobile phone)
-Outside College: 999 and/or visit your local Accident & Emergency (A&E)
-Samaritains: https://www.samaritans.org/how-we-can-help-you/contact-us
-Papyrus: HOPEline UK: 0800 068 41 41

Ten steps to look after your mental health (from the Student Mental Health code of practice and guidelines)

1. Talk about your feelings
2. Keep active
3. Eat well
4. Drink sensibly
5. Keep in touch
6. Ask for help
7. Take a break
8. Do something you are good at
9. Accept who you are
10. Care for others