

# HUMAN ROBOTICS

*robotics of human*  
*robotics for humans*



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# HUMAN MOTOR LEARNING

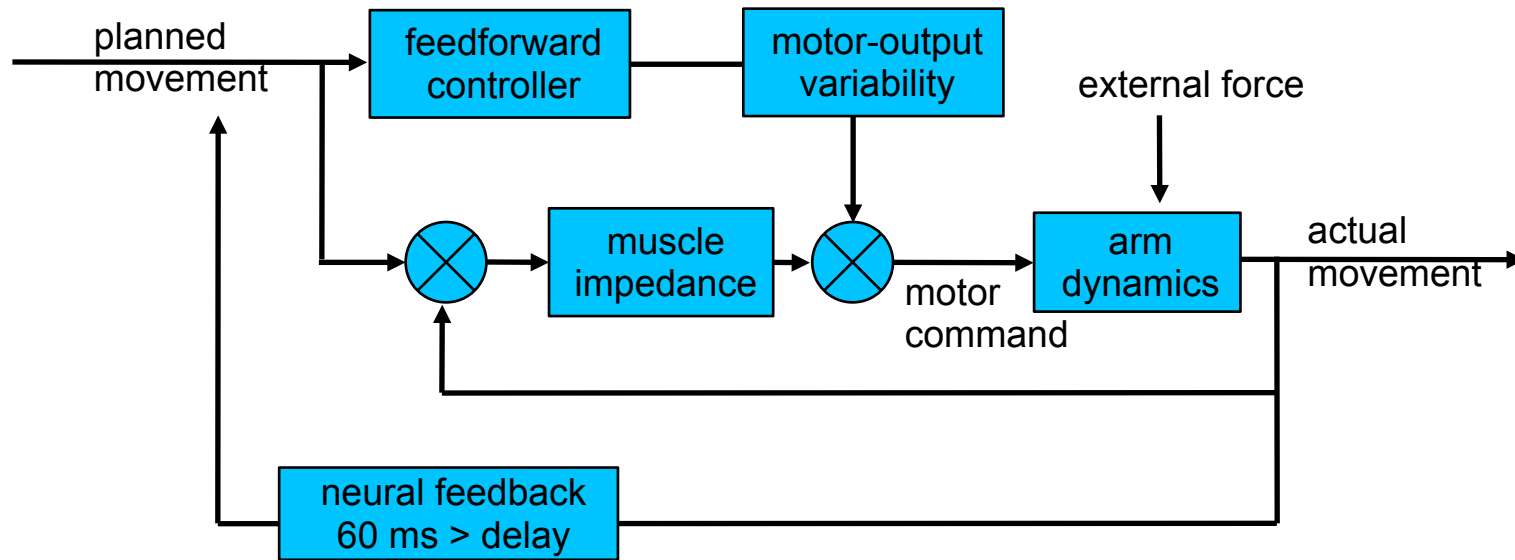
- we constantly need to learn new tasks and adapt to changing conditions, e.g. during infancy or with ageing
- similarities between rehabilitation and motor learning in healthy subjects as a tool to develop efficient rehabilitation strategies



# MOTOR ADAPTATION & MOTION OPTIMISATION

- motor adaptation
- learning of tasks with multiple solutions
- skill learning
- motor learning

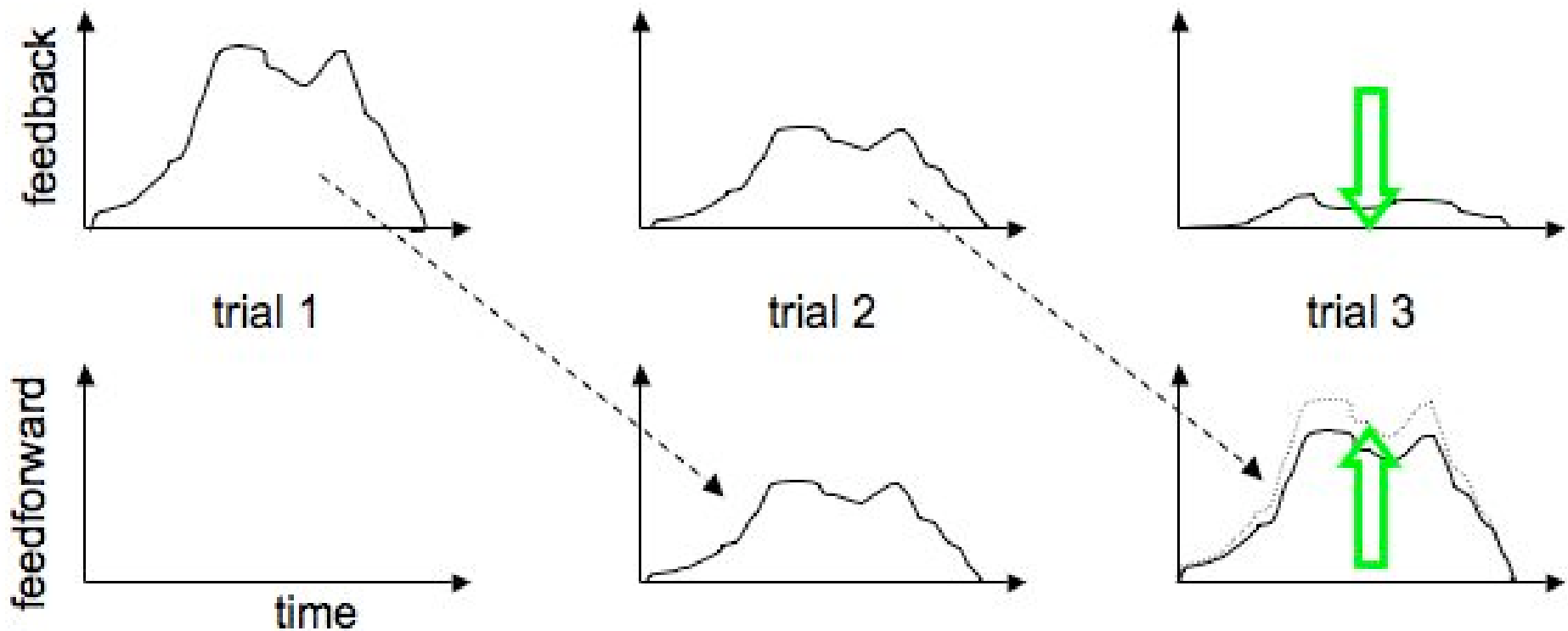
# CONTROL OF HUMAN ARM



- muscle impedance provides stability
  - reflexes generally also contributes to stability
  - neural feedback is too slow and weak to explain fast motion
- > **feedforward controller** using an **inverse model**, which allows suitable commands to be executed

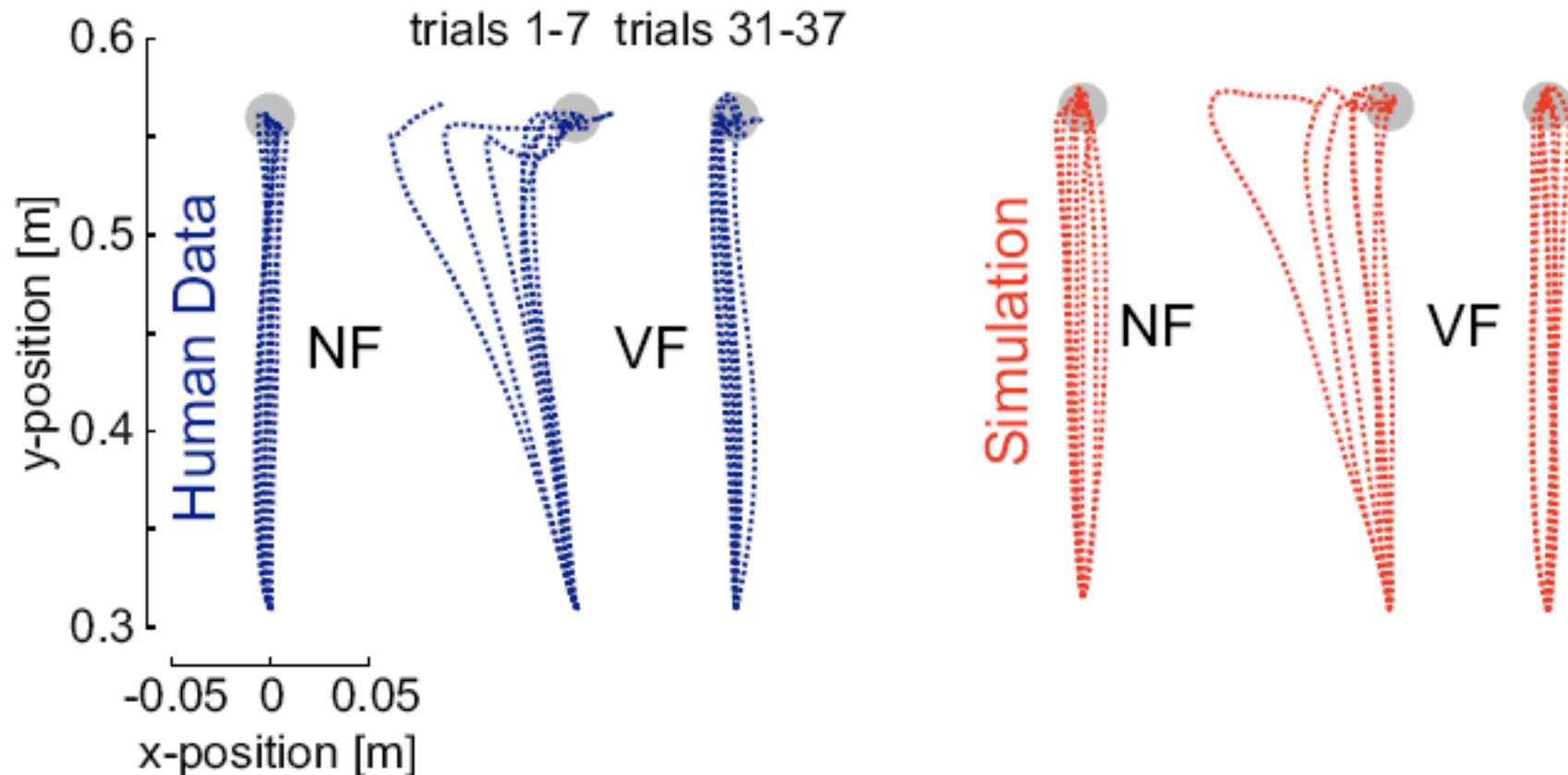


# FEEDFORWARD ADAPTATION THROUGH ITERATIVE CONTROL



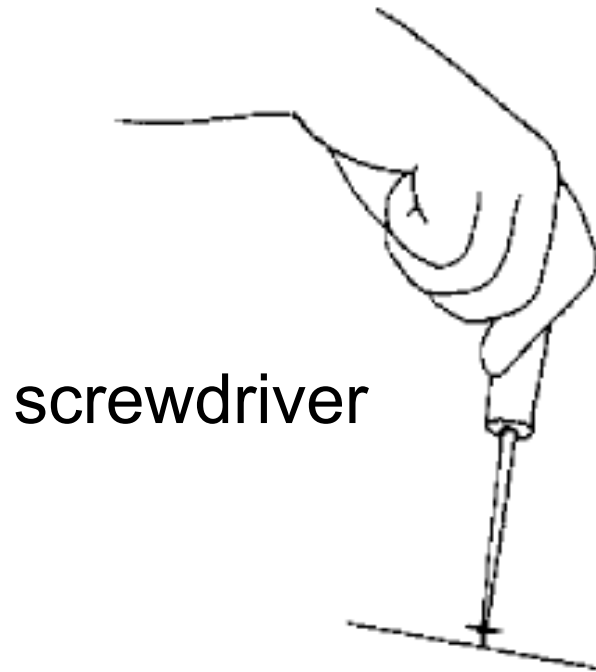
- to repeat a single movement
- feedback enables to follow the trajectory, thus is indicative of the task dynamics
- $\tau_{FF}^{k+1}(t) = \tau_{FF}^k(t) + \alpha \tau_{FB}^k(t)$  ,  $0 < \alpha < 1$

# ITERATIVE CONTROL IN HUMANS



- an efficient computational model of motor learning with good predictions
- valid for a single repeated movement

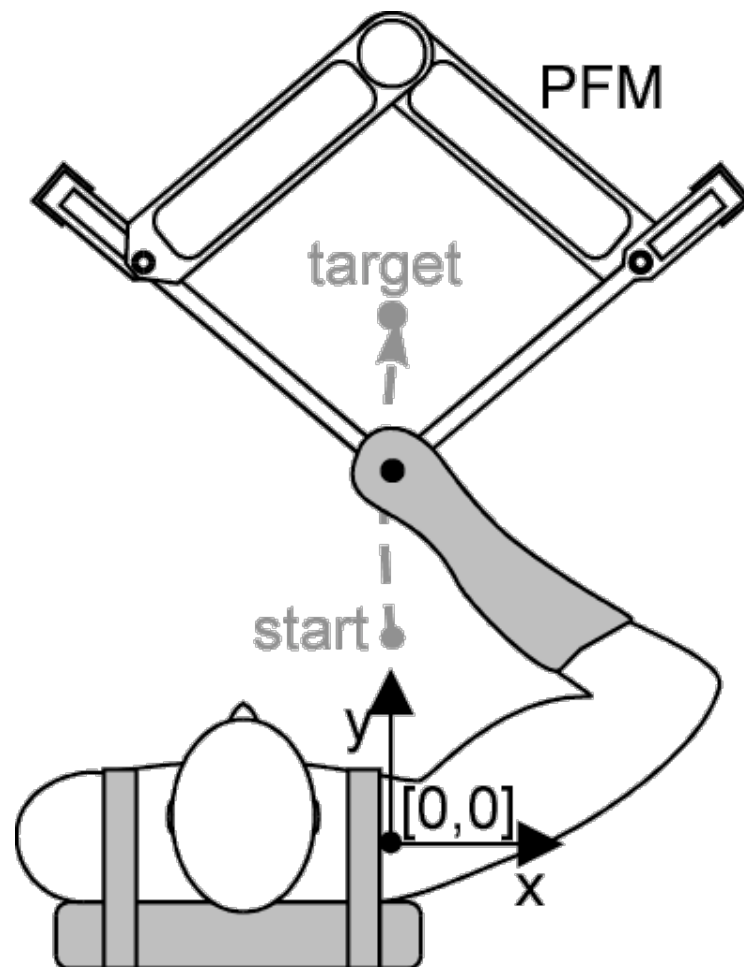
# ADAPTATION IN UNSTABLE DYNAMICS



- in unstable tasks typical of tool use, motor variability leads to errors and unpredictability
- this requires to compensate for the interaction force and instability

# TO INVESTIGATE ADAPTATION IN UNSTABLE DYNAMICS

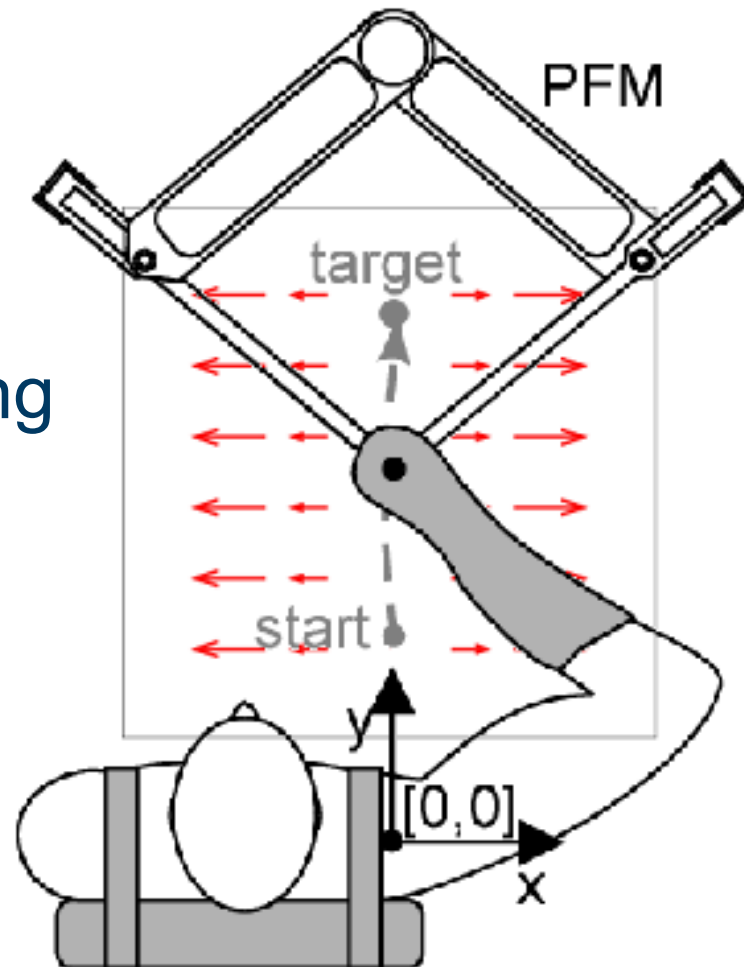
- human subjects perform point to point movements with the hand attached to a powerful robotic interface



# TO INVESTIGATE ADAPTATION IN UNSTABLE DYNAMICS

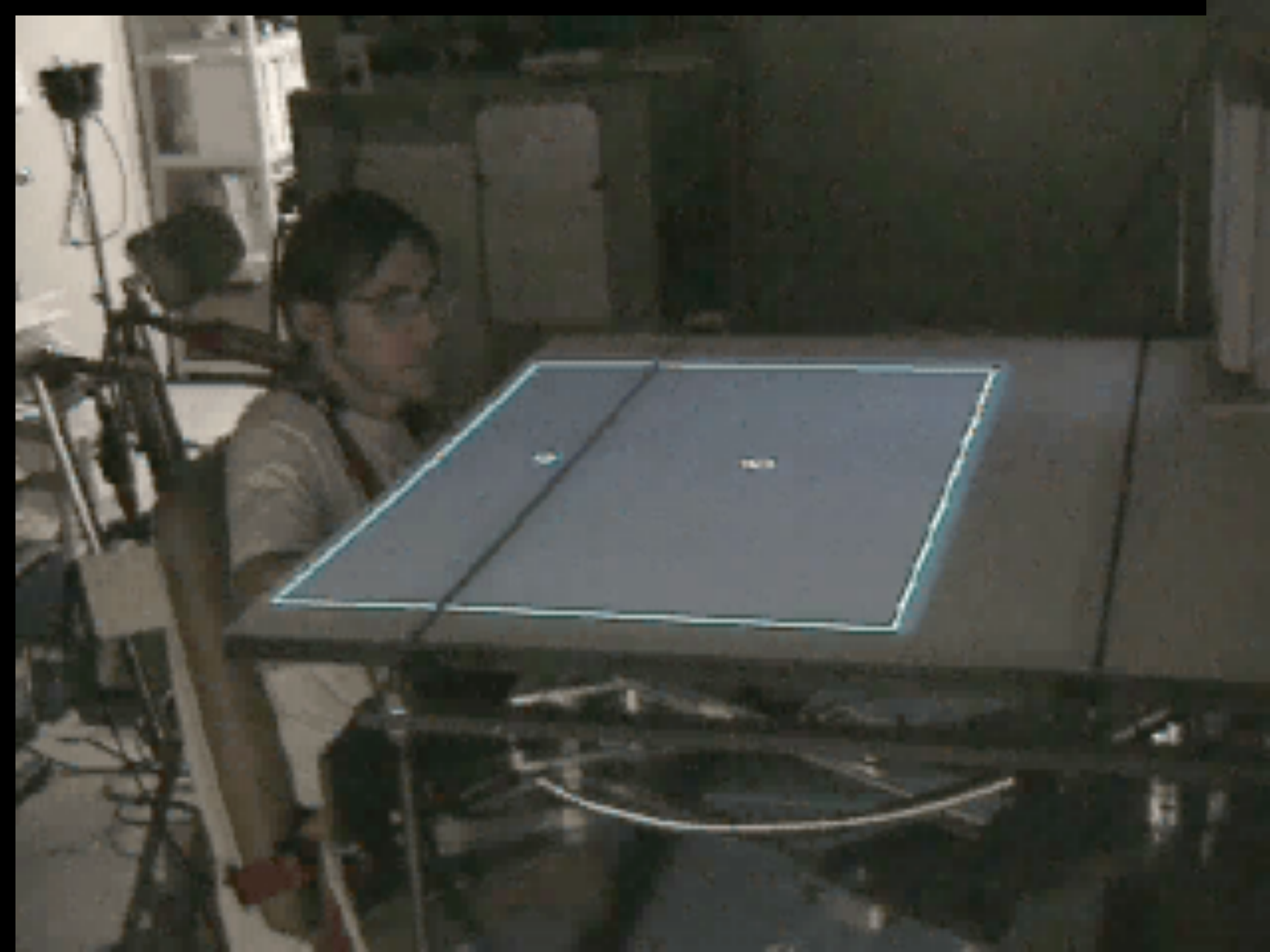
- human subjects perform point to point movements with the hand attached to a powerful robotic interface

- forces diverting  
to left

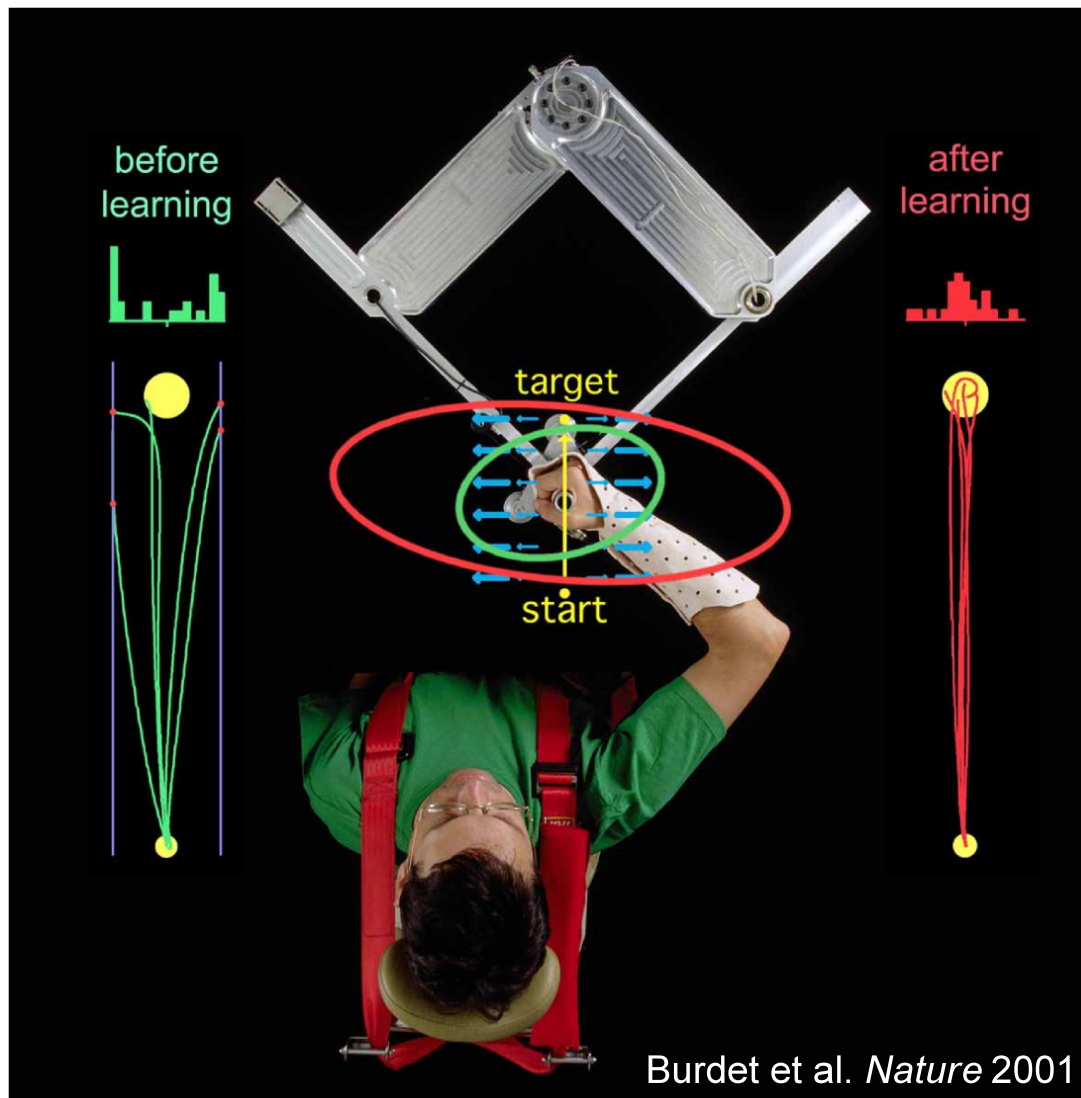


or to right





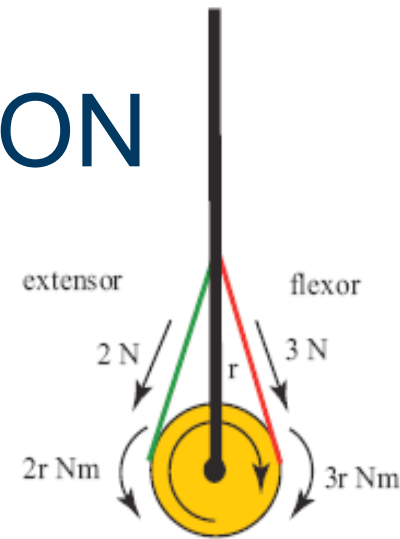
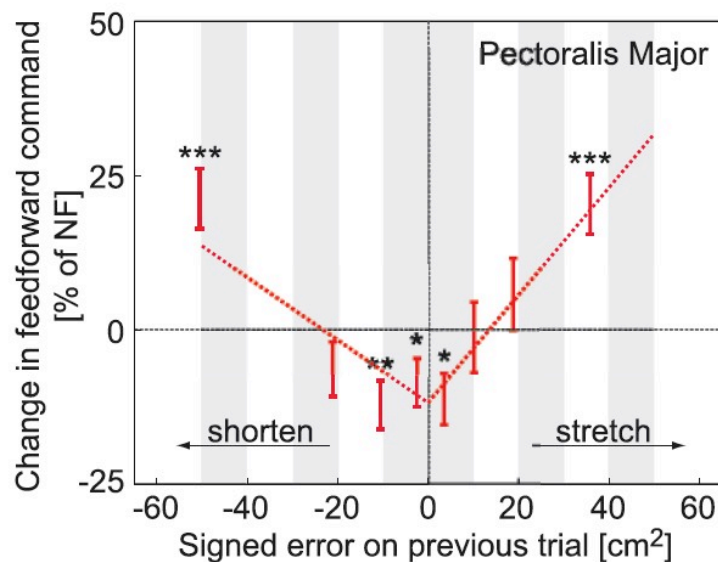
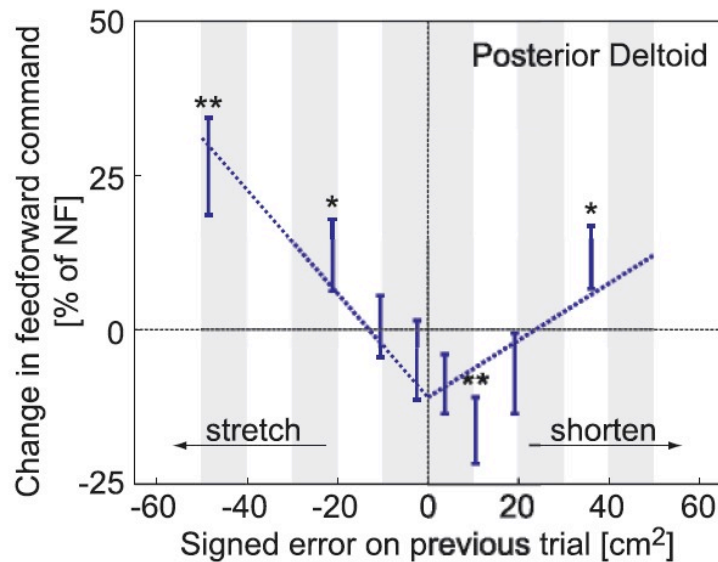
# LEARNING OF FORCE AND ELASTICITY



with learning:

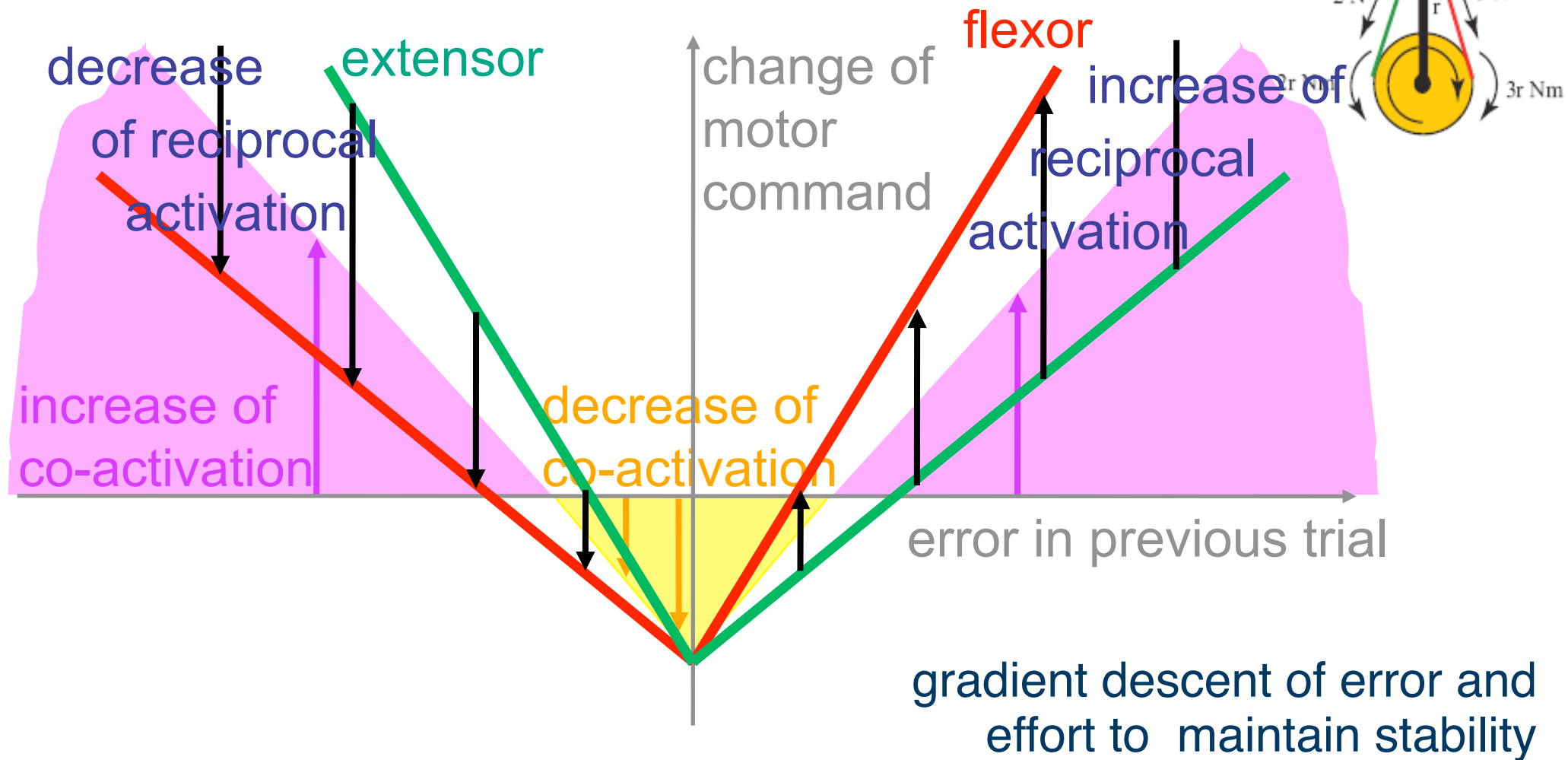
- feedforward compensates for the interaction with the environment
- stiffness increases to counteract the instability

# PRINCIPLES OF MOTOR ADAPTATION



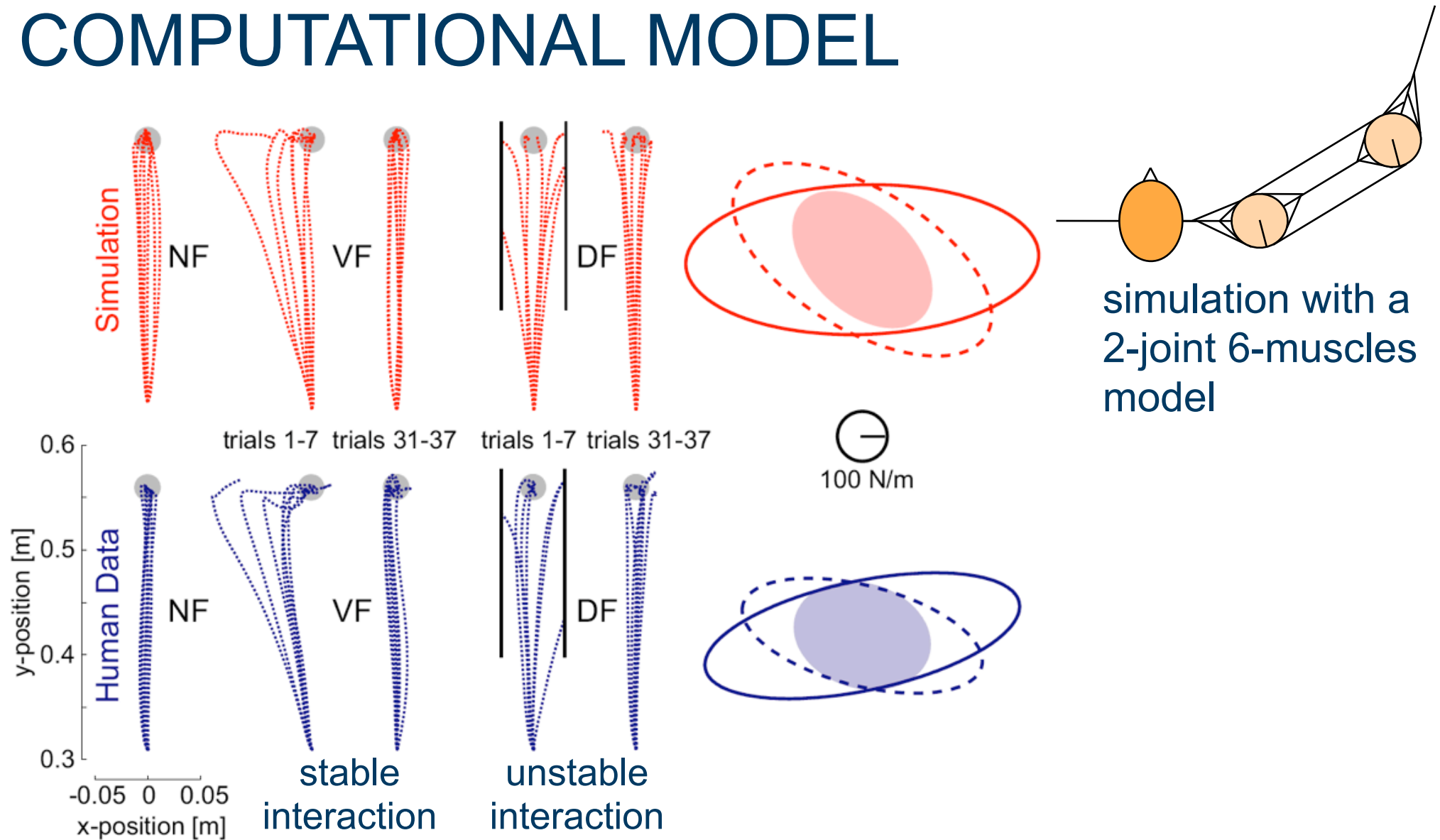
- learning in a muscle space
- feedforward increases with the muscle stretch in previous trial
- it also increases with antagonist muscle stretch
- and decreases when the error is small

# ALGORITHM FOR TRIAL-BY-TRIAL LEARNING



$$V(t) \equiv \alpha e^2(t) + \beta u^2(t), \quad \alpha, \beta > 0$$

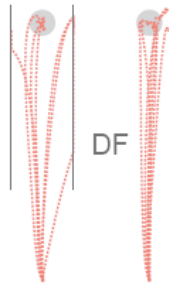
# COMPUTATIONAL MODEL



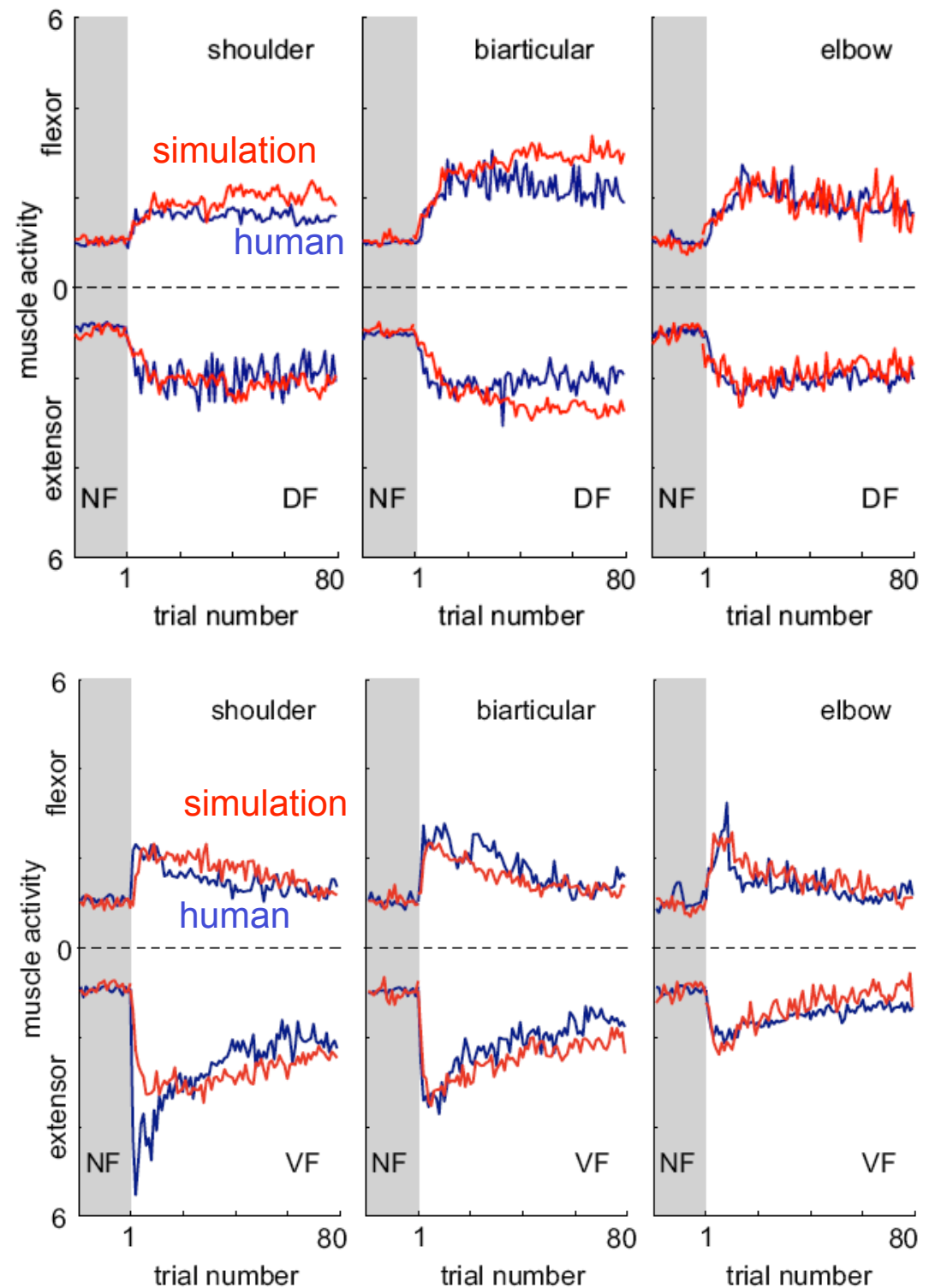
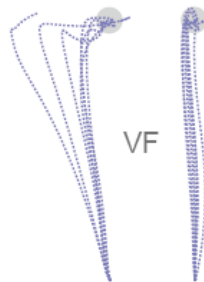
this simple algorithm can stabilise unstable dynamics and reproduce the adaptation observed in experiments



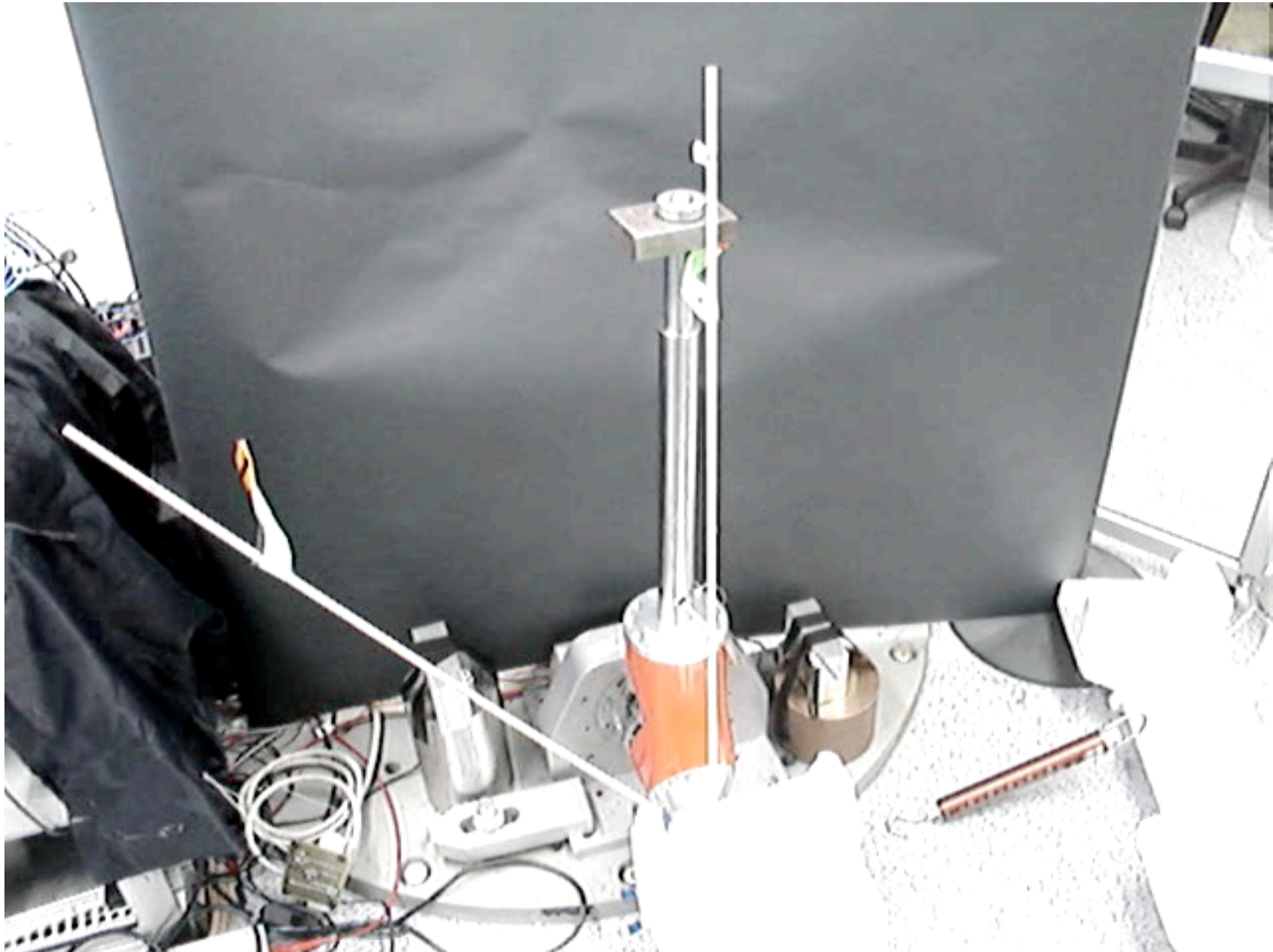
# EVOLUTION OF ACTIVATION



the model predicts the trial-by-trial changes of muscle activation

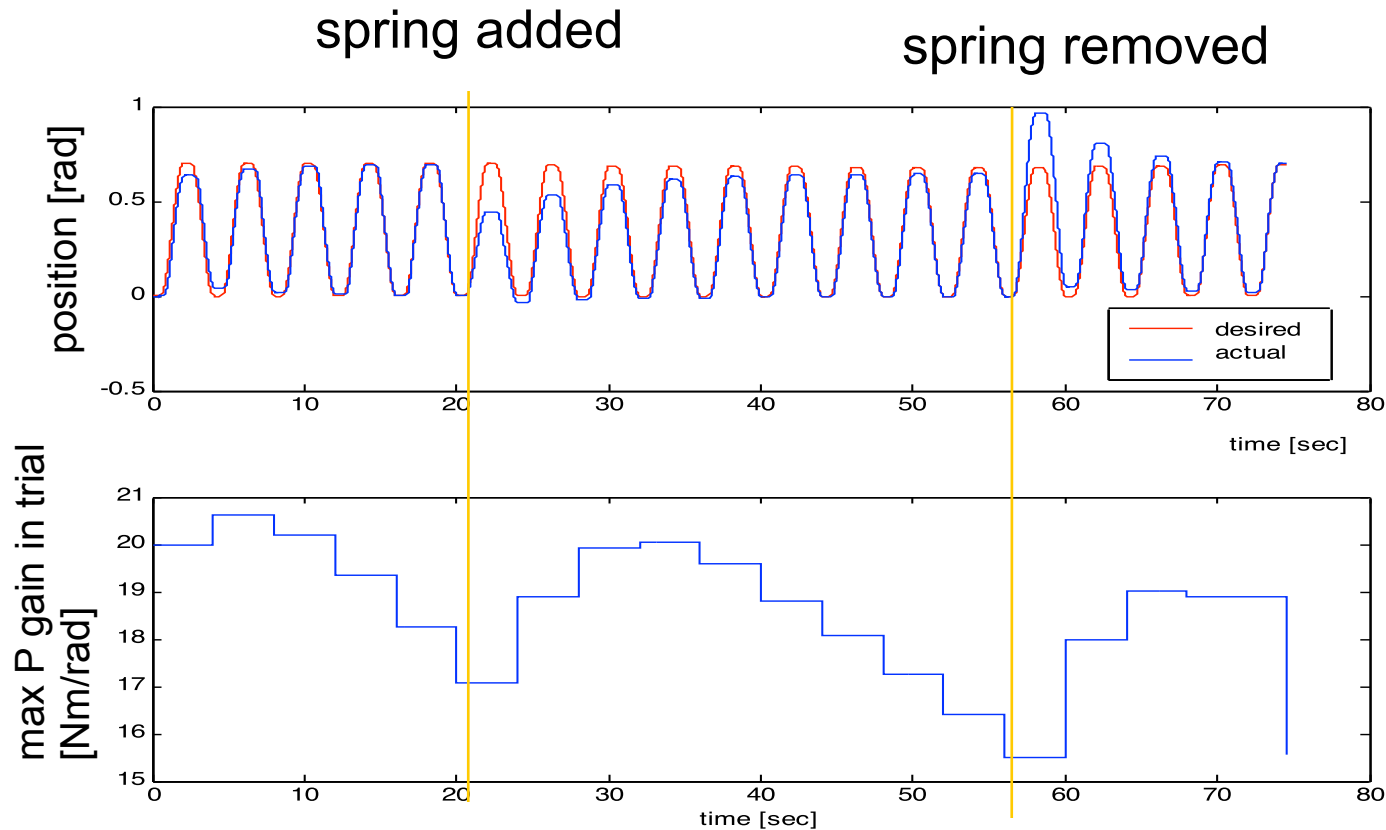


# LEARNING: FROM HUMAN TO ROBOT



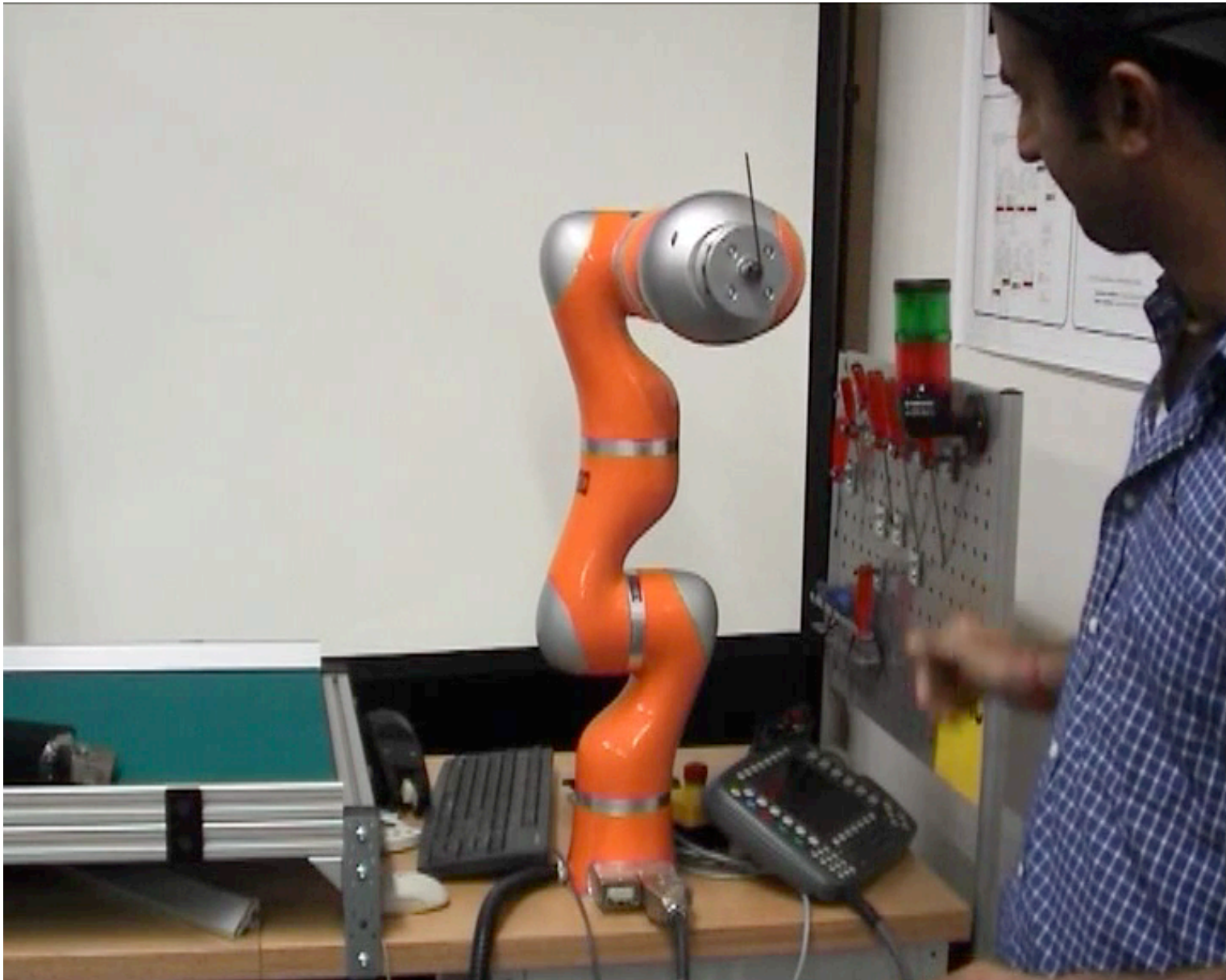
[Yang, Ganesh et al. 2011 IEEE T Robotics]

# BIOMIMETIC STIFFNESS EVOLUTION



in the presence of external disturbance the robot increases its impedance, learns and then reduces the impedance again

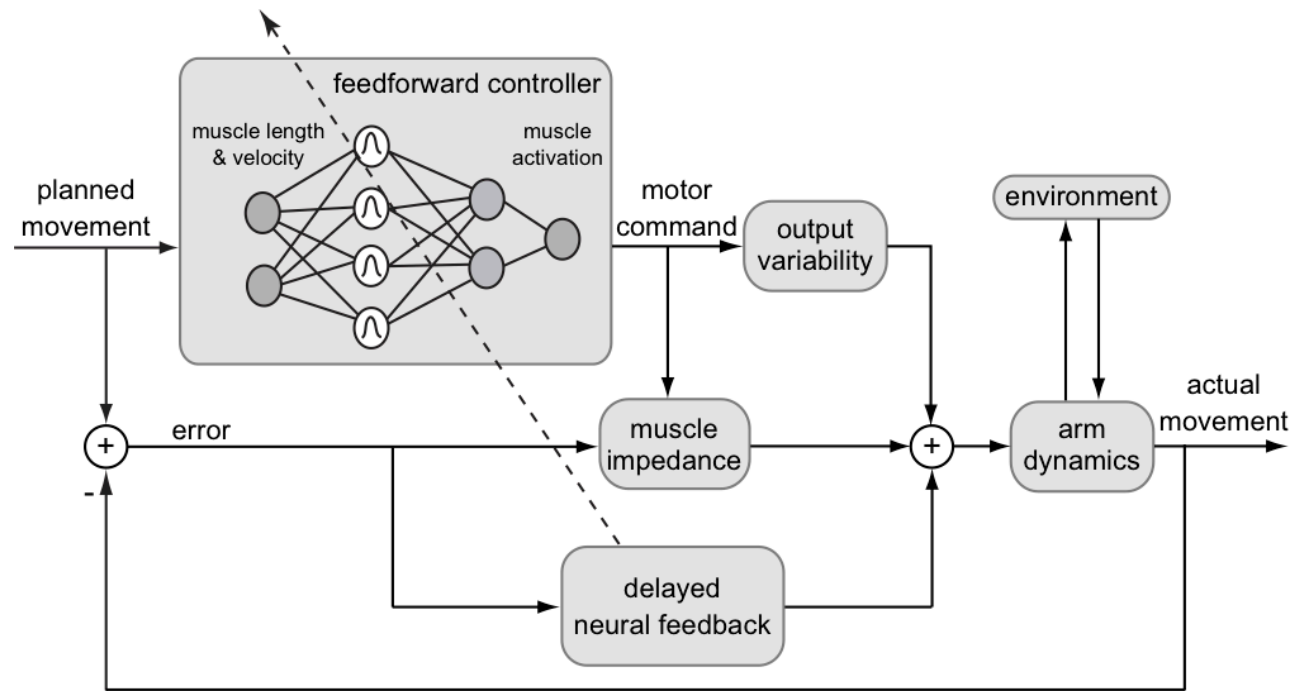
# LEARNING: FROM HUMAN TO ROBOT



[Yang, Ganesh et al. 2011, IEEE T Robotics]

# GENERALISATION

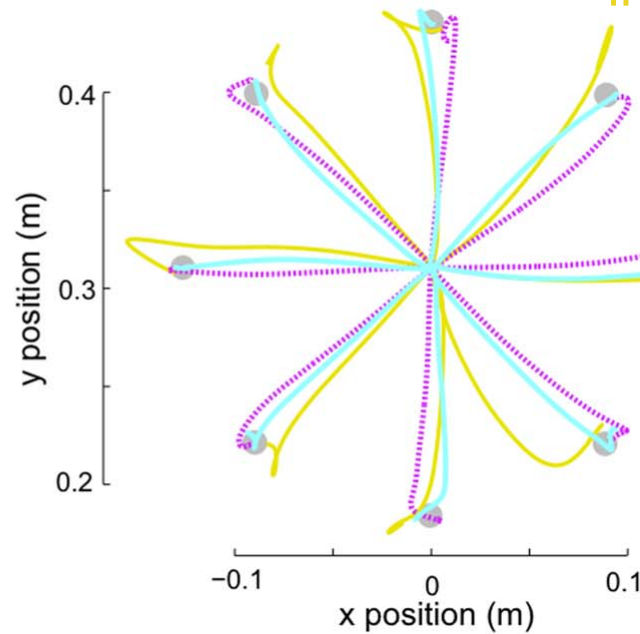
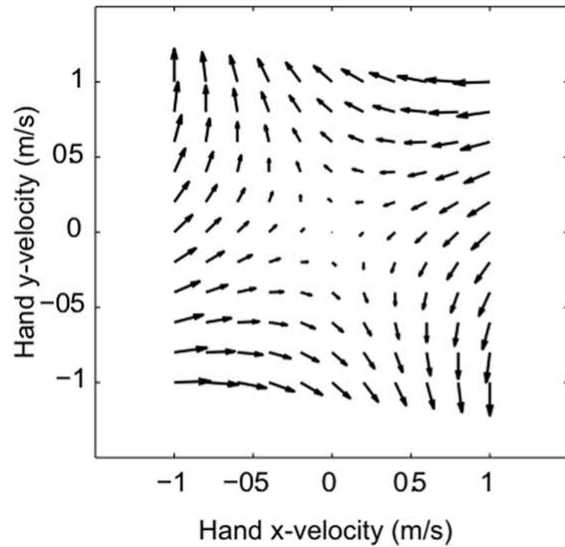
- iterative control can learn only along a single trajectory



- to learn performing several distinct movements, use as inverse model a mapping of the state
- artificial neural network to map the state to the required muscle activations



# GENERALISATION



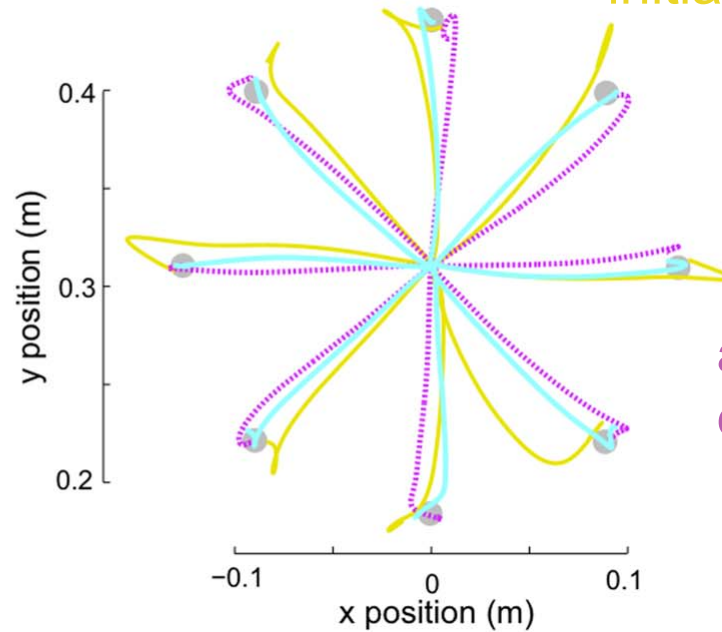
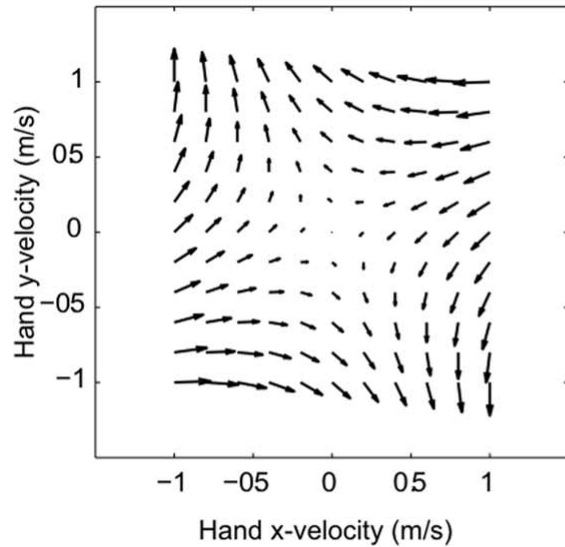
before-effects trials:  
initial effect of force field

after learning trials

after-effects trials:  
effect of motor memory

# GENERALISATION

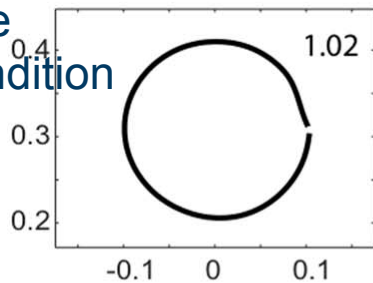
before-effects trials:  
initial effect of force field



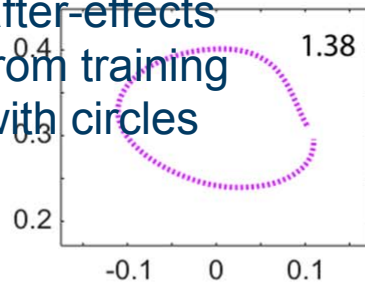
after learning trials

after-effects trials:  
effect of motor memory

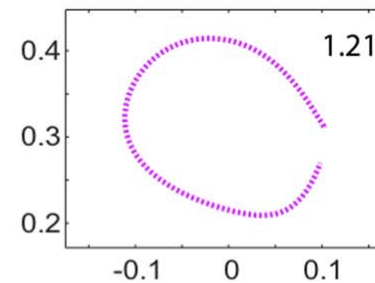
free  
condition



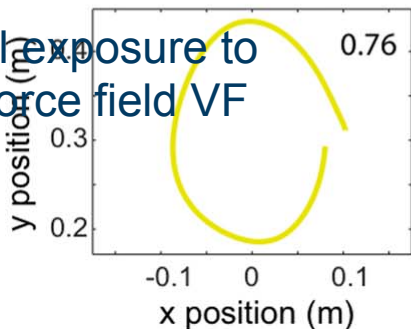
after-effects  
from training  
with circles



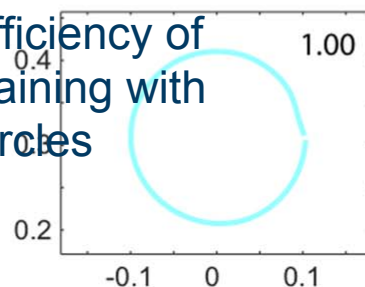
after-effects  
from training  
with reaching  
movements



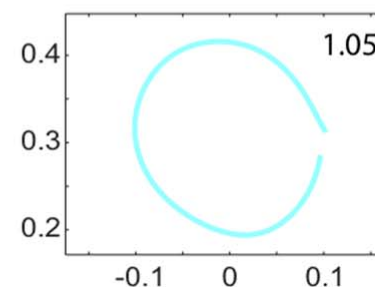
initial exposure to  
the force field VF



efficiency of  
training with  
circles



transfer of  
learning from  
reaching  
movements



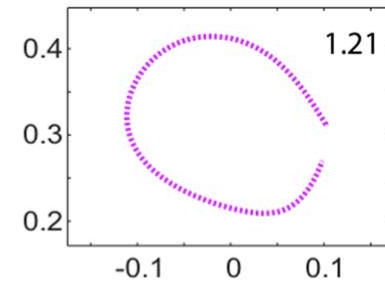
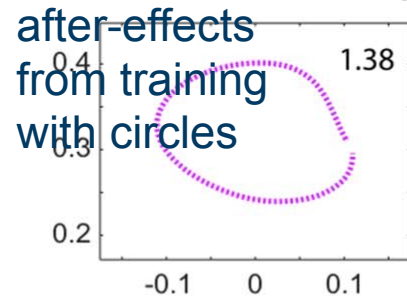
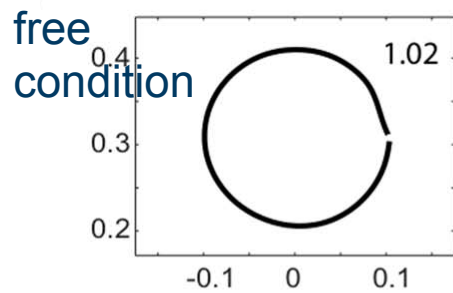
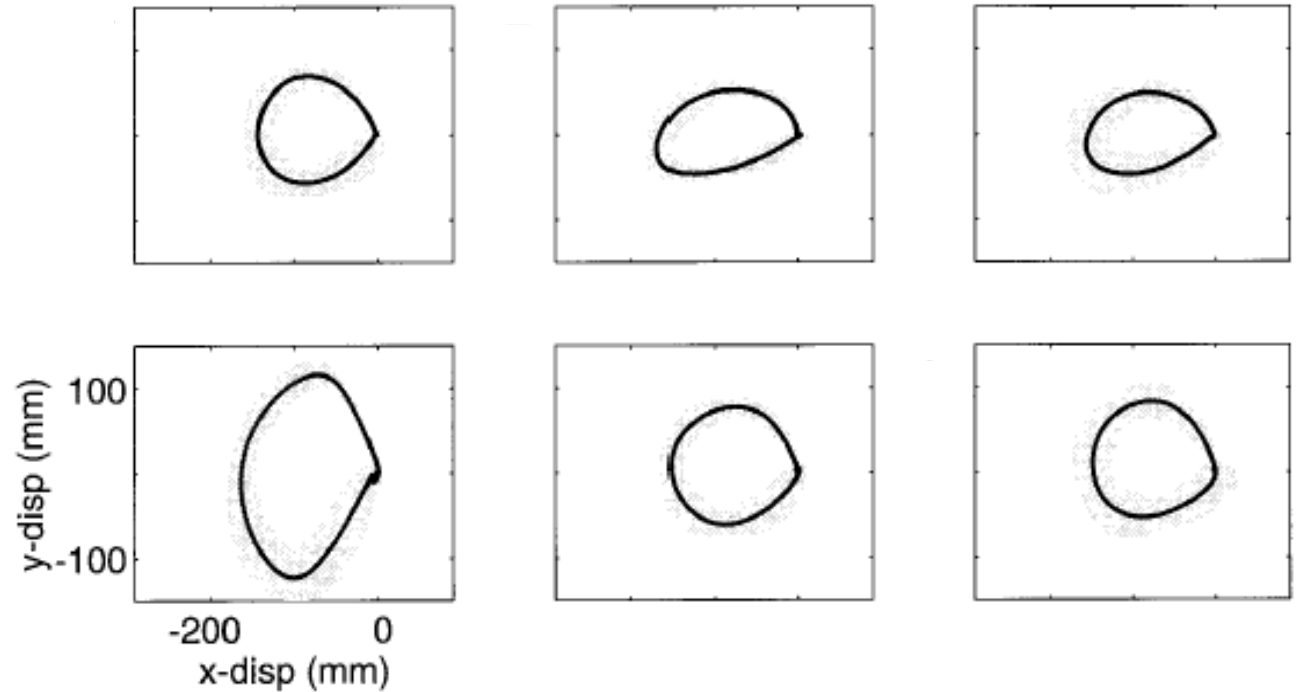
learning on circle

learning on reaching

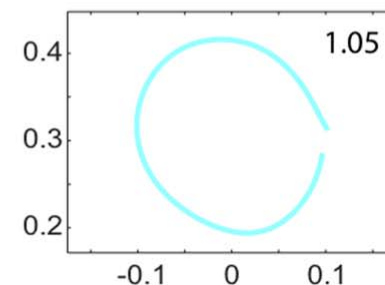
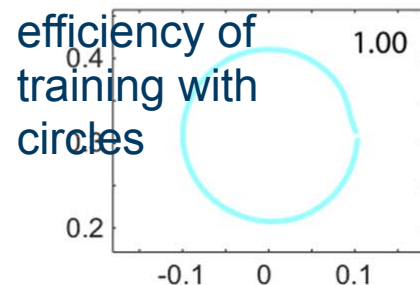
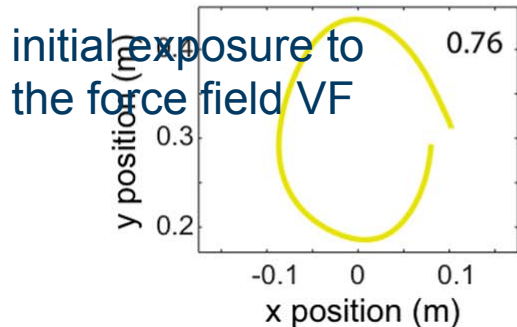
[Kadiallah et al.,  
PLoS ONE 2012]

# GENERALISATION

[Conditt et al. 1998 J Neurophysiology]



after-effects from training with reaching movements



transfer of learning from reaching movements

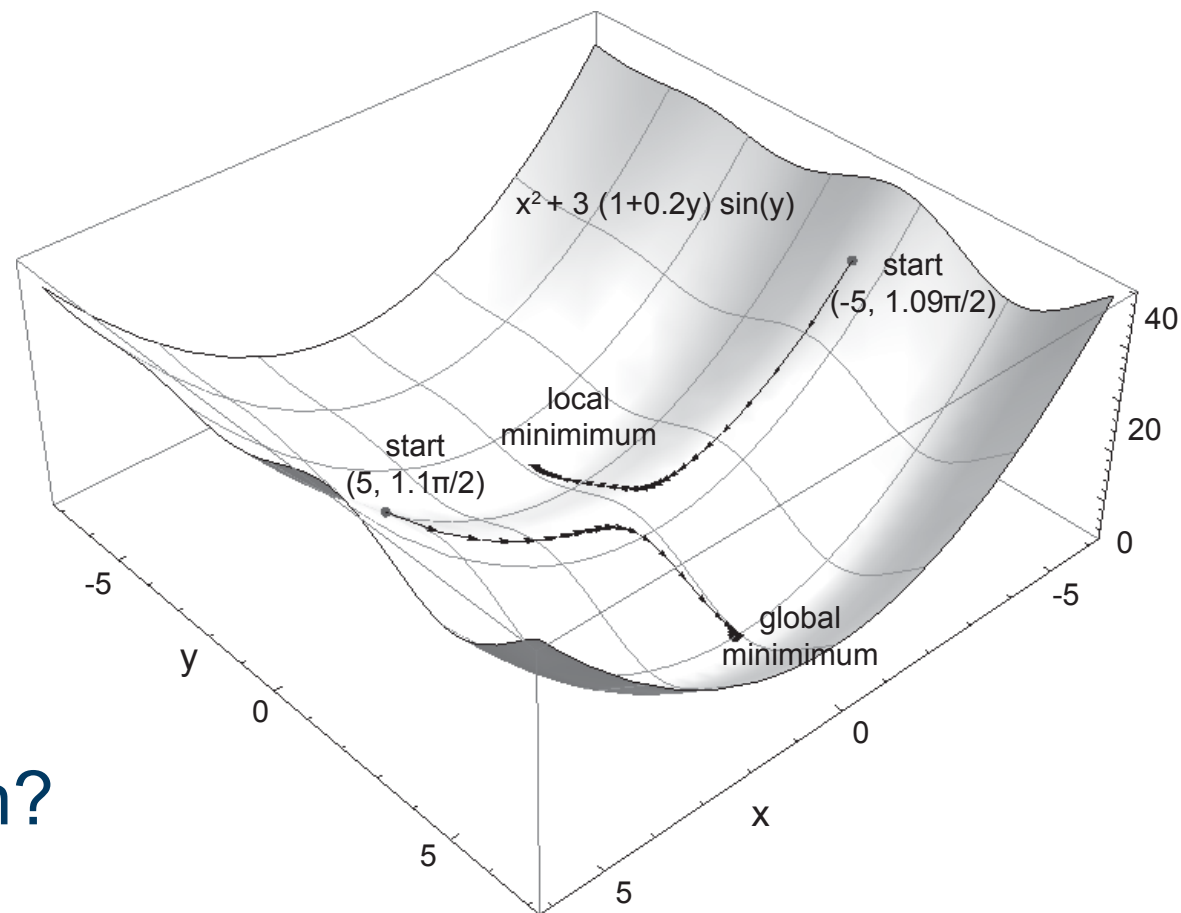
learning on circle

learning on reaching

[Kadiallah et al., PLoS ONE 2012]

We have described human motor adaptation

- which happens in an automatic way
- both in healthy and (some) impaired subjects
- this corresponds to local optimisation



How do humans deal  
with global optimisation?

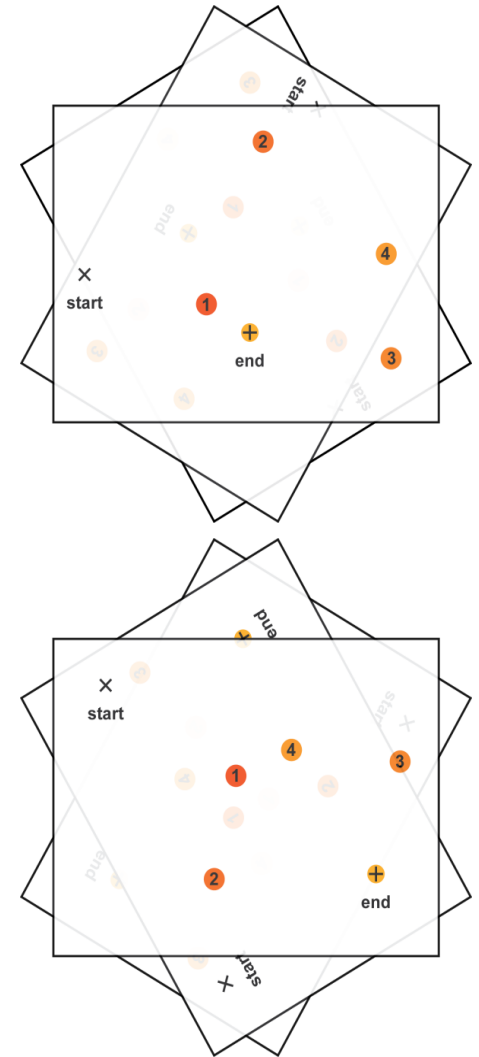
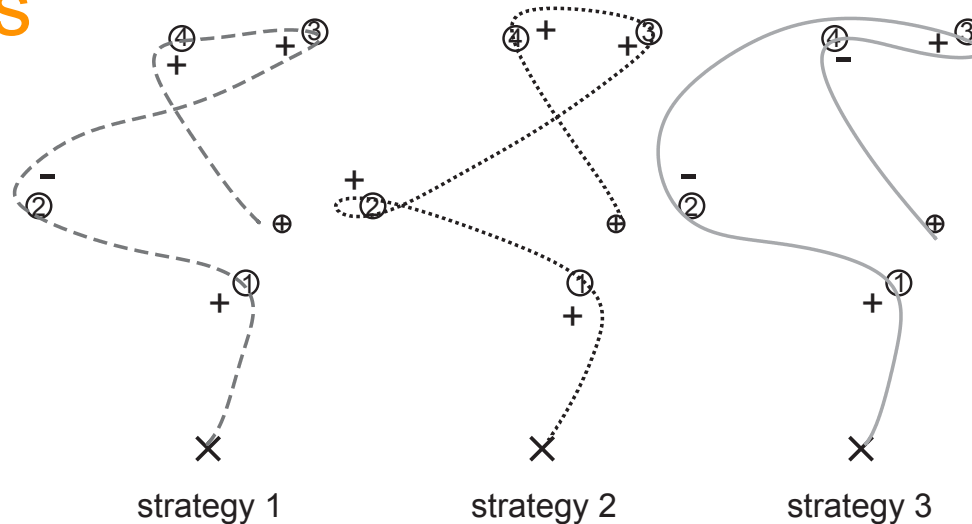
# LEARNING IN TASKS WITH MULTIPLE SOLUTIONS

- tasks of daily life can be carried out using several strategies
- however motor control research has focused on tasks with a single minimum of error and effort
- how do human deal with tasks with multiple solutions?

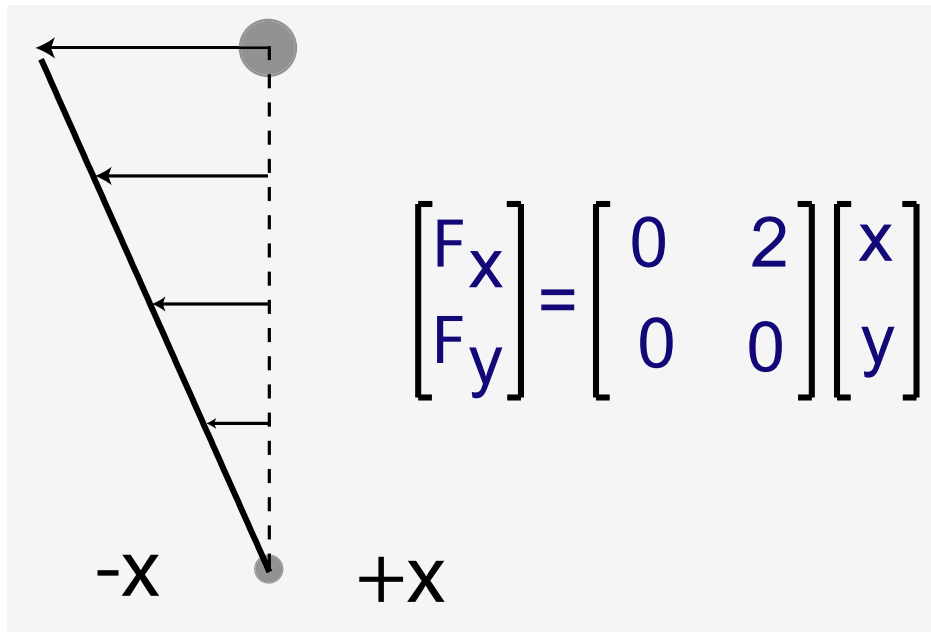


# A TASK WITH MULTIPLE SOLUTIONS

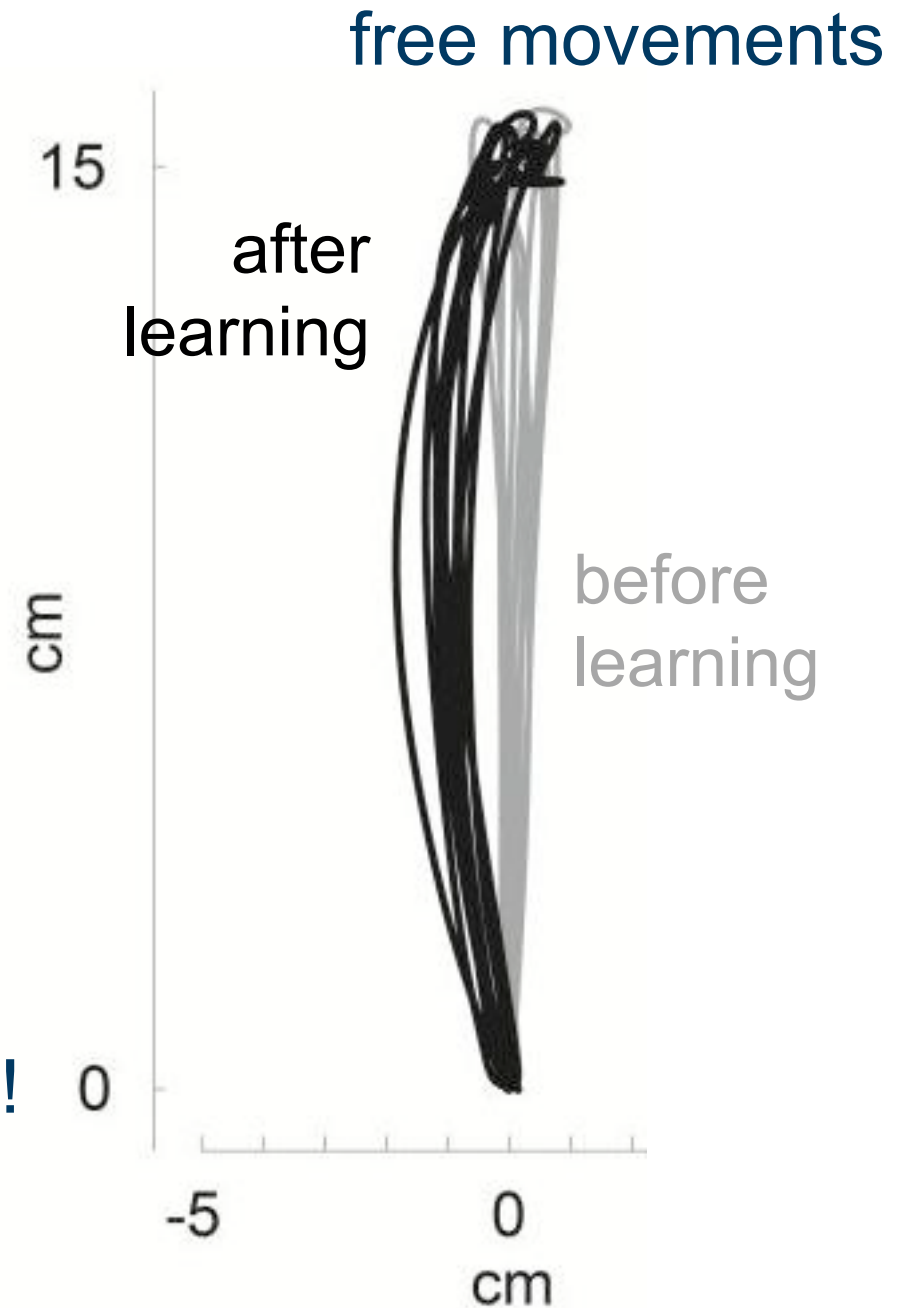
- task: go through a sequence of via-point “as fast and accurate as possible”
- 2 setups in 3 orientations
- subjects randomly use **multiple strategies**



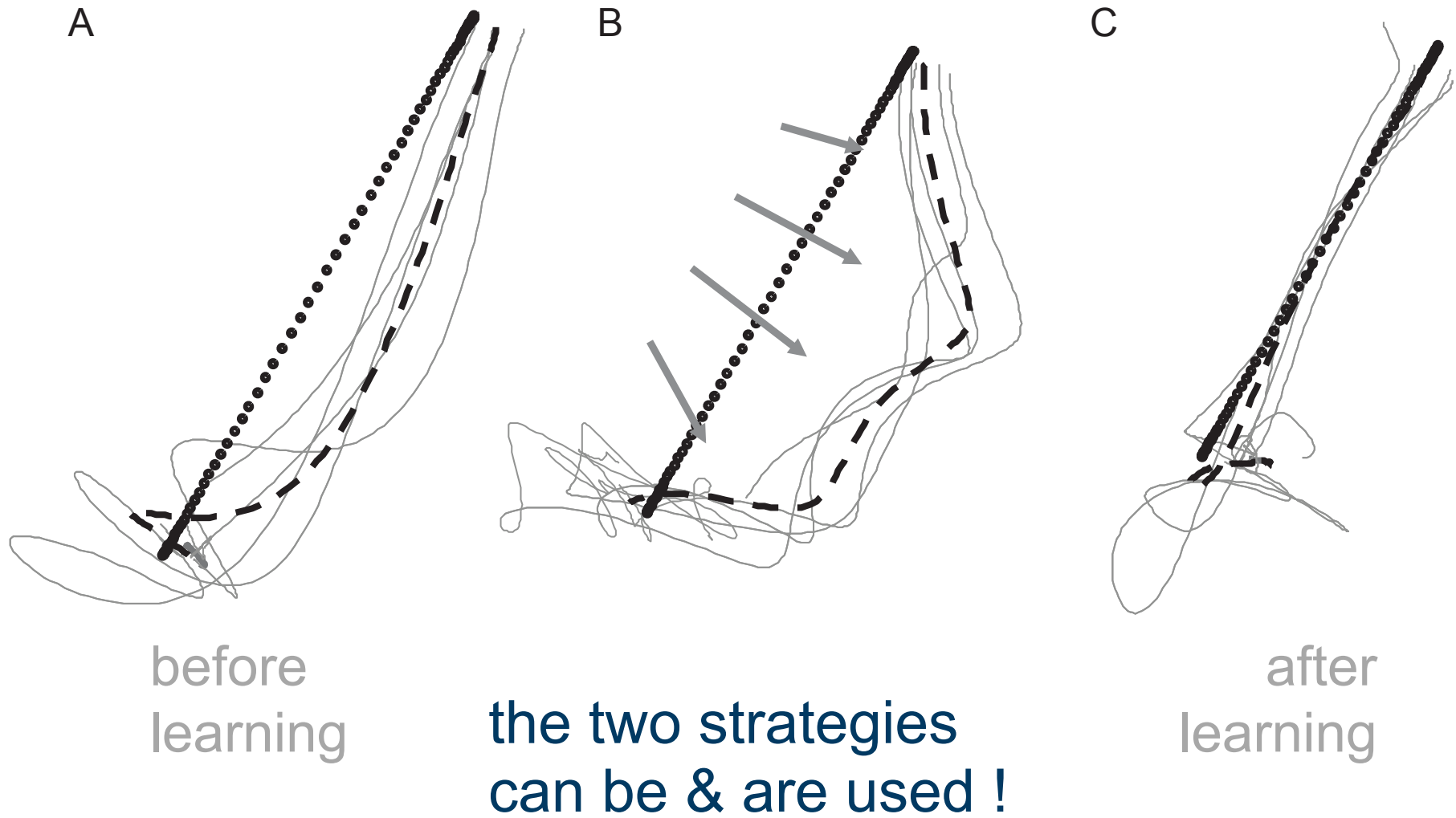
# EVEN SIMPLE TASKS HAVE MULTIPLE SOLUTIONS



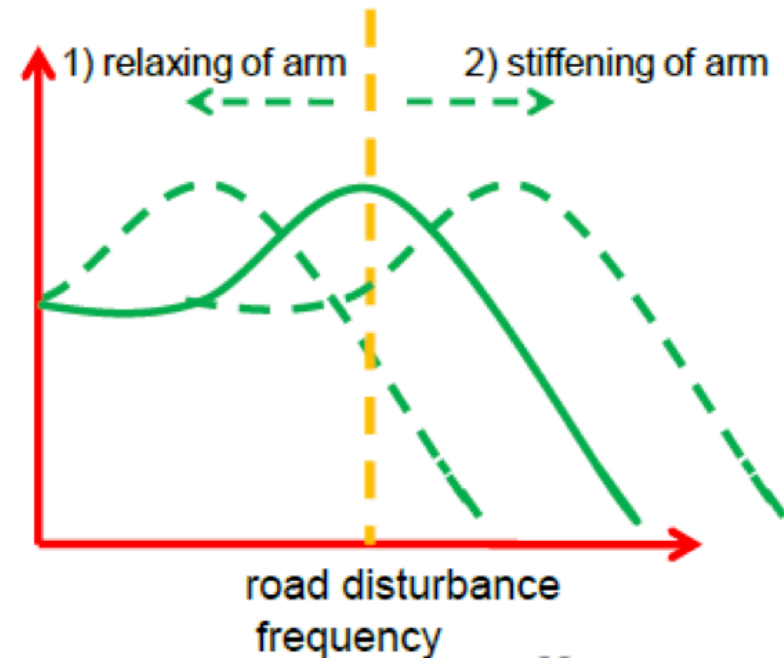
the two strategies  
can be & are used !



# EVEN SIMPLE TASKS HAVE MULTIPLE SOLUTIONS



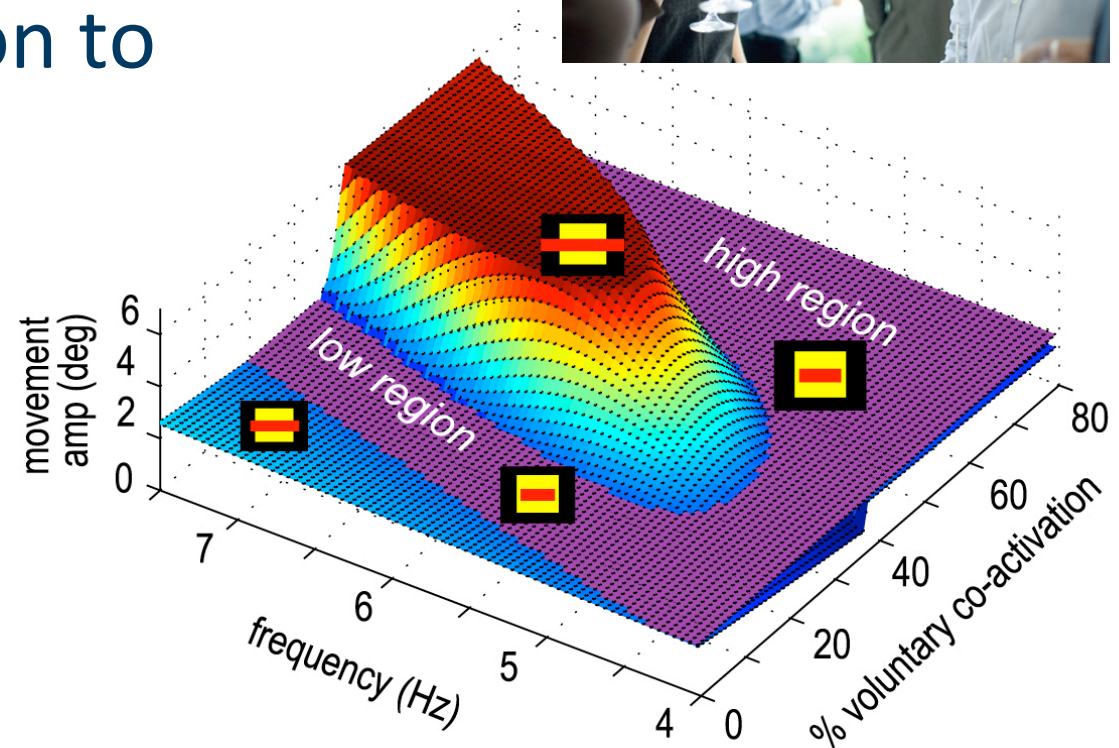
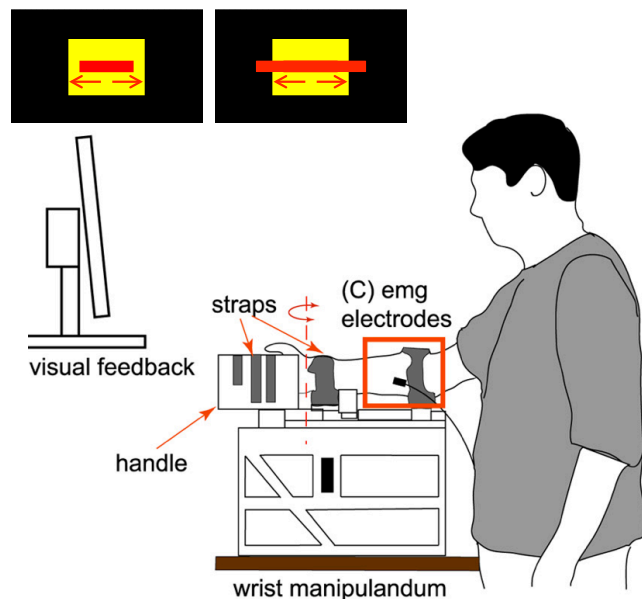
# A “REAL” TASK WITH MULTIPLE SOLUTIONS



- how to attenuate disturbances from road?
- one can stiffen or relax the arms to stay away from the resonance frequency

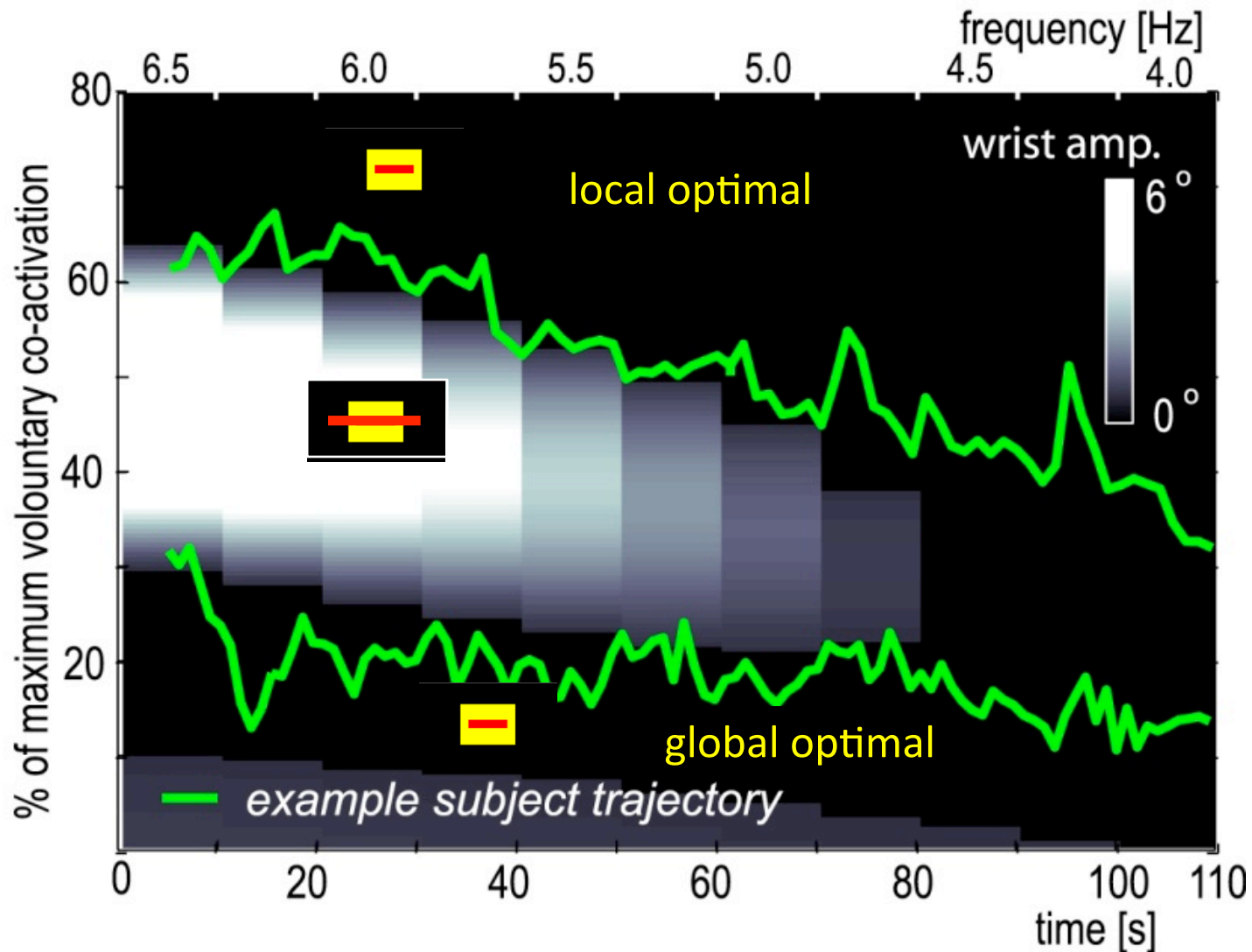
# HOW DO HUMANS SELECT A STRATEGY?

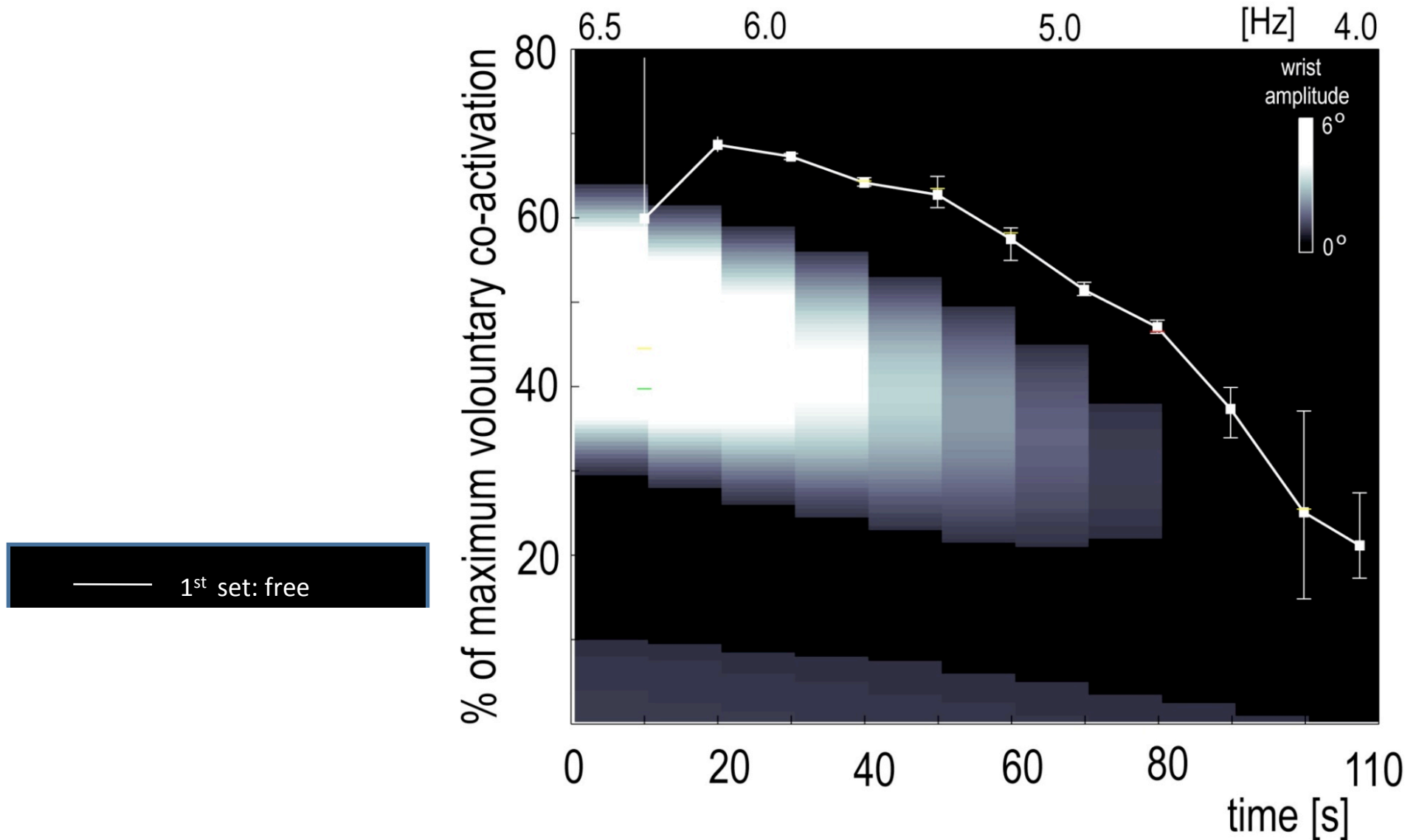
task: control co-activation to attenuate the effect of a sinusoidal disturbance



[Ganesh et al. 2010 J Neurophysiology]

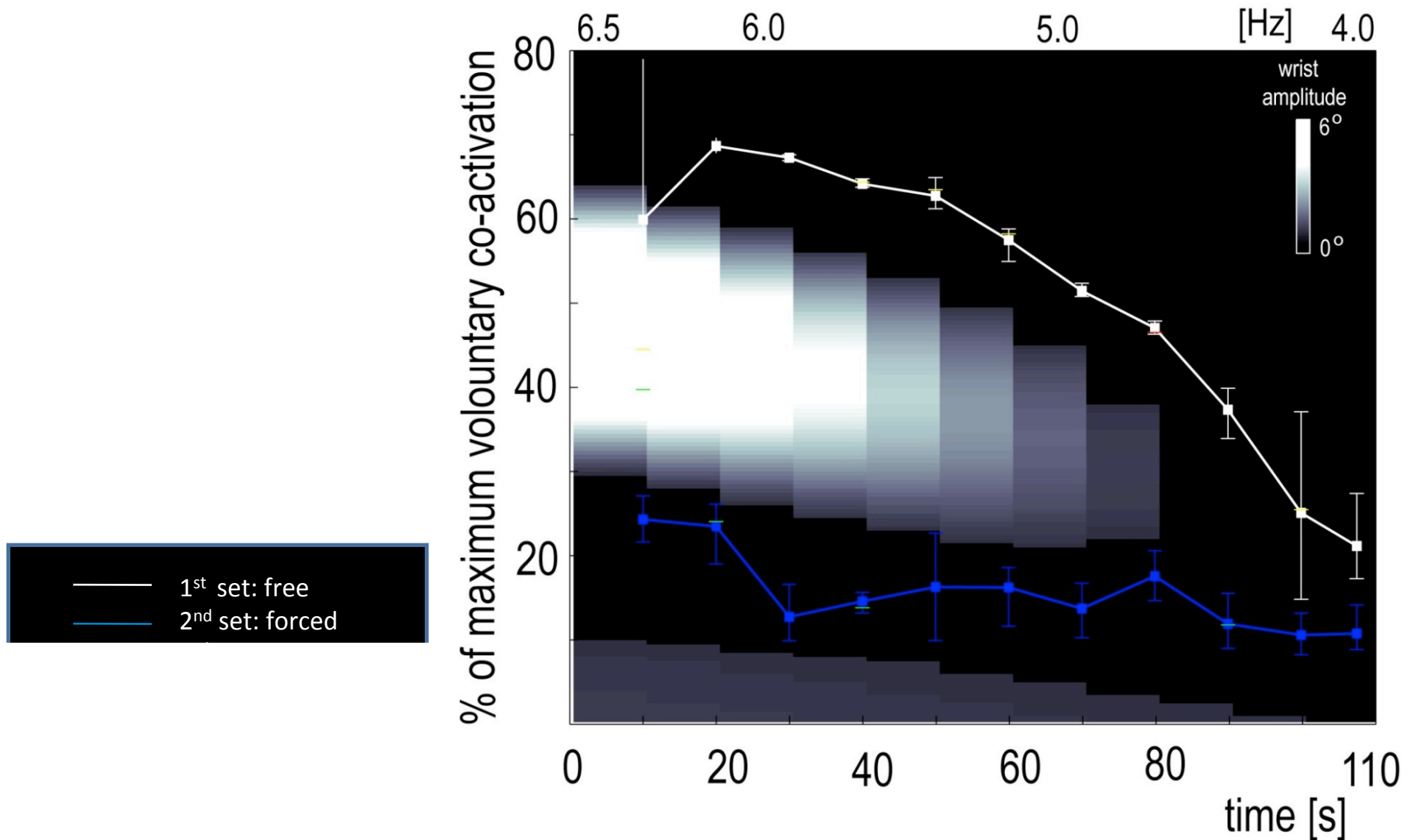
# HOW DO HUMANS SELECT A STRATEGY?



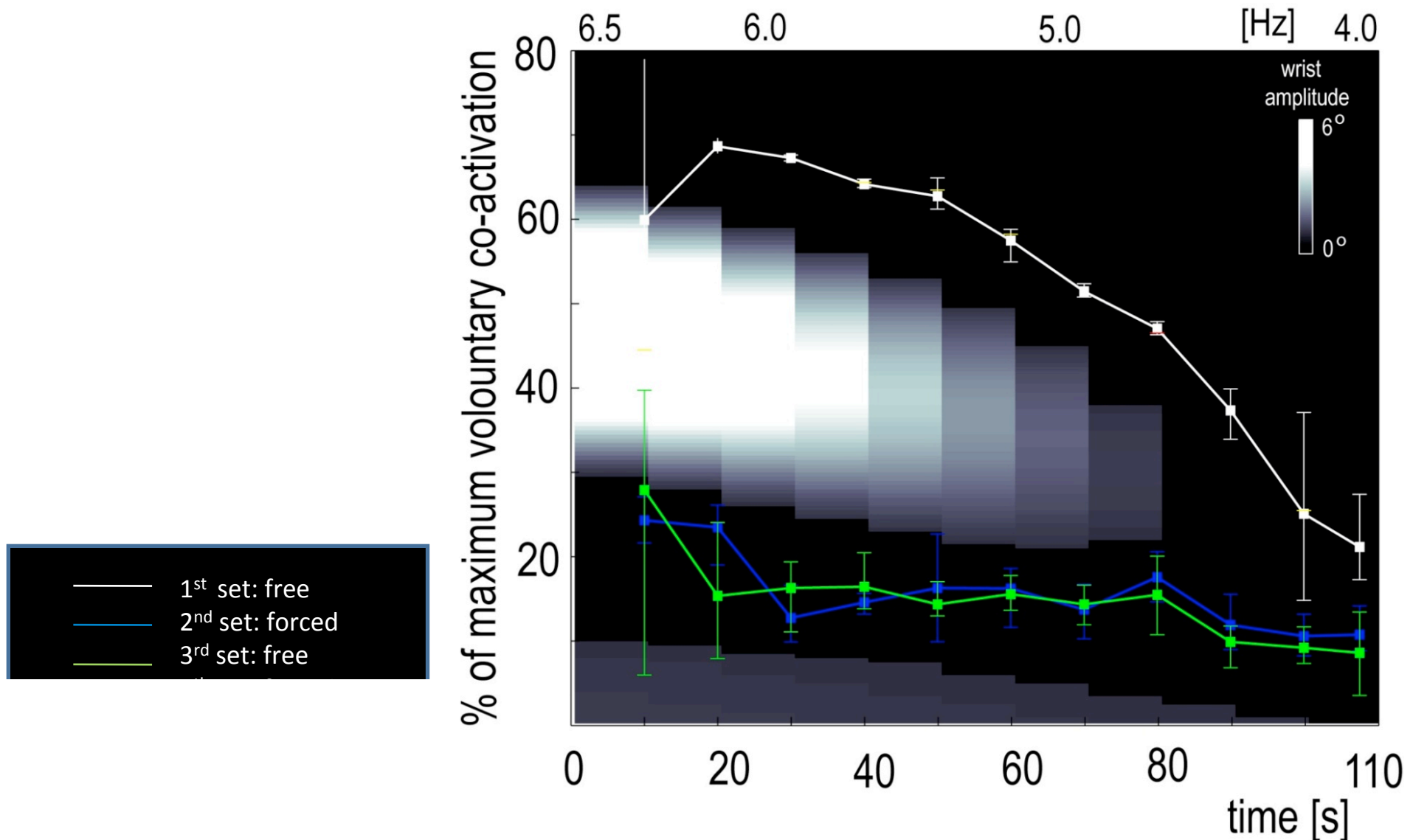


- in the first trial (white line), 5 subjects prefer the low stiffness area and 5 the high area



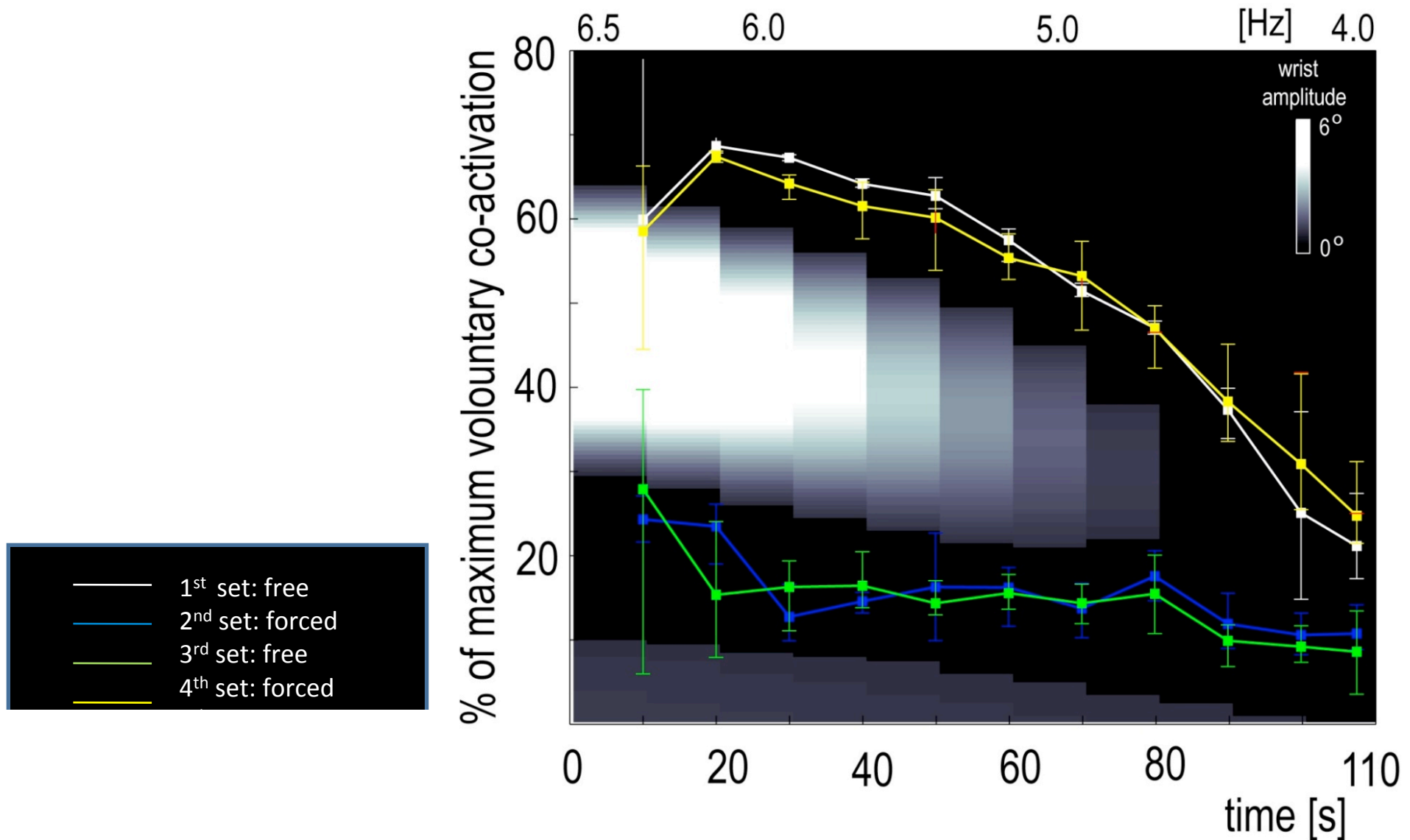


- when ‘forced’ to the other region (red) they change their preference

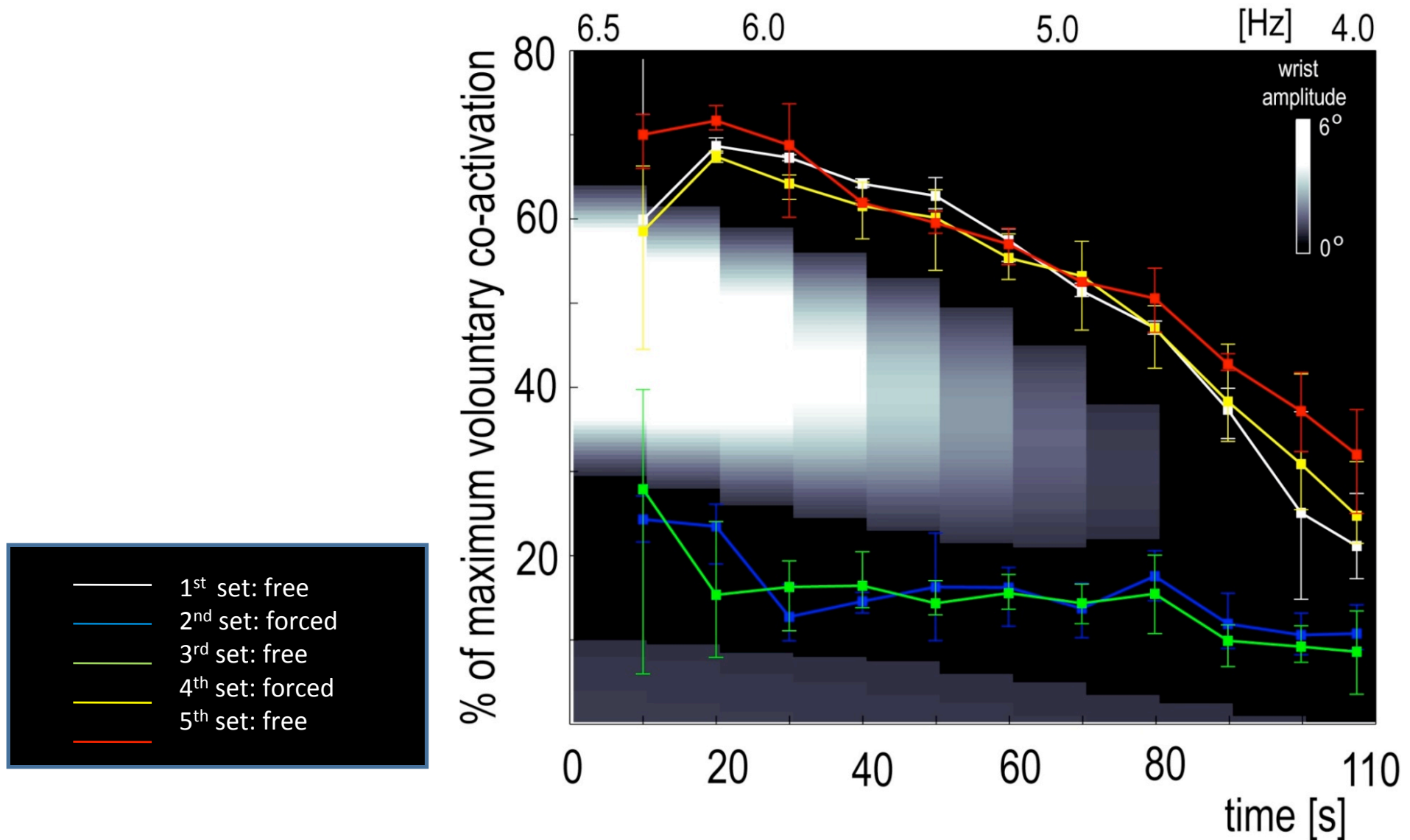


- when 'forced' to the other region (red) they change their preference
- ...and **all** the successive 'free' trials (blue) then follow the 'forced' trajectory

[Ganesh et al. 2010 J Neurophysiology]



- on being 'forced' back (yellow), their movements return to the original trajectory



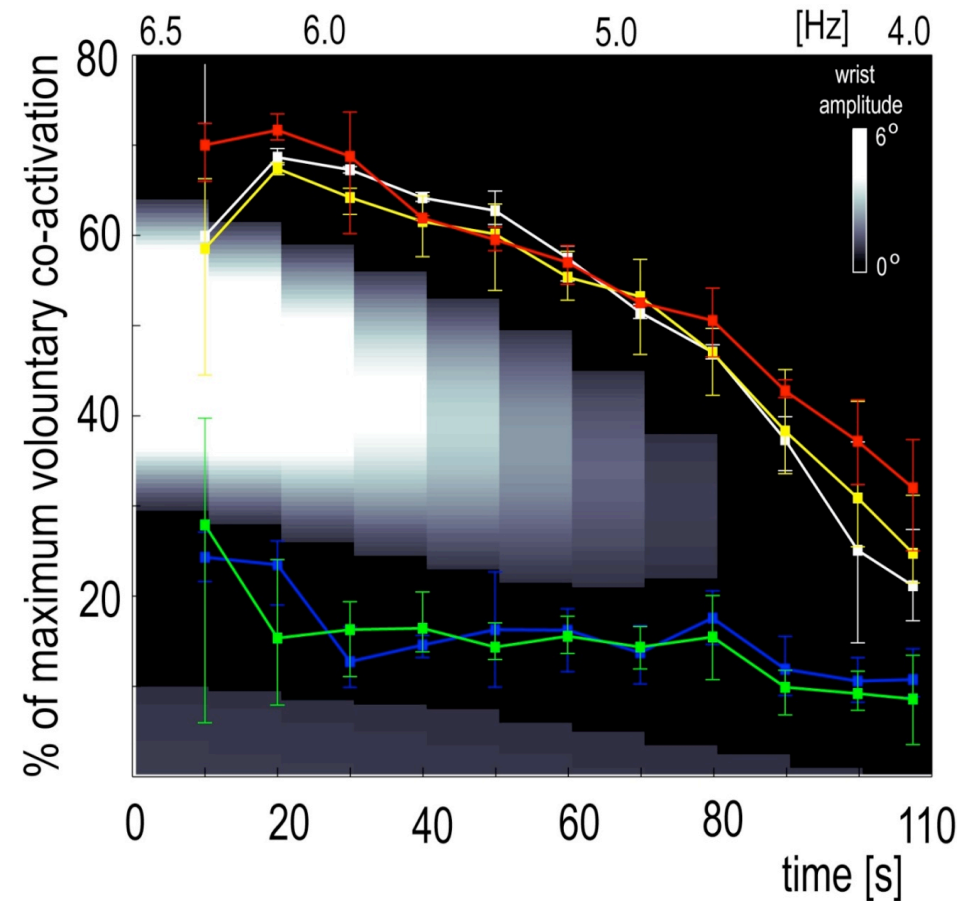
- on being 'forced' back (yellow), their movements return to the original trajectory

- **all** the next 'free' trials (red) follow the 'forced' trajectory

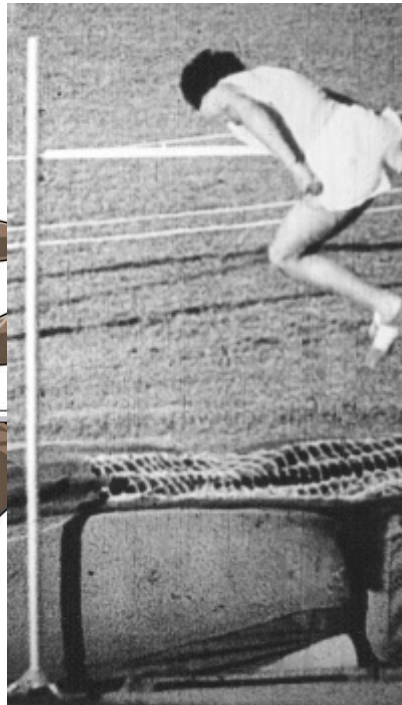
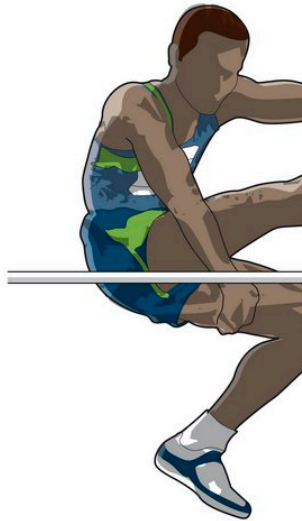
[Ganesh et al. 2010 J Neurophysiology]

# Memory > error > energy

- **no global minimisation:** the subjects do not use the global minimum of error-effort
- however, there is **some local minimisation**
- **role of memory:** subjects tend to repeat what they are forced to do



# Optimisation in real tasks?



- no mechanism for global optimisation
- culture and imitation can push us using a better solution, which is memorised (i.e. imitation learning)
- local optimisation around this solution



# SKILL LEARNING

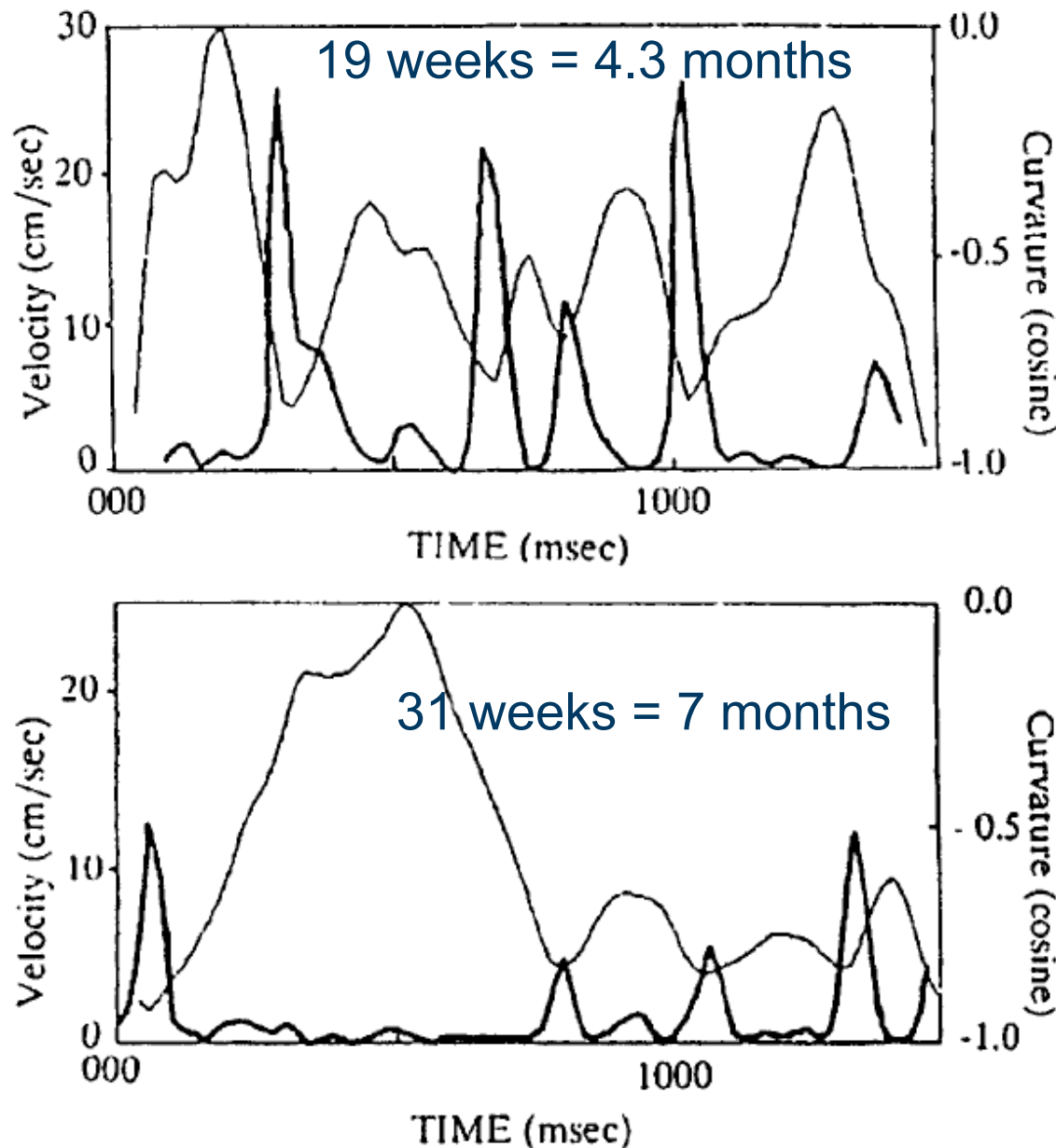
Human motor learning appears to involve:

- conscious processes and memorisation (imitation learning)
- automatic motor adaptation

This is not sufficient to explain learning in many cases:

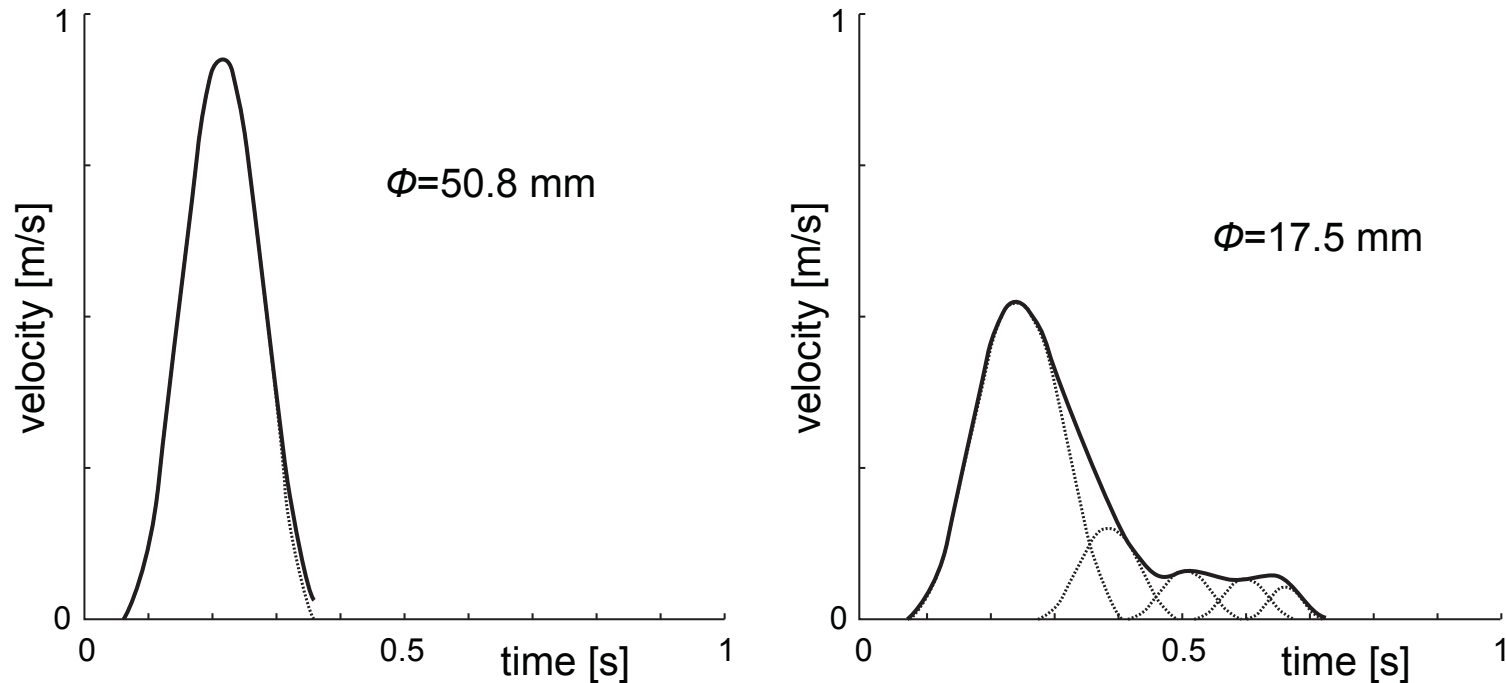
- accurate reaching by infants
- complex tasks?
- neurorehabilitation has probably more to do with the learning of infants than with motor adaptation

# REACHING LEARNING BY INFANTS



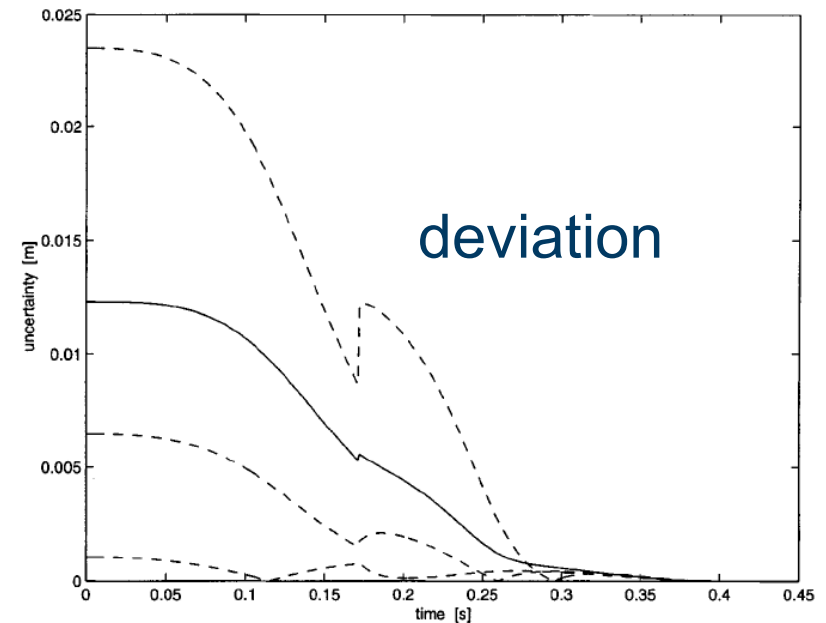
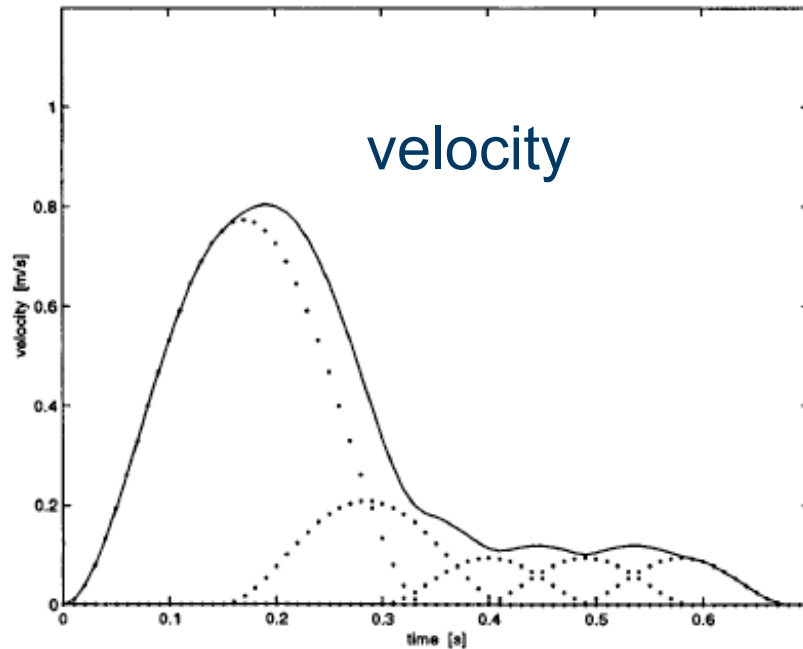
- at about 6 months, babies change from a strategy with a series of submovements
- ... to a smoother movement with asymmetric velocity profile and large initial submovement

# ACCURATE REACHING IN ADULTS



- placing a peg into holes of different diameters
- the peak velocity decreases and the movement becomes more asymmetric as accuracy increases
- fluctuations corresponding to direction change can be interpreted as submovement primitives

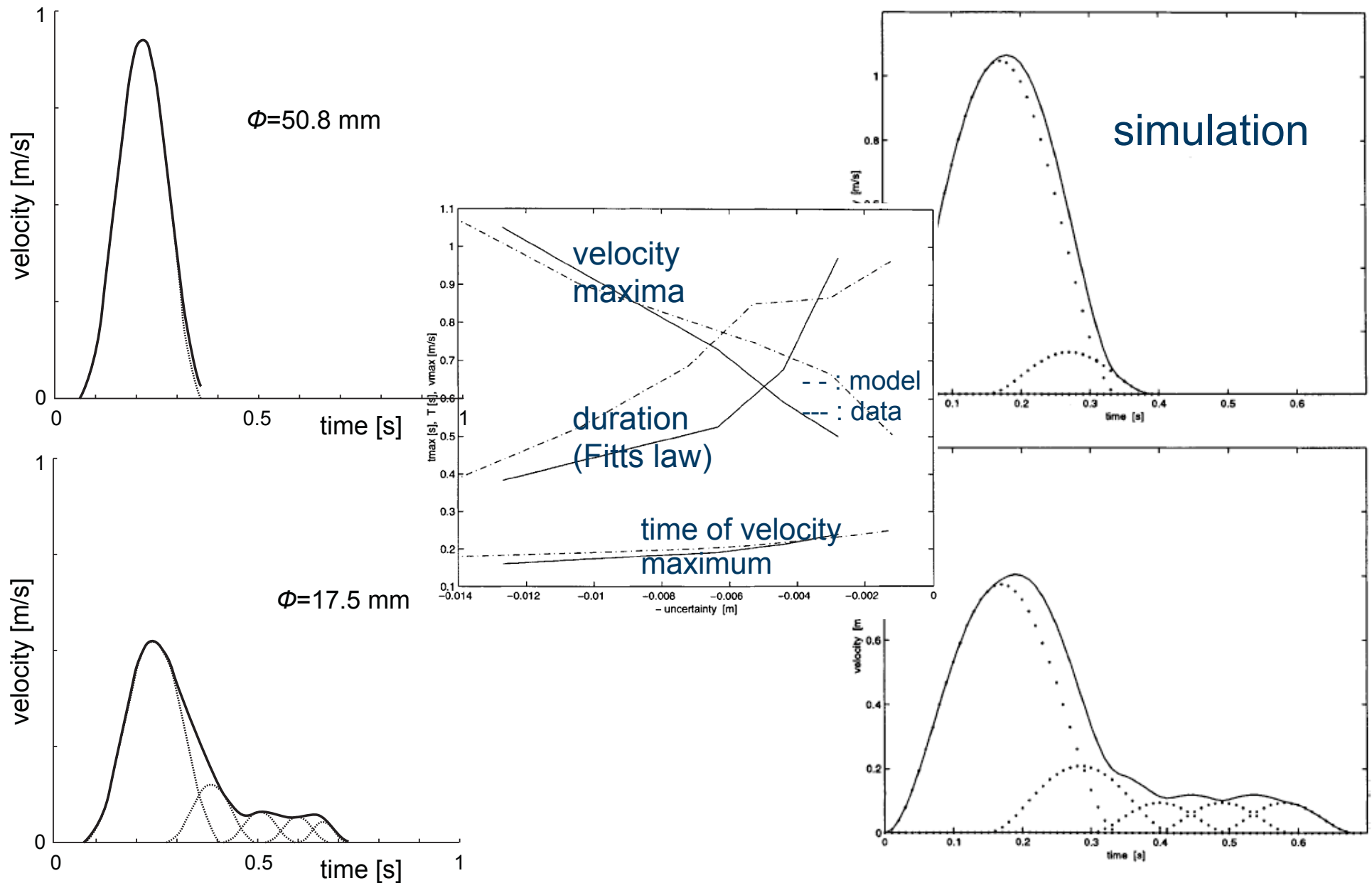
# LEARNING OF REACHING IN ADULTS



- motion as a series of ballistic submotions
- each submotion has noise proportional to its mean speed, thus slower submotions are more accurate but take longer
- forward model to detect where the actual movement is going to, based on the subject specific submotion shape
- learn submotions with minimal time for a required accuracy

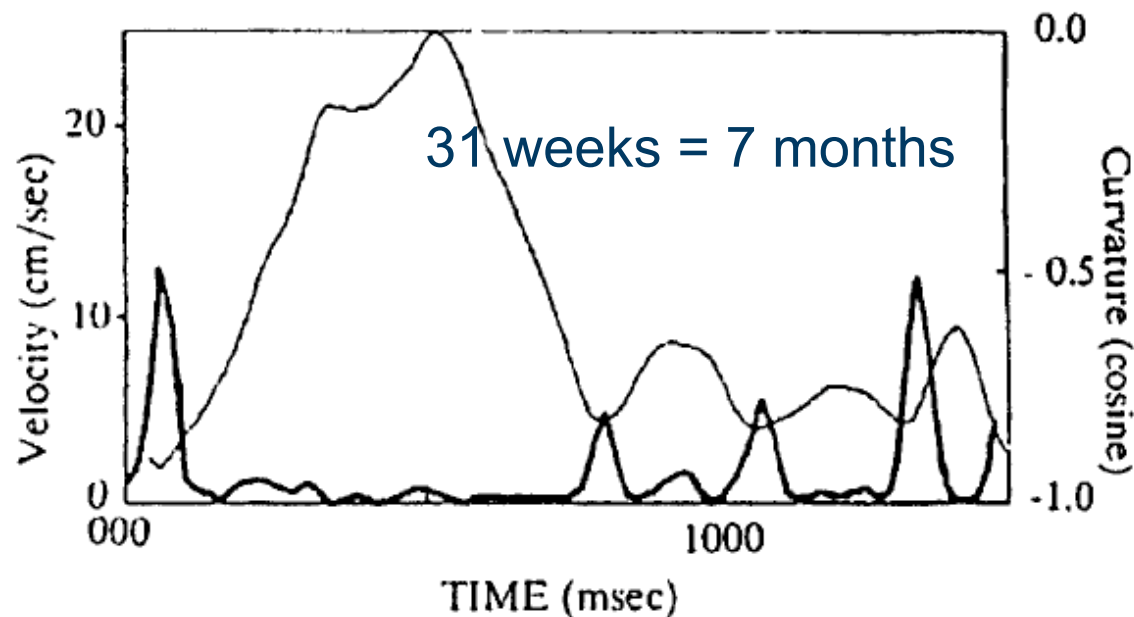
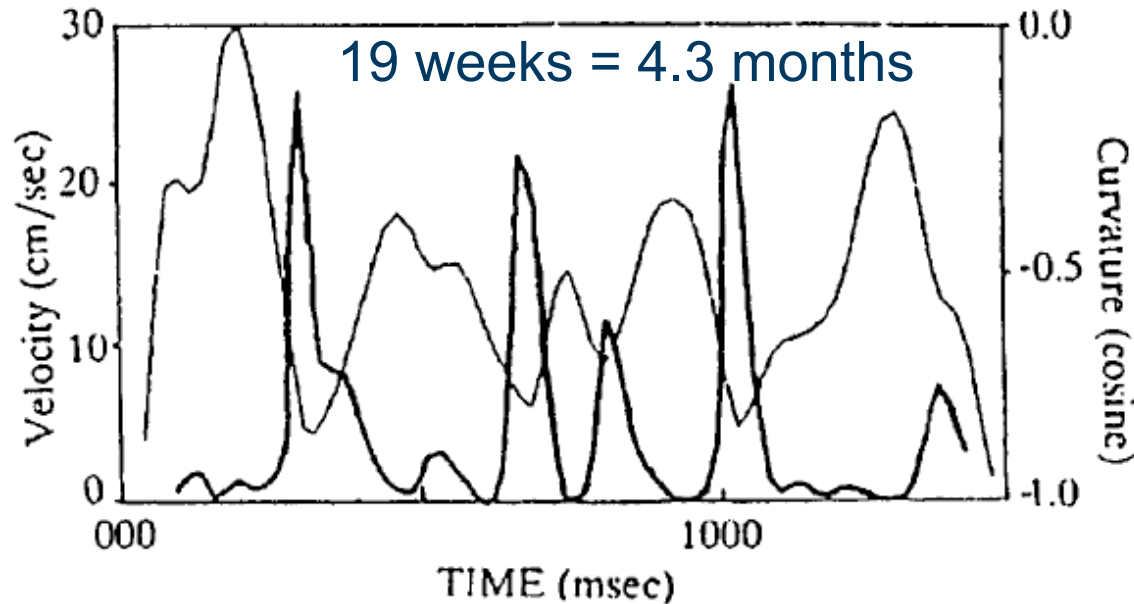
[Burdet & Milner 1998, Biological Cybernetics]

# LEARNING OF REACHING IN ADULTS



[Burdet & Milner 1998, Biological Cybernetics]

# LEARNING OF REACHING IN INFANTS



- at about 6 months, babies learn to perform coordinated reaching movements
- this may correspond to their increasing memory capabilities

[von Hofsten and Roennqvist 1993, Child Development]



# MOTOR LEARNING

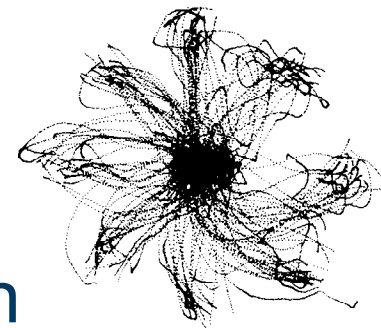
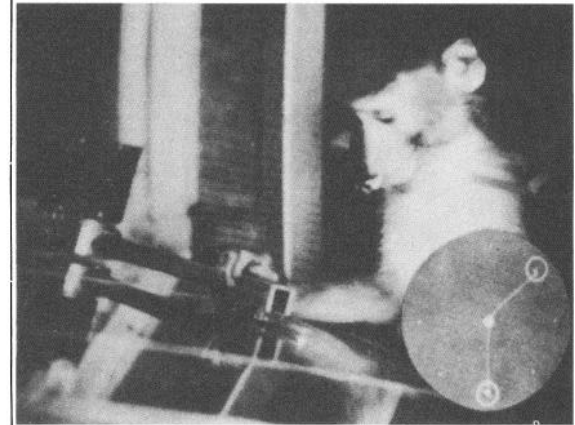
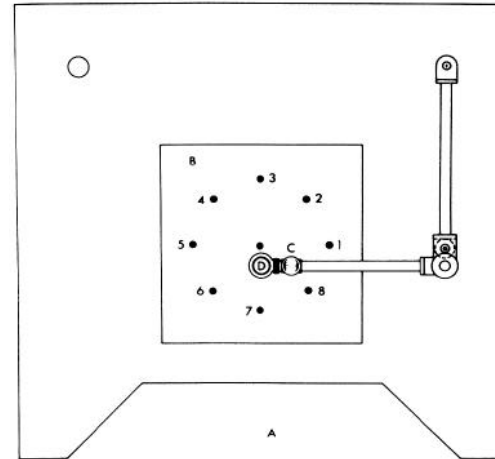
- involves three kinds of learning: memorisation, gradient descent minimisation of error and effort, reinforcement learning
- what do we miss?
- relevance to neurorehabilitation?

# WHAT DO WE MISS?

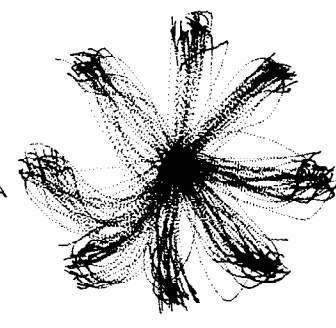
- identification of structures facilitating learning, e.g. PCA, submotions
- methods of reinforcement learning
- underlying feedback driving learning was not addressed in this lecture, neither reactive motion planning -> next talk
- how should motion variability adaptation & exploration be modelled?

# HOW SHOULD VARIABILITY ADAPTATION AND EXPLORATION BE MODELLED?

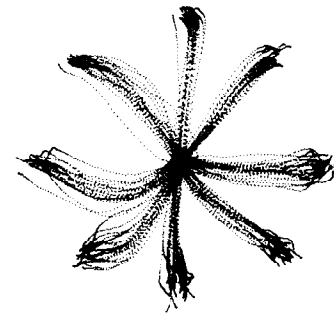
- motor learning is characterised by a decrease of variability
- this means that both mean and deviation are adapted by motor learning, i.e. stochastic optimisation
- what is relationship between variability and exploration in presence of reduced feedback?



Day 16

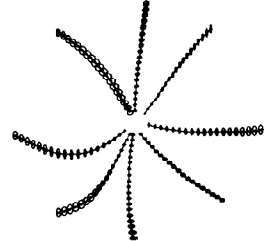
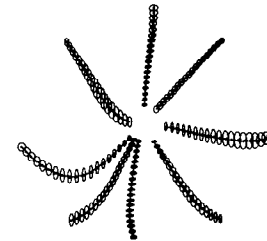
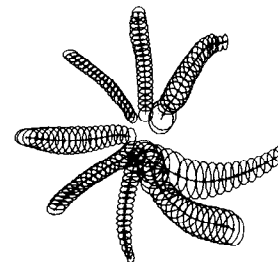


Day 24



Day 35

10 MM

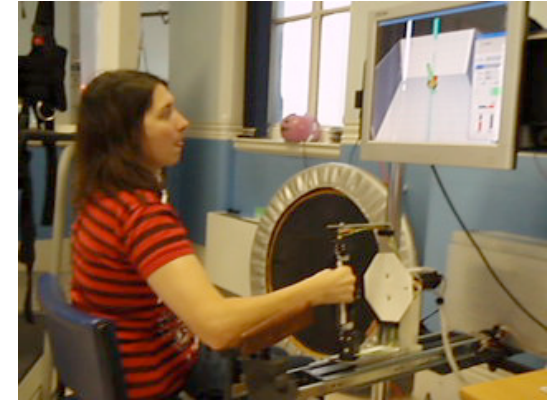
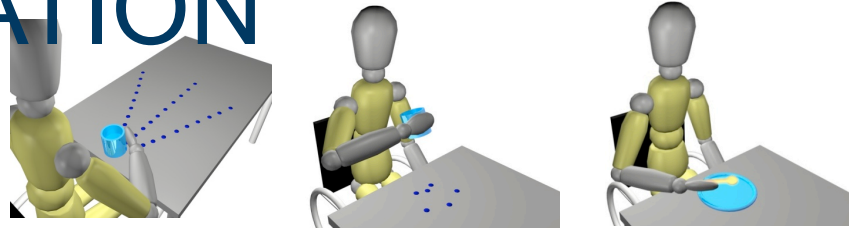


10 MM

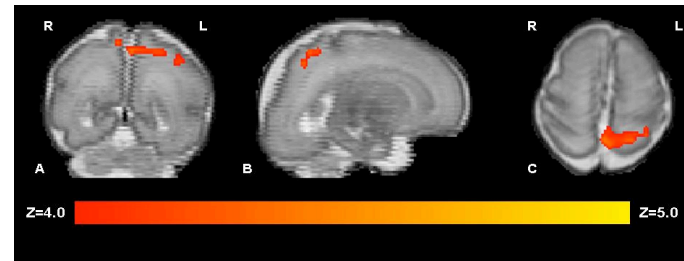
# RELEVANCE TO NEUROREHABILITATION ?

- not straightforward, e.g. rehabilitation based mainly on motor adaptation (Patton&Mussa-Ivaldi) does not seem to provide stable benefits (but may still be a good model for modification of brain activity)
- most rehabilitation seems to rely on memorisation and reinforcement learning
- integrated methods considering several aspects of learning, e.g. memorisation and augmented feedback
- focus on suitable sensory feedback
- optimal scheduling can be/is studied with similar methods

# NEUROSCIENCE OF REHABILITATION

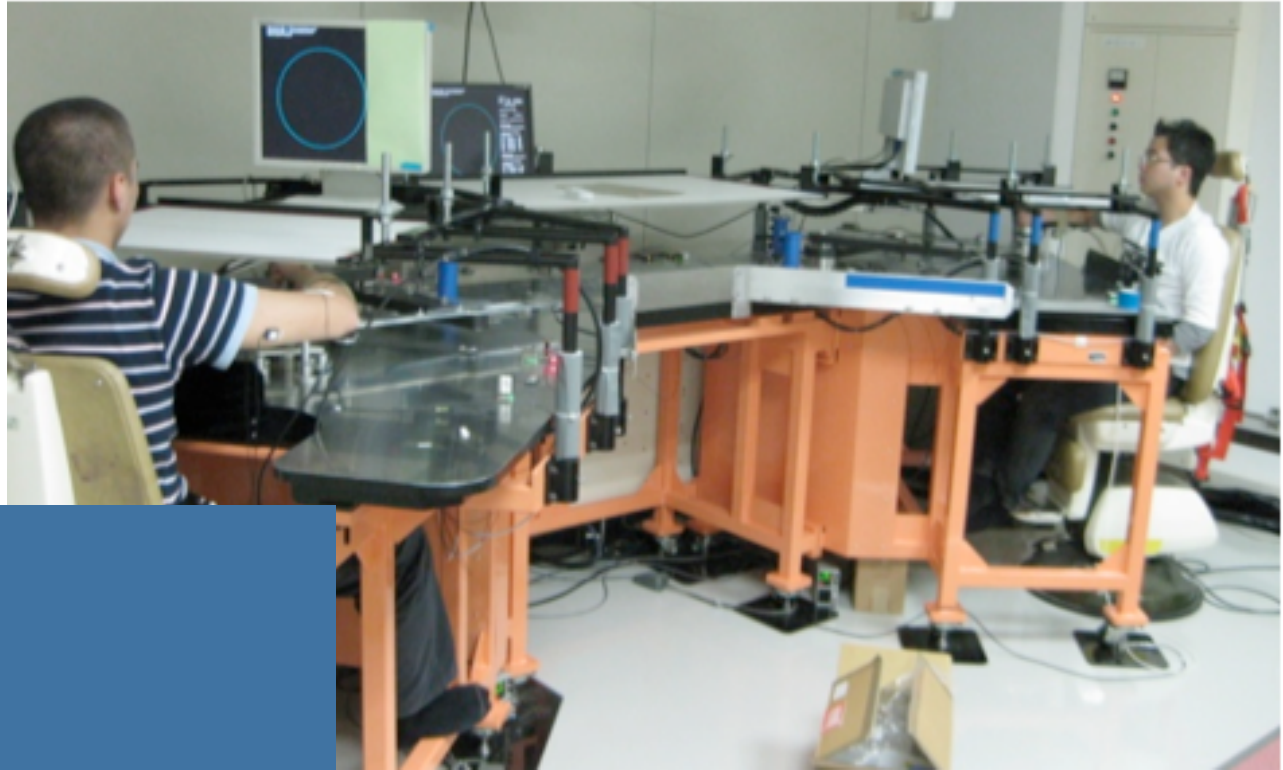


- design simplified by considering motor control factors
- experiments with healthy subjects learning a novel task to develop strategies for rehabilitation
- computational neurorehabilitation: models of motor recovery after stroke
- to investigate neural structures and processes involved in rehabilitation



born @ 27weeks, scanned 2 weeks later

# SENSORIMOTOR EXCHANGES



[Ganesh et al. 2014, Scientific Reports]

Hi5

Human-human strategies for  
disturbance attenuation  
(experimental setup)