International Development of Family Medicine in Palestine (IDFMP)
Association for International Development of Family Medicine in Palestine (IDFMP)

Empowering family medicine in Palestine.

The Association for International Development Family Medicine

Health in Palestine

Health in Palestine is inextricably related to the longest military occupation in the world; from violence to blockades on water and nutrition to continual disruption of health services and medical supplies, particularly in Gaza. Whilst political solutions are

Our Goals

Provide international support
To provide international support for the development and implementation of family medicine in Palestine
Empower family practitioners
Scope of the session

• Describe the background to the IDFMP and the scope of the programme
• Provide an outline of the International Course which we ran in Nablus in November 2013
• Highlight the key findings from the evaluation
• Share ideas about next steps
Background to the IDFMP

Family medicine plays a significant role in fulfilling the global priority of effective, equitable and accessible health care. Delivery of family medicine is more challenging in conflict zones, such as the occupied Palestinian territories (OPT), where there are additional obstacles to the delivery of personal, comprehensive and continuing care at an individual and community level.
Evolution of the Israeli/Palestinian territorial division

1947
- LEBANON
- SYRIA
- JORDAN
- EGYPT (SINAI)

1947
- Tel Aviv (Jaffa)
- Jerusalem
- ISRAEL
- EGYPT (SINAI)

1947:
- Jewish state

1948-49
- LEBANON
- SYRIA
- JORDAN
- EGYPT (SINAI)

1948-49:
- GAZA (Egyptian controlled)
- Tel Aviv
- West Bank
- Jerusalem

1947-49:
- Annexed by Jordan in 1949

1967:
- LEBANON
- SYRIA
- JORDAN
- EGYPT

1967:
- Golan Heights (Israeli controlled)
- West Bank
- Jerusalem

1967-05:
- Israel in preemptive strike against three Arab states, capturing Gaza and Sinai peninsula from Egypt, the West Bank from Jordan, the Golan Heights from Syria and Arab East Jerusalem.

2005-now:
- LEBANON
- SYRIA
- JORDAN
- EGYPT

2005-now:
- Security fence
- GAZA
- West Bank
- Jerusalem

2005-now:
- (Palestinian and Israeli controlled)

UN Partition plan
- UN General Assembly votes to partition British Mandate Palestine into Jewish and Arab sectors. Soon after the adoption of the resolution on 29 November 1947, fighting breaks out and civil war spreads.

Declares independence
- Independence declaration recognised internationally but conflict spreads and five Arab armies invade. By the 1949 armistice, Jordan has captured the West Bank. Egypt has Gaza and Jerusalem is divided.

Six Day War
- Israel in preemptive strike against three Arab states, capturing Gaza and Sinai peninsula from Egypt, the West Bank from Jordan, the Golan Heights from Syria and Arab East Jerusalem.

Gaza withdrawal
- Israel withdraws unilaterally from Gaza and part of the West Bank, but further withdrawals from Arab land tied to implementation of Annapolis peace plan, providing for two-state solution.


International Development Family Mission in Palestine

IDFMP
Jewish Settlements and the “Fence”
Early IDFMP development

• Met with Prof Gene Feder and Dr Samar Musmar at SAPC, July 2011
• Visit to An Najah and FM training scheme – May 2012
• Developed concept of IDFMP with Samar and Gene
• Clarified need for additional training
• Identified faculty and funders
• Established International Steering Group – Palestinian and European

With Dr Samar Musmar (front right) and the “Fathers and Mothers of FM” May 2012
IDFMP: more recent developments

- Nov 2013: One week International course
- April 2014: Dr Musmar UK Site visit
- June 2014: David Jewell and Paul Wallace Palestine visit
- Sept 2014: Imperial joins IDFMP (Prof Azeem Majeed and Dr Jamila Sherif)
- Nov 2014: National Palestinian Conference on Family Practice (Ramallah)
The overall aims of the IDFMP

- Improve morale and self esteem for family physicians in Palestine West Bank
  - Provide solidarity
  - Relieve isolation
  - Invite Palestinian doctors to show outsiders their successes

- Involve Palestinian doctors the community of family physicians outside Palestine

- To share approaches and solutions to common problems - in a two-way process
IDFMP Steering Group

- **University of An Najah (Nablus)**
  - Samar Musmar, Suha Hamshari
- **Bristol:**
  - Gene Feder, David Jewell, Jonathan Broad
- **Cambridge:**
  - Ann Louise Kinmonth
- **Imperial College:**
  - Jamila
- **UCL:**
  - Anita Berlin, Paul Wallace
- **WONCA:**
  - Harris Lygidakis (Italy)
- **Evaluation:**
  - Marlene Laubli (Switzerland)
- **Funders:**
  - BC / IMET2000 / MAP
The activities

We are working in partnership with the Palestinian Ministry of Health to support training opportunities for family practitioners. We provide a short course, mentorship and will work to support other professional development opportunities.

**IDFMP short course**
This is an initiative to support family medicine in Palestine consisting of teaching, and the development of working groups and a manifesto for family medicine...

**Mentorship**
The IDFMP is committed to developing a programme of on-site mentorship by expert family physicians for family medicine health care professionals operating in Palestinian clinics...

**Fellowship and academic fellowship opportunities**
Under the supervision of Prof Gene Feder and Prof Ann Louise Kinmonth, plans are underway for Palestinian practitioners participate in an international exchange programme...

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**Our partners**
IDFMP partners with organizations that support the development of family medicine in Palestine and the empowerment of family medicine practitioners.

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[Read More About Our Partners]
The planning process

• Joint Palestinian and International input
• Initial meeting
• Skype–calls
• E-mailing
• Dropbox
• Social media
One week international course: November 2013

AIM: To provide high level training in three areas:

1. **Holistic care**: primary care and generalist practice (integrated and comprehensive care)

2. **Community oriented practice**: health promotion, disease prevention, public health, inter-sectoral work and community engagement

3. **Practitioner development**: reflective practice, life-long learning, educational and leadership skills
Participants

• 19 Palestinian Family Physicians in training
• Selected from total of 40 on the 4 year training scheme at An Najah University
• All at different stages of career – from recently qualified to long established
### The Course timetable

<table>
<thead>
<tr>
<th>Time</th>
<th>Day 1 Sunday 17</th>
<th>Day 2 Monday 18</th>
<th>Day 3 Tuesday 19</th>
<th>Day 4 Wednesday 20</th>
<th>Day 5 Thursday 21</th>
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<tbody>
<tr>
<td>0815</td>
<td>University President office</td>
<td>Breakfast and faculty meeting</td>
<td>Breakfast and faculty meeting</td>
<td>Breakfast &amp; faculty meeting</td>
<td>Lie-in 😊</td>
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<td>11.00 - 11.30 COFFEE</td>
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<td>Goal setting</td>
<td>Introducing the Portfolio Forming 4 small groups A Introduce Manifesto task (HL) 11-11.30</td>
<td>Theme 1 b 11.30-12.10 Doctor-patient communication (AB &amp; ALK) (Stewart overview) rules of feedback (using AB video): (PW &amp; AB)</td>
<td>Prevention CVD (GF) / Diabetes (ALK) 11.30-13.00 (inc group, work)</td>
<td>Theme 3 (AB) Effective assessment 11.30-13.00</td>
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<td>Presentations (PW &amp; ALK) &quot;A day my life (1) &quot; Participants no.1-9 11.30-13.00</td>
<td>12.10-13.00 The consultation: Dealing with presenting problems - agendas/building rapport Case study 1 in small groups Muna feels tired</td>
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<td>Assessment of the clinical consultation (AB)</td>
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<td>13.00 - 14.00 LUNCH</td>
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<td>Short lunch 13.00-13.45</td>
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<td>14.00</td>
<td>Presentations (HL&amp;GF) &quot;A day in my life&quot; (2) Participants no.10-20 14.00-15.30</td>
<td>Theme 1 b 14.00 - 15.30 The consultation: Rapport building and information gathering (AB &amp; HL) Second half of the consultation - agreeing the problem &amp; sharing decision making</td>
<td>Theme 2 (b) 14.00 - 15.30 Intersectoral work (GF &amp; HL &amp; Jazoor) Domestic Violence &amp; Child safeguarding (GF)</td>
<td>Group work MANIFESTO PREPARATION</td>
<td>Presentations 13.45-15.00 MANIFESTO (Samar - to Invite additional audience) 15.15 Evaluation a. SEQ (on-line) b. Focus groups (ML-L)</td>
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<td>15.30-15.45 SHORT COFFEE / TEA</td>
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<td>Finish 17.00/17.30</td>
<td>Small Groups: intro: Muna's parents Faculty role play</td>
<td>Small groups: 15.45-17.00 cases study 2 / role play Muna is diabetic</td>
<td>Small groups: 15.45-17.30 cases study 3/ role play (Muna+Aisha- parents fighting)</td>
<td>Small groups: 15.45-17.30 Planning an OSCE stations (Based on Muna &amp; Bashir)</td>
<td>Prize giving &amp; review, planning for CPD CLOSE 16.30</td>
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<td>Faculty meetings</td>
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Faculty morning meeting and role play
Role play and group work
Key findings from the evaluation

Ratings of Course (n=18)

- **Teaching**: 10 Excellent, 7 Good, 1 Average, 0 Low, 0 Unsatisfactory, 0 No response
- **Impression**: 10 Excellent, 7 Good, 1 Average, 0 Low, 0 Unsatisfactory, 0 No response
- **Atmosphere**: 10 Excellent, 7 Good, 1 Average, 0 Low, 0 Unsatisfactory, 0 No response
- **Structure**: 10 Excellent, 7 Good, 1 Average, 0 Low, 0 Unsatisfactory, 0 No response
- **Organisation**: 10 Excellent, 7 Good, 1 Average, 0 Low, 0 Unsatisfactory, 0 No response
- **Reading material**: 10 Excellent, 7 Good, 1 Average, 0 Low, 0 Unsatisfactory, 0 No response
- **Relevance**: 10 Excellent, 7 Good, 1 Average, 0 Low, 0 Unsatisfactory, 0 No response
Key findings from the evaluation 2

Course Themes (n=18)

- Consultation
- Role
- Prof Development
- Screening
- Intersectoral

Legend:
- Very high
- High
- Average
- Low
- Unsatisfactory
- No response
- N/a
Summary of key themes

• Best aspects were working together, small group work and problem solving.
• Positive mention of use of different educational methods such as role play, manifestos and brainstorming
• Positive experiences of working with other participants and the facilitating staff, mentioning ‘lovely facilitators’, or ‘kindness of attendants’.
• One student mentioned the acquisition of new knowledge as their most positive aspect.
Free text - selected quotes

• “Working together I really see the fathers and mothers of family [medicine]”
• “I liked discussions and sharing information with colleagues, I loved the way of learning… and I intend to adopt it”
• ‘I will give patients time to say their complaints’
• “I will be more believing in my ideas”
After the course

- 6 FM graduates in early 2014
- Ministry of Health Course in Community Medicine
- Establishment of 4 pilot Family Medicine Clinics in Hebron:
  - FM graduates have permanent place of work
  - Patients are allocated to individual FM doctor
  - FM doctors have been asked to take leadership role in the FM clinics in Hebron
  - 19 doctors sat the Palestinian FM Board exam in November 2014
Next steps

• IDFMP is becoming embedded as an international academic programme with involvement from IC
• We will offer a rolling programme of international exchanges, mentorship and personal/online support
• We plan to extend this programme over several years with support from BC, MAP and IMET
• On 1st November 2014, Ministry of Health committed to a national programme of delivery of Family Practice in Palestine