

IMPERIAL

Identifying bipolar disorder risk in young people with depression: a mental imagery and multi-modal approach

B-MAP



Are you interested in participating in a study testing a marker of bipolar disorder risk?

What are we doing?

We are exploring how certain thinking patterns, behaviours, and daily mood changes might help identify young people at risk of bipolar disorder.

What do you have to do?

You will be asked to:

- Complete 4 computer-based tasks and some questionnaires 3 times over 6 weeks
- Track your mood 3 times per day through a digital app (MindCraft) for 6 weeks (15mins per day)
- Complete a short feedback call at the end

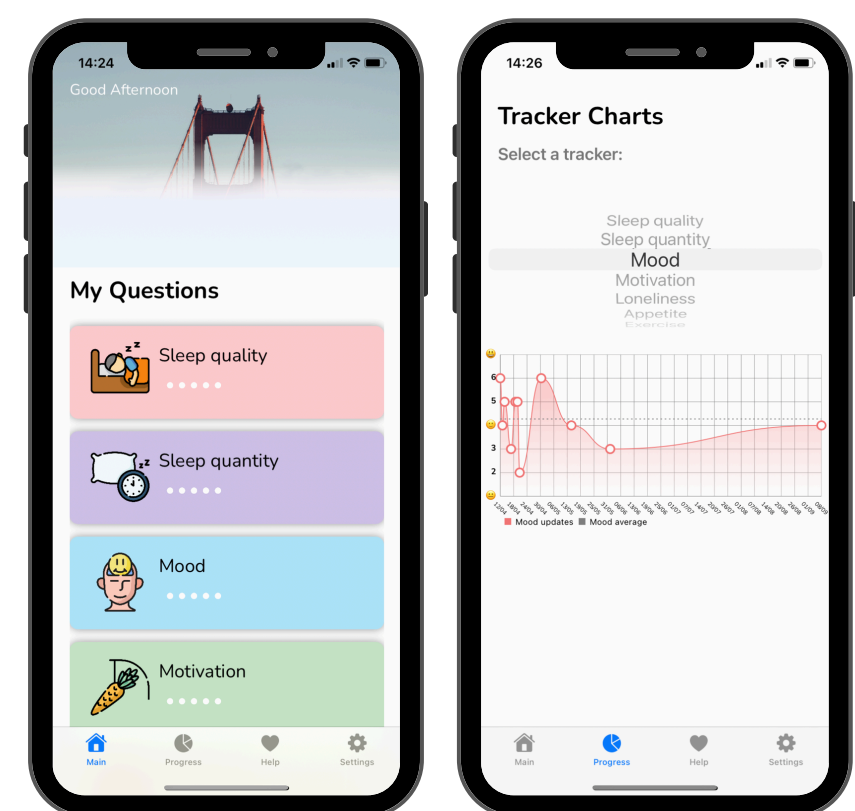
Am I eligible?

We are looking for young people aged 16 to 25 with:

- Experiences or diagnosis of depression

AND/OR

- Bipolar disorder or mood swings



You will receive a total of £60 worth of Amazon vouchers for your time!

If you're interested in taking part, scan the QR code to complete a short questionnaire and see if you're eligible



For our website visit:
[@MIR_Imperial](#)



For more information email us:
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