

IMAGINATOR 2.0



Flowchart of the study

Referrals



83 participants were referred (34 from CAMHS and 49 from adult services)

Screening



32 participants met inclusion criteria and completed screening (31 female and 1 transgender, mean age = 18.4)

Therapy



27 participants started therapy (adherence to therapy per protocol was 59%)

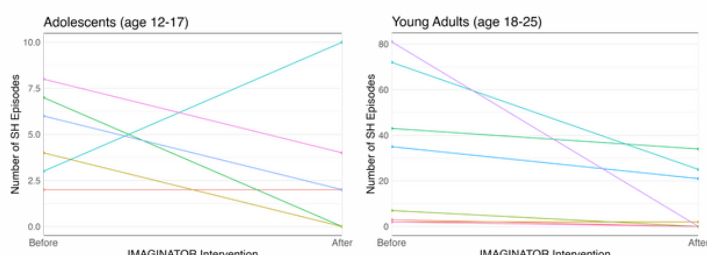
Outcome Assessment



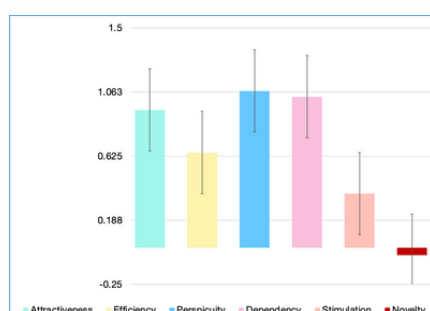
15 participants completed the first outcome assessment

Self-harm episodes reduction

	Baseline (T0)			Outcome Assessment (T1)			Mean change	Cohen's d
	Mean	SD	CI (95%)	Mean	SD	CI (95%)		
TimeLine Follow-Back Interview	24.41	28.51	2 – 92	7	11.30	0 – 31.07	-17.41	0.80



User Experience Questionnaire for Imaginator App



Qualitative Feedback Interviews

5 themes identified:

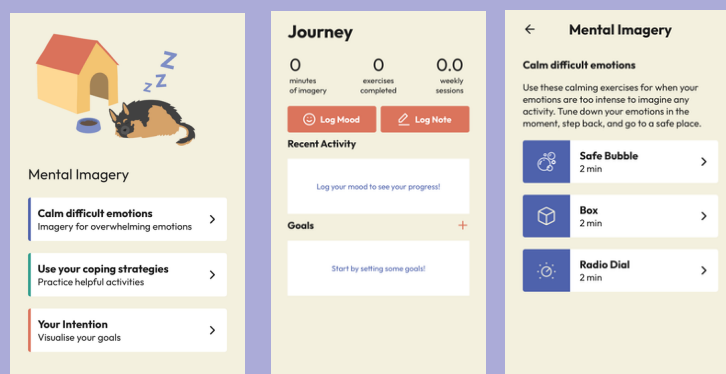
Imaginator therapy impact

Mental Imagery efficacy and limitations

App experience and engagement

App needs to be more integrated to the therapy

Imaginator expectations and need for improvement



Thank you for your collaboration!