

Ursula Mayr

Language(s) Spoken:

Role: Research Associate

Bio: I am a postdoc working in NHLI's proteomics group at White City Campus and know how tough life in academia can be — the relentless pace of research, short-term contracts, parenthood, or simply feeling like you're never doing enough. Sometimes you just need someone to talk to, and I'm here for that.

I'll listen, help talk through your options, and signpost you to the right resources if needed. All conversations are completely confidential.

Outside of work, I am a proud mum of three adult daughters, love walking our dogs and oil painting — reminders that life can be beautiful.

Don't hesitate to reach out.