

Franz Puttur

Language(s) Spoken: English, Hindi, Marathi, Gujarati, Konkani and German (elementary)



Role: Assistant Professor in Early Life Airways Disease

Bio: There is still a lot of embarrassment and feeling of weakness associated with mental health for many individuals. Mental health affects all of us, in our personal lives, our performance at work and can be damaging to our physical health. My motivation to become a MHFA was to break down this stigma and shame associated with mental health and provide a safe environment for individuals experiencing mental health difficulties to share their problems and not feel judged or marginalised among their peers.

I am a friendly and approachable person that has a very young family that keeps me smiling
and I love playing sports to destress and rejuvenate positivity in my life