

Diet Data Variables AIRWAVE Health Monitoring Study

<u>Variable</u>	<u>Description</u>
PART_ID	Participant identifier
BARCODE	Test identifier of a participant
RECORD_DATE / STARTED_DATE	Date of food diary recorded / started
AGE	Age of participant on the RECORD_DATE / STARTED_DATE
GENDER	Gender of the participant
DAY	Day of Entry
MEAL	The order of daily meals
MEAL_TIME	Time of meal taken (for follow-up data set only)
STUDY	Assessment
SOURCE	Nutrient Database
REF	Reference
STUDY_GROUP	Food Group
FOOD_OR_INGREDIENT	Food or Ingredient
QUANTITY	Quantity
EDIBLE	Amount(%) used for nutritional calculation
WATER_G	Water (g)
TOT_N2_G	Total Nitrogen (g)
PROTEIN_G	Protein (g)
FAT_G	Fat (g)
CHOM_G	Total Carbohydrate (g)
ENERGY_KCAL	Total Energy in KCAL
ENERGY_KJ	Total Energy in KiloJoules
STARCH_G	Starch (g)
TOT_SUG_G	Total Sugar (g)
GLUCOSE_G	Glucose (g)
FRUCTOSE_G	Fructose (g)
SUCROSE_G	Starch (g)
MALTOSE_G	Maltose (g)
LACTOSE_G	Lactose (g)
ALCOHOL_G	Alcohol (g)
NSP_ENGL_G	Non Starch Polysaccharide (g)
FIBRE_AOAC_G	Fibre AOAC (g)
SAT_FATS_G	Saturated Fatty Acid (g)
TOTN6POLY_G	Total N6 PUFA (g)
TOTN3POLY_G	Total N3 PUFA (g)
MONOUFATS_G	Monounsaturated Fatty Acid (g)
POLYUFATS_G	Total Polyunsaturated Fatty Acid (g)
TRANSFATS_G	Transfats (g)
CHOLESTR_L_MG	Cholesterol (mg)
SODIUM_MG	Sodium (mg)
POTASSIUM_MG	Potassium (mg)
CALCIUM_MG	Calcium (mg)
MAGNESIUM_MG	Magnesium (mg)

PHOSPHOR_MG	Phosphor (mg)
IRON_MG	Iron (mg)
COPPER_MG	Copper (mg)
ZINC_MG	Zinc (mg)
CHLORIDE_MG	Chloride (mg)
MANGANESE_MG	Manganese (mg)
SELENIUM_UG	Selenium (ug)
IODINE_UG	Iodine (ug)
CAROTENE_UG	Carotene (ug)
VIT_A_TRE_UG	Vitamin A (ug)
VITAMIN_D_UG	Vitamin D (ug)
VITAMIN_E_MG	Vitamin E (mg)
VIT_K1_UG	Vitamin K1 (ug)
THIAMIN_MG	Thiamin (mg)
RIBOFLAV_MG	Riboflavin (mg)
NIACIN_MG	Niacin (mg)
TRYPT_60_MG	Tryptophen (mg)
NIACIN_EQ_MG	Niacin Equiv (mg)
VIT_B6_MG	Vitamin B6 (mg)
VIT_B12_UG	Vitamin B12 (ug)
FOLATE_UG	Folate (ug)
PANTOTHEN_MG	Pantothen (mg)
BIOTIN_UG	Biotin (ug)
VITAMIN_C_MG	Vitamin C (mg)
ALL_T_RET_UG	All Total Retinol (ug)
X13CIS_RET_UG	X13cis retinol (ug)
ACAROTENE_UG	Acarotene (ug)
BCAROTENE_UG	Bcarotene (ug)
X25_OH_D3_UG	X25.OH.D3 (ug)
VIT_D3_UG	Vitamin D3 (ug)
NMES_G	NMES (g)
VIT_A_IU	Vitamin A (IU)
VIT_D_IU	Vitamin D (IU)
SALT_G	Salt (g)
OMEGA_3_G	Omega 3 (g)
DAYS_RECORDED	How many days a participant completed