



Professor Alun Davies
Professor of Vascular Surgery, Head of the Section of Vascular Surgery
Imperial College London

Professor Alun Davies Professor of Vascular Surgery at Imperial College London and a Consultant Surgeon whose NHS practice is based at Charing Cross and St Mary's Hospital, London. Professor Davies trained in Cambridge, Oxford, Plymouth, Boston (USA) and Bristol, prior to taking up a Consultant appointment in Charing Cross in 1994. Professor Davies is regarded as a world expert in the management of venous disorder. He has also written extensively on many aspects of vascular disease, writing over 370 peer reviewed manuscripts and runs a large research group.

Professor Davies is the Chief Investigator of the VEIN Platform study and has an extensive clinical trial track record. He is an NIHR Senior Investigator and sits on an NIHR funding board.



Miss Sarah Onida
Honorary Senior Lecturer in Vascular Surgery
Imperial College London

Miss Sarah Onida is the Joint Lead, along with Professor Alun Davies, of the VEIN platform study.



Dr Francine Heatley
Clinical Trial Project Manager
Imperial College London

Francine Heatley is a Trial Manager in the Section of Vascular Surgery (Surgery and Cancer) within the Faculty of Medicine at Imperial College.

Francine is a Biology graduate from the University of Nottingham with 20 years experience of conducting clinical research in therapeutic areas such as vascular surgery, cardiovascular and oncology. She spent 3 years working for an academic research organisation in Canada and is familiar in both Health Canada and FDA clinical trial regulations.

At Imperial, she currently manages the NIHR funded VEIN platform development study. Previously, she has managed the NIHR DM-PAD study investigating the best diagnostic test for the detection of peripheral arterial disease in patients with diabetes, the JP Moulton funded DAVE (Decellularised Dermis Allograft for the Treatment of Chronic Venous Leg Ulceration) Trial and the NIHR EVRA (Early Venous Reflux Ablation) ulcer trial: A randomised clinical trial to compare early versus delayed endovenous treatment of superficial venous reflux in patients with chronic venous ulceration. The study results were published in the New England Journal of Medicine:
<https://www.nejm.org/doi/full/10.1056/nejmoa1801214>

Francine completed her PhD in Leg Ulcer outcomes at Imperial College London in June 2021.



Mrs Natalia Klimowska-Nassar
Operations Manager
Imperial College London

Natalia Klimowska-Nassar works as an Operations Manager for Surgical Trials at the Imperial Clinical Trials Unit (ICTU). Natalia has worked in the field of clinical trials since 2008 and has experience in various therapeutic areas, in both single and multi-centre RCT studies.

Within ICTU, Natalia works on new grant proposals, trial set-up, oversight, and trial completion. She also provides advice on regulatory and ethical requirements.



Dr Rachel Phillips
Senior Lecturer in Medical Statistics and Clinical Trials
Imperial College London

Rachel is a Senior Lecturer in Medical Statistics and Clinical Trials at Imperial College London, and co-head of Statistics at Imperial Clinical Trials Unit (ICTU), School of Public Health. Rachel has worked in the area of clinical trials for over 10 years and has a broad range of experience in the design and analysis of clinical trials.

Rachel's methodological research interests focus on the reporting and analysis of adverse events in clinical trials and the development of statistical methods to better identify adverse reactions. She is recognised both nationally and internationally for her work in this area and co-leads a harms theme for the MRC-NIHR Trials Methodology Research Partnership Outcomes Working Group.

Rachel obtained a BSc in Mathematics from the University of Nottingham in 2008 and was awarded an NIHR Research Methods Fellowship to complete her MSc in Medical Statistics at the London School of Hygiene and Tropical Medicine in 2009, after which she spent two years working as a statistician at the Institute of Psychiatry, Psychology and Neuroscience, King's College London. In 2012 Rachel moved to Singapore to work for an academic clinical research organisation focusing on clinical trials in infectious diseases and mental health. She joined the Division of Health and Social Care Research, King's College London in 2015 as a research fellow to work as a clinical trial statistician including both early and later phase trials. During this time she also worked as a general adviser for the NIHR Research Design Service. Rachel was awarded an NIHR Doctoral Research Fellowship in 2018 to undertake her PhD at Imperial College London, which she completed in 2021. Alongside this she worked as senior clinical trial statistician at ICTU. In 2021 Rachel moved to Queen Mary University of London as a Senior Lecturer in Medical Statistics before returning to Imperial College London in 2023 as a Senior Lecturer in Medical Statistics and Clinical Trials, and co-head of Statistics for ICTU.



Dr Ed Waddingham
Senior Statistician
Imperial College London

Ed Waddingham is a Research Fellow and senior statistician at Imperial Clinical Trials Unit (ICTU), contributing to the design and analysis of a range of studies including several planned platform trials. Ed's research is focused on developing and deploying novel statistical methodology in clinical trials, pharmaco-epidemiological studies, and to aid medical decision-making. His current and recent portfolio covers disease areas including critical care, mental health and multiple sclerosis.

Ed has been based at Imperial College London since 2011, and holds a MSc in epidemiology and a PhD concerned with the application of Bayesian multi-criteria decision analysis to the benefit-risk assessment of medicines. He is a committee member for the National Institute for Health Research (NIHR) Statistics Working Group on benefit-risk.



Professor John Norrie
Chair of Medical Statistics and Trial Methodology
The University of Edinburgh

Professor John Norrie is Chair of Medical Statistics and Trials Methodology at the University of Edinburgh, and Director of the Edinburgh Clinical Trials Unit (ECTU). John is a medical statistician and clinical trialist and is dedicated to improving health through randomized trials. John has led the academic Clinical Trials Unit (CTU) in Aberdeen (the Centre for Healthcare Randomised Trials, CHaRT), having spent over 15 years in the Glasgow CTU (the Robertson Centre for Biostatistics, RCB). John is involved in global health initiatives and is currently Chair of the MRC/NIHR Efficacy and Mechanisms Evaluation (EME) Funding Board, and provides independent oversight for landmark trials (Trial Steering Committees and Data Monitoring Committees).

John was elected Fellow Society for Clinical Trials (FSCT, 2015) Faculty of Public Health (FFPH, 2018), and the Royal Society of Edinburgh (FRSE, 2022). John is fascinated by using randomized designs not just in medicine but in social care, business, education, justice, and agriculture; and is at his most productive when designing trials and developing the skills and expertise of the next generation of trialists.



Mr Daniel Carradice
Senior Lecturer in Vascular Surgery
University of Hull

Dan Carradice grew up in West Yorkshire. Following his love of science, technology, working with people and practical creativity; he attended Medical School at the University of Sheffield. On the advice of a valuable mentor, he then moved to Hull craving the very highest quality postgraduate surgical training and found what he was looking for.

Dan chose to specialise in one of the fastest growing, yet least known specialties: Vascular Surgery. This offers one of the most diverse and rewarding practices available; operating from head to toe, from some of the smallest structures to the largest, performing some of the most technologically advanced minimally invasive and some of the largest open procedures possible. Crucially Vascular and Endovascular Surgery has an extremely strong emphasis on research and evidence based practice.

In pursuit of research training and experience, Dan then took on the role of Research Fellow, completing several RCTs, alongside ongoing clinical training and the completion of his qualification in Vascular Ultrasound. This early taste of successful research pushed Dan towards a career as a Clinical Academic and following his time as Hunterian Professor and his Fellowship at St George's he returned to Hull as a Senior Lecturer.



Professor Ian Chetter
Chair of Surgery
Hull University Teaching Hospitals NHS Trust

Professor Ian Chetter was appointed as the Professor of Surgery at Hull York Medical School /University of Hull and Honorary Consultant Vascular Surgeon at Hull University Teaching Hospitals NHS Trust in February 2011. He qualified from University of Leeds Medical School in 1990, and completed his basic and higher surgical training in Yorkshire. Funded by a Northern and Yorkshire Research Fellowship, he obtained MD from the University of Leeds and was awarded a Hunterian Professorship from the Royal College of Surgeons of England in 2000. Following a 12 month Vascular Fellowship in Adelaide, Australia funded by an Ethicon/ Peter Clifford Fellowship in 2002/3, Ian returned to the UK to be appointed Senior Lecturer at the Academic Vascular Surgical Unit in Hull.

Currently, he serves as the President Elect of the Vascular Society of GB&I and has previously held executive committee roles including Chair of the Research Committee. He was the first Royal College of Surgeons Surgical Specialty Lead for Research in Vascular Surgery and a recipient of an NIHR Senior Investigators Award.

In addition to his organizational roles, Professor Chetter is the Editor in Chief of the Journal of Vascular Societies GB&I. He also contributes to the National Institute for Health Research (NIHR) as a member of the Prioritization Committee, is an examiner for Intercollegiate Speciality Exams in Vascular Surgery and is a member of the Scientific Committee for the Wounds Research Network.

His research interests include Health Services Research, New and Emerging Technologies in arterial and venous disease, wound healing, surgical site infection, and molecular biology of aneurysmal disease. He also explores translational research in therapies for intermittent claudication and educational research on the value of endovascular simulation.

Professor Chetter has been involved in numerous successful and ongoing NIHR programme awards, including as lead applicant for an NIHR Health Technology Assessment (HTA) SWHSI 2, focusing on the effectiveness and cost-effectiveness of Negative Wound Therapy versus usual care for surgical wounds healing by secondary intention.



Professor Athanasios Saratzis
Professor of Vascular Surgery
University of Leicester

I am a Professor of Vascular Surgery with an interest in clinical and translational research. At the same time, I have a clinical interest in peripheral revascularisation with a focus on complex endovascular and hybrid procedures. I perform a large volume of limb salvage procedures, using all latest relevant endovascular technologies.

My research has been funded (>£7 million) by the NIHR, Academy of Medical Sciences, British Heart Foundation, Royal College of Surgeons, and several industry partners. I currently lead a number of randomised trials and major applied research projects (mostly NIHR-funded). I was awarded a Hunterian Professorship in 2020 on the subject of renal dysfunction in vascular patients. I previously led the Vascular and Endovascular Research Network (VERN), establishing it as a major clinical research delivery network globally. I am also one of the founders of the global "Research Collaborative for Peripheral Arterial Disease". I am based in the NIHR Leicester Biomedical Research Centre and Department of Cardiovascular Sciences (University of Leicester).

I will be supporting the VEIN study as part of site set up (using my existing networks), delivery, recruitment nationally, and via my various roles in relevant NHS societies. I will also support future expansion internationally via my existing collaborations.



Dr Babak Choodari-Oskooei
Principal Research Fellow and senior Statistician
University College London

Babak is a senior statistician interested in clinical trial methodology, with expertise in adaptive and multi-arm multi-stage (MAMS) platform randomised clinical trials. Babak has a PhD in Statistics from UCL's Statistical Sciences Department. He now mainly works in the Design Methodology program. He has been involved in international adaptive trials in renal cancer (RAMPART), surgery (ROSSINI 2), and maternal health (WHO RED) as a senior statistician.

Babak teaches postgraduate courses and leads short courses in advanced and adaptive trial designs at UCL's Institute of Clinical Trials and Methodology.

His areas of expertise include clinical trial methodology, design of adaptive multi-arm multi-stage (MAMS) randomised platform clinical trials, estimation of treatment effects, and analysis of adaptive MAMS clinical trials. He is also involved in developing statistical packages for these novel trial designs and his work also expands into cancer epidemiology, prognostic modelling of risk factors, and clinical prediction models.

Babak is a member of the UK-wide adaptive design working group (ADWG) and the chair and independent statistician on the data monitoring and trial steering committees for several trials.



Professor Colin Greaves
Professor of Psychology Applied to Health
University of Birmingham

Colin Greaves is a Chartered Health Psychologist specialising in the development and evaluation of interventions to support health behaviour change. Research interests including diabetes prevention and the prevention and management of cardiovascular disease. He has helped to develop health behaviour change interventions that are digital, group-based or delivered individually. He has also developed training courses for health care providers to support people to increase physical activity, lose weight, stop smoking and improve self-care of chronic illnesses. He contributed to NICE guidance and European guidelines on preventing type 2 diabetes.



Professor Justin Waring
Professor of Medical Sociology & Healthcare Organisation
University of Birmingham

Justin Waring is Professor of Medical Sociology and Director of the NIHR BRACE Rapid Evaluation Centre, at the University of Nottingham. He is a world leading specialist on the implementation of large-scale and complex change in health and care systems, focusing in particular in the way local cultures and interests complicate change processes. He is an Elected Fellow of Academy of Social Science and Royal Society for Arts.



Dr Thomas Withers
Research Fellow in Behaviour change
University of Birmingham

Tom is a Senior Research Fellow in Behaviour Change at the University of Birmingham. His interest is in the development, testing and implementation of complex interventions in clinical populations. Whilst developing the VEIN study Tom co-ordinated the patient input to ensure that the study was meaningful for those who have venous leg ulcers. During the main VEIN trial Tom will be involved in the process evaluation which is where the study is evaluated to better understand how the treatments being studied could be improved further.



Dr Barnaby Zoob Carter
Research Fellow in Behaviour change
University of Birmingham

Barnaby Carter is a Research Fellow interested in behavioural change at the University of Birmingham. Barnaby has worked with harm reduction services around the UK by developing and testing of harm reduction-based workshops for healthcare workers inside and outside traditional clinical settings. During the development of the VEIN study, Barnaby co-conducted focus groups for patient input. During the main VEIN trial Barnaby will be involved in process evaluation to further our understanding of the successes of treatment options being studied.



Professor Gordon Moran
Simple Trials for Academic Research Lead
The University of Nottingham

Dr Moran is an academic gastroenterologist with a special interest in the clinical management of Inflammatory Bowel Disease. He has completed his gastroenterology training in Birmingham, UK and his PhD studies with Professor John Mclaughlin at the University of Manchester in 2011. He advanced his clinical training in Inflammatory Bowel disease by undertaking a one year advanced clinical fellowship in Inflammatory Bowel disease at the University of Calgary, Canada under the supervision of Professor Remo Panaccione. He has been appointed as an Associate Professor in Gastroenterology at the University of Nottingham in 2013.

Dr Moran's primary research aim is optimising advanced imaging techniques aimed at measuring inflammation and fibrosis in IBD. He leads the Simple Trials in Applied Research team within Nottingham Clinical trials Unit. The team specialises in delivering large pragmatic trials in primary care using routinely collected coded data sets. Together with collaborators at the University of Nottingham Dr Moran has created industry-funded large deeply phenotypes cohorts.

Dr Moran presently supervise 5 PhD students, 2 post-doctoral scientist and 2 IBD fellows. He is the academic and clinical IBD theme lead within the NIHR Nottingham Biomedical Research Centre and IBD Section Committee Member for the British Society of Gastroenterology and IBD expert member for the National Institute of Health Research Trent Clinical Research Network.

Dr Moran chairs the British Society of Gastroenterology Inflammatory Bowel Disease Guideline group.



Dr Colin Crooks
Simple Trials for Academic Research Lead
The University of Nottingham

Colin Crooks completed his undergraduate degree in Bachelor of Medicine, Bachelor of Surgery (BMBS) and B.Med.Sci (Hons) at University of Nottingham, before going on to receive his Diploma MRCP (UK) Royal College of Physicians and MSc in Epidemiology at London School of Hygiene and Tropical Medicine. He completed his PhD on Epidemiology of Upper Gastrointestinal bleeding at the University of Nottingham July 2013 funded by an MRC fellowship and Centenary Award, and is a Graduate Statistician (*GradStat*) after completing a MSc Statistics at the University of Sheffield.

Colin completed his PhD in the epidemiology of upper gastrointestinal bleeding studying its causes and outcomes using case control studies and survival analyses. This work was carried out in linked the routine databases; (CPRD) Clinical Practice Research Datalink, (ONS) Office for National Statistics, and (HES) Hospital Episode Statistics. After returning to full time clinical training as a gastroenterologist and NIHR recognised Academic Clinical Assistant Professor. He has now completed training and has been appointed as a Clinical Associate Professor in Gastroenterology in the NDDC.



Dr Marcus Jepson
Senior Lecturer in Qualitative Health Sciences / Senior Research Fellow
University of Bristol

Marcus Jepson is a Senior Lecturer in Qualitative Health Science within the University of Bristol's QuinteT Research group. The focus of his work is to support clinicians with recruitment to RCTs, using a range of qualitative methods. He has led the Quintet Recruitment Intervention (QRI) for several hard to recruit RCTs.



Associate Professor David Epstein
Health Economist
University of Granada

David Epstein is Professor of Applied Economics at the University of Granada, Spain. He will provide expertise in health economics in partner with Andrew Stoddart, in order to estimate the long term impact of the VEINS study interventions on patient outcomes, health related quality of life, and the cost to the National Health Service



Mr Andrew Stoddart
Health Economist
The University of Edinburgh

Andy Stoddart is a senior health economist and team lead for the health economics dept in Edinburgh Clinical Trials Unit, who has worked on health economic evaluation alongside clinical trials since 2011. Andy and his team will be working in partnership with Professor David Epstein of Granada University to design and deliver the platform`s economic modelling framework, which will estimate the long-term cost-efficiency of the VEINS study interventions.



Andy Steptowe
PPI Representative

I will be a PPI representative on the VEIN trial. I had a Venous Leg Ulcer in 1982, following a Deep Vein Thrombosis a couple of years earlier. After a second DVT in 2002 I became interested in vascular medicine and joined the charity Anticoagulation UK, becoming first a volunteer patient advisor and then an ambassador. In 2018 I was invited by the vascular research team at Imperial College to join a focus group on vascular research. I have worked with them on a number of vascular trials in the last six years.



Dr David Wingfield
General Practitioner and Principal Research Fellow
Imperial College London

I am a General Practitioner with 30 years of clinical experience and have led the establishment of a large (30 partner, 70,000 patient) GP Practice in West London. I have established a clinical trials unit in the practice for academic and commercial research and am collaborating across Imperial College London as Honorary Principal Research Fellow. My interests are broad but focus particularly on the diagnosis and care of patients with dementia in the community and on hypertension management.



Mr Adam Gwozdz
Clinical Lecturer in Vascular Surgery
Imperial College London

Adam Gwozdz is a Clinical Lecturer in Vascular Surgery at Imperial College London and a Research Fellow in Venous Thromboembolism at the International Consortium for Health Outcomes Measurement (ICHOM). He completed a National Institute for Health Research Academic Clinical Fellowship in Vascular Surgery at St Thomas' Hospital and King's College London in 2017. This was followed by a 3-year Doctoral Research Fellowship investigating the role of platelets in venous stent thrombosis. He was awarded research grants from the Royal College of Surgeons of England, Circulation Foundation, and the Royal Society of Medicine. He has published in over 50 peer-reviewed journals and has been fortunate to receive several prizes from the European and American Venous Forums, an Early Career Research Award from the International Society on Thrombosis and Haemostasis, and the British Journal of Surgery Prize from the Vascular Society of Great Britain and Ireland.



Miss Layla Bolton-Saghaoui
Vascular Clinical Nurse Specialist / Honorary Clinical Research Fellow
Imperial College London

Layla is an accomplished researcher with a passion for improving patient outcomes in the field of chronic wound management. She began her research journey at Imperial College's Vascular Research department, where she worked under the mentorship of Professor Alun H Davies. During this time, she contributed to studies focusing on Venous leg ulceration and managing complex wounds, providing her with invaluable insight into the impact of chronic wounds on patients' lives.

Motivated by this experience, Layla pursued further research opportunities, securing both an NIHR ICA Fellowship and an Imperial Health Charity Fellowship. These prestigious fellowships allowed her to expand her skills and knowledge, gaining expertise in qualitative research, behavioural science, public health research, epidemiology, and tissue viability.

In addition to her research accomplishments, Layla is also a respected member of the nursing community, serving as the deputy chair of the Chief Nursing Officers Shared Decision Making Council for Research. Her commitment to advancing the field of wound care and improving patient outcomes has not gone unnoticed, and she has recently been awarded an NIHR ICA Doctoral Clinical and Practitioner Academic Fellowship Award. Layla is also an equality and diversity expert.



Professor Azeem Majeed
Professor of Primary Care and Public Health
Imperial College London

Azeem Majeed is Professor of Primary Care and Public Health at Imperial College London. He is an international leader in primary care and public health research. His academic work has focused on developing the evidence base for primary care and public health policies using rigorous analyses of large-scale health databases. His leadership roles in the National Institute for Health and Care Research and his influential work at the UK Office for National Statistics have helped shape health policies in areas such as health surveillance, prevention and chronic disease management. With more than 180,000 citations and a H-Index of 134, he is one of the most highly cited primary care researchers globally. Azeem continues to work as an NHS GP and Consultant in Public Health in addition to his academic role.



Professor Steven Black
Consultant vascular surgeon
Guys and St Thomas' NHS Trust

I am a Consultant Vascular Surgeon at Guy's and St Thomas' Hospital and a Professor of Venous Surgery at Kings College, London. I am the Site Lead for Surgery at Guy's and St Thomas' Hospital and the Co-R&D Lead for the Cardiovascular Directorate (Cardiology, Cardio-Thoracic and Vascular Surgery). I was Clinical Lead for Vascular Surgery for 4 years (2019-2023), and I am the Co-founder & Medical Director at UK Vein Clinic.

My principal clinical interest is the treatment of Venous Disease. I have established a large practice in the treatment of both Acute and Chronic Deep Venous Disease as well as superficial venous disorders and together with a comprehensive multi-disciplinary team of colleagues at Guy's and St Thomas' Hospital am part of one of the largest such services in Europe.

My basic medical training was in South Africa (University of the Witwatersrand) before emigrating to the United Kingdom in 2001. I completed a MD degree at St Marys Hospital and Imperial College, London in 2006 under the supervision of Mr John Wolfe and Lord Ara Darzi. In 2011 I received the fellowship of the European Board of Vascular Surgery.

I am the program director for both the European Venous Forum Hands on Workshops (EVF HOW) and The Charing Cross Vascular Symposium Venous Programme. I was the Venous Tutor for European Society of Vascular Surgery (ESVS) from 2014-2018 and am an examiner for the Fellowship of the European Board of Vascular Surgery.

I have lectured and published extensively on the subjects of treatment of acute and chronic DVT as well as the treatment of superficial venous disease in addition to other areas of vascular surgery and education. I am currently the Editor in Chief for Vascular and Endovascular Review and on the Editorial Board for International Angiology.

I am the Global and UK principal investigator for a number of ongoing trials and actively involved in research to improve the treatment of patients with Venous Disease and have been involved a number of first in man procedures.



Dr Narayan Karunanithy
Consultant Interventional Radiologist and Honorary Senior Lecturer
Guy's and St Thomas' NHS Foundation Trust

Dr Karunanithy is a Consultant Cardiovascular & Interventional Radiologist and Honorary Senior Lecturer at Guy's & St Thomas' NHS Foundation Trust, London. He is the Vascular Anomalies MDT Lead and his subspecialty interests include venous, vascular malformation and paediatric intervention as well as advanced cardiovascular imaging.

He serves as a member of the Professional Support and Standards Board at the Royal College of Radiologists, is past chair of the Communications Committee at the British Society of Interventional Radiologists and incoming chair of the Paediatric IR UK Special Interest Committee.

He has authored over 50 publications and book chapters (www.researchgate.net/profile/Narayan_Karunanithy/).



Dr Leanne Atkin
Vascular Nurse Consultant
Mid Yorkshire Hospitals NHS Trust

Dr Leanne Atkin PhD MHSc RGN is a Research Fellow at University of Huddersfield additionally being Vascular Nurse Consultant at Mid Yorks NHS Trust. She completed her Masters degree in Advanced Nursing Practice 2010 and her PhD in 2017, her research focus was the treatment and management of peripheral arterial disease. Her passions include leg ulcer management, quality agenda, peripheral arterial disease and advanced wound management. She has published over 80 articles related to lower limb ulceration, vascular diseases, wound assessment, and quality of life. Additionally, she is an active researcher running several studies as Chief and Principal investigator and is actively involved in the 'Legs Matter' campaign aiming to raise patient and public awareness of lower limb conditions.



Professor Jo Dumville
Professor of Applied Health Research
The University of Manchester

Jo Dumville is Professor of Applied Health Research at the University of Manchester and an NIHR Senior Investigator. Jo's broad research interests are in epidemiology, evidence-synthesis and evaluation, and she has a long-standing interest in wounds research. Jo was a co-co-ordinating editor of Cochrane Wounds and led the NIHR-HTA funded VenUS Ulcer Study (VenUS) IV. Currently, Jo is leading VenUS 6, the largest venous leg ulcer treatment RCT to be undertaken anywhere. Jo is the deputy lead of the evaluation theme in the NIHR Applied Research Collaboration Greater Manchester and co-leads an NIHR-HSDR funded Rapid Service Evaluation Team called REVAL. She also leads a complex wounds programme within the Manchester Biomedical Research Centre.



Professor Kavita Vedhara
Professor of Health Psychology
Cardiff University

Health psychologist with expertise in the inter-relationships between psychological factors and health and disease outcomes. My research spans three main areas. The first is concerned with psychological influences on the body and this work has shown that negative moods such as stress and depression can make us more vulnerable to infections, including COVID19; can slow the healing of wounds, such as diabetic foot ulcers and venous leg ulcers; and can also make vaccines work less well. The second area is concerned with psychological influences on behaviour and has explored the factors influencing people's engagement with health interventions such as medication adherence, screening, mask wearing and vaccinations. The third area is concerned with interventions and how we can 'harness' the power of these psychological influences to improve the health and well-being of patients and the public.